

RICE & NOODLES

Fried Rice – Wok-fried rice tossed with egg, soy, carrots, bean sprouts and scallions

- **Chicken, beef or shrimp** 7.99
- **Combo** 8.99

Pan-Fried Noodles – Crisp egg noodles stir-fried with mushrooms, bok choy, carrots, celery and onions

- **Chicken, beef or shrimp** 9.99
- **Combo** 10.99

Lo Mein – Stir-fried egg noodles and vegetables

- **Chicken, beef or shrimp** 8.99
- **Combo** 10.99

Dan Dan Noodles – Scallions, garlic and chili peppers wok-fired with ground white chicken served with cucumber and bean sprouts

Garlic Noodles – Egg noodles tossed with garlic and chili pepper flakes 5.99

Beef Flat Noodles – Flank steak tossed with egg, onion, green onions and bean sprouts 9.99

VEGETABLES

Stir-Fried Eggplant – Eggplant fried in a spicy sauce with chili paste and scallions 6.99

Vegetable Delight – Broccoli, carrots, green beans and baked tofu 6.99

Spinach Stir-Fried with Garlic (S) 2.99
(L) 4.99
7.99

Ma Po Tofu – Tofu tossed with ginger and chili paste with steamed broccoli

Spicy Green Bean – Green bean in a spicy Sichuan sauce (S) 2.99
(L) 4.99

Sichuan Asparagus – Asparagus wok-fired in a spicy Sichuan sauce (S) 2.99
(L) 4.99

Garlic Snap Peas (S) 2.99
(L) 4.99

Salt & Pepper Tofu 7.99

DRINKS

Iced/Hot Vietnamese Coffee – With or without condensed milk 2.99

Fresh Squeeze Orange Juice 2.99

Fresh Limeade 2.99

Homemade Soy Bean Milk 2.99

Premium Full-Leaf Hot Tea 2.79

- TROPICAL GREEN – Dragonwell green tea with pineapple
- ORGANIC GREEN – Three Asian Organic green teas combined
- WHITE PEAR – Delicate and fresh, highest in antioxidants
- SWEET GINGER PEACH – Fresh peach with ginger root
- DRAGON EYE OOLONG – Blends with safflower, apricot and peach

DRINKS

Bubble Tea with Tapioca

- CREAM TEA - MANGO
- GREEN TEA w/ CREAM - STRAWBERRY
- HONEYDEW - PASSION FRUIT
- LYCHEE - THAI TEA

Smoothies

- TARO - JACKFRUIT
- STRAWBERRY - SOUR SOP
- AVOCADO

Iced Tea

Sodas

- Pepsi, Sierra Mist, Dr. Pepper, Mountain Dew,
- Orange, Fruit Punch, Diet Pepsi, Diet Dr. Pepper

DESSERTS

Chocolate Mouse

Cheesecake

Chè Ba Màu – Three layer sweet Vietnamese desert

Chè Đậu Đỏ – Sweet red bean

Chè Đậu Xanh – Sweet green mung bean

Chè Thái Lan – Thai Lan mixed fruits

Chè Nhãn Nhục – Longon desert

LUNCH MENU

Available Monday – Friday from 11 – 3 pm.

VII Asian Spicy Chicken – Diced chicken breast stir-fried with a tangy sauce of sweet and spice

Sesame Chicken – Diced chicken breast, broccoli, red bell peppers and onions in a spicy sesame sauce

Moo Goo Gai Pan – Sliced chicken breast and tender shrimp served with mushrooms and vegetables

Sweet & Sour Chicken – Stir-fried with pineapple, bell peppers and onions in a sweet & sour sauce

Almond & Cashew Chicken – Stir-fried with bell peppers, onions, mushrooms, celery, bamboo shoots and water chestnuts in a garlic soy sauce

Lemon Chicken – Diced chicken breast with broccoli in a tart citrus sauce

Pepper Steak – Sliced flank steak stir-fried with onion, red and green bell peppers in a garlic and black pepper sauce

Beef with Broccoli – Sliced flank steak stir-fried with ginger, scallions, garlic with broccoli

Shanghai Shrimp with Garlic Sauce – Shrimp, broccoli and snow peas stir-fried in garlic, white wine sauce

Shrimp with Lobster Sauce – Garlic white wine sauce with Chinese black beans, mushrooms, scallions and egg

Vegetable Delight – Broccoli carrots, green beans and baked tofu

Ma Po Tofu – Tofu tossed with a ginger and chili paste with steamed broccoli

2900 N Classen Blvd, Ste G, Oklahoma City, OK 73106

Phone: 405 604 2939 Web: www.VIIAsianBistro.com



STARTERS

Chicken Lettuce Wraps – Wok-seared minced chicken, mushrooms, scallions and water chestnuts over crispy rice sticks, served with cool, crisp lettuce 6.99

Crab Wontons – Crispy wontons filled with a creamy mixture of crabmeat, bell peppers and scallions served with sweet & sour sauce 5.99

Salt & Pepper Calamari – Tender strips of calamari lightly dusted and tossed with salt and pepper, scallions and served with a chili bean sauce 6.99

Vietnamese Egg Rolls – Fried hand-rolled marinate with pork and vegetables, served with nước chấm (2) 2.99
(4) 4.99

Vietnamese Spring Rolls – Hand-rolled with sliced pork and shrimp with fresh vegetables, served with peanut sauce (2) 3.99

Crispy Green Beans – Fresh green beans, lightly battered and served crispy with a spicy, tangy dipping sauce 5.99

VII Asian Spare Ribs – Wok-seared with an Asian barbecue sauce 7.99

Dumplings – Marinated pork and vegetables served with pot sticker sauce 6.29

Edamame – Steamed to order and lightly sprinkling of Kosher salt 3.99

SOUPS

Miso Soup – Tofu, seaweed and scallions 2.99

Hot & Sour Soup – Chicken, tofu, bamboo shoots, egg and mushrooms 2.99

Crab Asparagus Soup – Crabmeat and asparagus served with scallions 2.99

PHỞ (Vietnamese Noodles)	7.99
P1. Đặc Biệt – Combination of eye round steak, brisket, flank, tendon and tripe	
P2. Chín Nạm Gầu Gân Sạch – Flank, brisket, tendon and tripe	
P3. Tái Chín Gầu Gân Sạch – Eye round steak, lean and fatty brisket, tendon and tripe	
P4. Tái Chín Nạm Gân Sạch – Eye round steak, lean brisket, flank, tendon and tripe	
P5. Tái Nạm Gân Sạch – Eye round steak, flank, tendon and tripe	
P6. Tái Nạm Gân – Eye round steak, flank and tendon	
P7. Tái Nạm Sạch – Eye round steak, flank and tripe	
P8. Tái Nạm Gầu – Eye round steak, flank and fatty brisket	
P9. Nạm Vè Dòn – Crunchy flank steak	
P10. Chín Nạm Vè Dòn – Lean brisket and crunchy flank steak	
P11. Tái Chín Nạc – Eye round steak and lean brisket	
P12. Tái Nạm – Eye round steak and flank	
P13. Tái Gân – Eye round steak and tendon	
P14. Tái Gầu – Eye round steak and fatty brisket	
P15. Tái Sạch – Eye round steak and tripe	
P16. Bò Viên – Beef and tendon meatballs	
P17. Gà – Dark and white chicken	
P18. Tái – Eye round steak	

HỦ TIẾU (Glass Noodles)	7.99
H1. Hủ Tiểu Tôm Cua Thịt – Shrimp, crab and barbecue pork	
H2. Hủ Tiểu Tôm Cua – Shrimp and crab	
H3. Hủ Tiểu Tôm – Shrimp	
H4. Hủ Tiểu Nam Vang – Shrimp, barbecue pork, liver and Chinese celery	
H5. Hủ Tiế Mỹ Tho – Shrimp, barbecue pork and Chinese celery	
H6. Hủ Tiểu Chợ Lớn – Shrimp, barbecue pork with rice noodles	
H7. Hủ Tiểu Tôm Cua Thịt Khô – Shrimp, crab, and barbecue pork in a house sauce with soup on the side	
H8. Hủ Tiểu Tôm Thịt Khô – Shrimp and barbecue pork in a house sauce with soup on the side	
H9. Hủ Tiểu Tôm Cua Khô – Shrimp and crab in a house sauce with soup on the side	

Mì (Egg Noodles)	7.99
M1. Mì Tôm Cua Thịt – Shrimp, crab and barbecue pork	
M2. Mì Tôm Cua – Shrimp and crab	
M3. Mì Tôm – Shrimp	
M4. Mì Tôm Thịt – Shrimp and barbecue pork	
M5. Mì Bò Viên – Beef and tendon meatballs	
M6. Mì Tôm Cua Thịt Khô – Shrimp, crab and barbecue pork in a house sauce with soup on the side	

Mì (Egg Noodles)	7.99
M7. Mì Tôm Thịt Khô – Shrimp and barbecue pork in a house sauce with soup on the side	
M8. Mì Tôm Cua Khô – Shrimp and crab in a house sauce with soup on the side	

BÚN (Vermicelli Noodles)	7.99
B1. Bún Chả Giò – Vietnamese egg rolls	
B2. Bún Thịt Nướng – Grilled shredded pork	
B3. Bún Thịt Nướng Chả Giò – Grilled shredded pork with Vietnamese egg rolls	
B4. Bún Nem Nướng – Barbecue meatballs	
B5. Bún Bò Huế – Spicy beef soup, pork hock, pork bologna, pork blood and sliced beef served with thick vermicelli	

CƠM (Rice Platter)	7.99
C1. Cơm Bì Thịt Nướng (Sườn Nướng) – Grilled pork (or pork chop), thinly shredded pork skin and egg cake	
C2. Cơm Sườn Nướng – Grilled pork chop	
C3. Cơm Thịt Nướng – Grilled pork	
C4. Cơm Bì Thịt Nướng (Sườn Nướng) – Grilled pork (or pork chop), thinly shredded pork skin with a sunny-side up egg	
C5. Cơm Gà Quay – Roasted Cornish hen	
C6. Cơm Gà Xối Mỡ – Crispy Cornish hen	
C7. Cơm Tôm Nướng – Grilled Shrimp	
C8. Cơm Gà Nướng Sả – Grilled lemon grass chicken	

CHICKEN	
VII Asian Spicy Chicken – Diced chicken breast stir-fried with a tangy sauce of sweet and spice	12.99
Chicken Vegetables – Sliced chicken breast, snow peas, carrots, bok choy, broccoli and black beans in a spicy sauce	10.99
Ginger Chicken with Broccoli – Sliced chicken breast with scallions, ginger and broccoli	12.99
Almond & Cashew Chicken – Stir-fried with bell peppers, onions, mushrooms, celery, bamboo shoots and water chestnuts in a garlic soy sauce	11.99
Sesame Chicken – Diced chicken breast, broccoli, red bell peppers and onions in a spicy sesame sauce	12.99
Chicken with Black Bean Sauce – Diced chicken breast, scallions, garlic and black beans	11.99
Kung Pao Chicken – Diced chicken breast stir-fried with peanuts, chili peppers and scallions	12.99
Sweet & Sour Chicken – Stir-fried with pineapple, bell peppers and onions in a sweet & sour sauce	12.99
Orange Peel Chicken – Stir-fried with a mild chili sauce and fresh orange peel	12.99

CHICKEN	
Moo Goo Gai Pan – Sliced chicken breast and tender shrimp served with mushrooms and vegetables	11.99
Chicken Eggplant – Ground white chicken with eggplant tossed in a spicy sauce with chili paste and scallions	9.99
Crispy Honey Chicken – Lightly battered and served in a sweet sauce	12.99

BEEF & PORK	
Beef with Broccoli – Sliced flank steak stir-fried with ginger, scallions, garlic and broccoli	11.99
Pepper Steak – Sliced flank steak stir-fried with onion, red and green bell peppers in a garlic and black pepper sauce	12.99
Sichuan Beef – Strips of flank steak fried until crispy and tossed with julienne carrots and celery	13.99
Mongolian Beef – Sliced flank steak stir-fried with scallions and garlic	14.99
Orange Peel Beef – Sliced flank steak stir-fried with a mild chili sauce and fresh orange peel	13.99
Salt & Pepper Pork Chops – Sliced pork chops stir-fried with scallions, onions and jalapeno in salt and pepper	9.99

SEAFOOD	
Kung Pao – Stir-fried with peanuts, chili peppers and scallions	
- Shrimp	14.99
- Scallops	16.99
Shanghai Shrimp with Garlic Sauce – Shrimp, broccoli and snow peas stir-fried in garlic, white wine sauce	9.99
Crispy Honey Shrimp – Lightly battered and fried in a sweet and tangy honey sauce with scallions	14.99
Shrimp with Lobster Sauce – Garlic white wine sauce with Chinese black beans, mushrooms, scallions and egg	12.99
Orange Peel Shrimp – Stir-fried with a mild chili sauce and fresh orange peel	14.99
Salt & Pepper Shrimp – Crispy shrimp stir-fried in a salt and pepper with chili peppers, black beans, ginger and scallions	14.99

- All entrees are served with a choice of steamed white rice or brown rice. Substitution of fried rice, add \$1.00.

- Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

- Because routine food preparation techniques, such as common oil frying, may allow contact among various food items, we cannot guarantee any food items to be completely allergen-free.