

Monday	Tuesday	Wednesday	Thursday	Friday
7:00-8:00 AM Classic Reformer	7:00-8:00 AM Classic Reformer	7:00-8:00 AM Classic Reformer	7:00-8:00 AM Classic Reformer	7:00-8:00 AM Classic Reformer
8:00-9:00 AM Classic Reformer	8:00-9:00 AM Classic Reformer	8:00-9:00 AM Classic Reformer	8:00-9:00 AM Classic Reformer	8:00-9:00 AM Classic Reformer
9:30-10:30 AM Core & Cardio	9:30-10:30 AM Core & Cardio	9:30-10:30 AM Core & Cardio	9:30-10:30 AM Core & Cardio	9:30-10:30 AM Core & Cardio
10:30-11:30 AM Mommy & Me		10:30-11:30 AM Mommy & Me		
12:30-1:00 PM Lunchtime Express		12:30-1:00 PM Lunchtime Express		
4:00-5:00 PM Classic Reformer	4:00-5:00 PM Core & Cardio	4:00-5:00 PM Classic Reformer	4:00-5:00 PM Core & Cardio	
5:15-6:15 PM Classic Reformer	5:15-6:15 PM Classic Reformer	5:15-6:15 PM Classic Reformer	5:15-6:15 PM Classic Reformer	
	6:15-7:15 PM Classic Reformer		6:15-7:15 PM Classic Reformer	