

BOKWA FITNESS CENTER L.A. CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MORNING SCHEDULE:						
					BOKWA SAFARI CYCLING ANGIE 8:30 A.M – 9:30 A.M.	BOKWA SAFARI CYCLING ANGIE 8:30 A.M – 9:30 A.M.
Special Classes in A.M Contact us to schedule CALL (626) 240-9418	Open Gym 4:00 P.M. – 6:00 P.M.	Special Classes in A.M Contact to schedule CALL (626) 240-9418	Open Gym 4:00 P.M. – 6:00 P.M		BOKWA MIX LIZA 9:30 A.M. – 10:30 A.M. [PAUL MAVI]	BOKWA MIX ANGIE/LIZA 9:30 A.M. – 10:30 A.M. [PAUL MAVI]
					ZUMBA PLEZHETTE 10:30 A.M – 11:30 A.M.	
EVENING SCHEDULE:						
BOKWA BEGINNERS ANGIE 6:00 P.M. – 7:00 P.M.	ZUMBA TONING PLEZHETTE 6:30 P.M. – 7:30 P.M.		BOKWA BEGINNERS ANGIE 6:00 P.M. – 7:00 P.M.			
BOKWA LEVEL 1 PAUL MAVI JR 7:00 P.M. – 8:00 P.M.	BOKWA LEVEL 2 LIZA 7:30 P.M. – 8:30 P.M.	BOKWA LEVEL 1 PAUL MAVI JR 7:00 P.M. – 8:00 P.M.	BOKWA LEVEL 2 LIZA 7:00 P.M. – 8:00 P.M.			
BOKWA SAFARI CYCLING ANGIE 8:00 P.M. – 9:00 P.M.	BOKWA SAFARI CYCLING ANGIE 8:30 P.M. – 9:30 P.M. & BOKWA TRAINING PAUL MAVI JR	ZUMBA PLEZHETTE 8:00 P.M. – 9:00 P.M.	BOKWA SAFARI CYCLING ANGIE 8:00 P.M. – 9:00 P.M. & BOKWA TRAINING PAUL MAVI JR			