SUGGESTED USE: As a Dietary Supplement, adults should take 1 to 3 Liquid Softgel(s) 3 times daily with an 8oz. glass of water, preferably 30 minutes to 2 hours before meals.

Supplement Facts		iety age	Weight- Dosa	
Serving Size: Servings per Container:	1 Cap 9	osule 0	3 Caps 30	ules
Amount Per Servin	ng (APS)	DV*	APS	DV*
Calcium (as hydroxycitrate)	75 mg	7%	225 mg	21%
Garcinia cambogia [fruit rind] extract standardized to 50% Hydroxycitric Acid	500 mg	†	1,500 mg	†
Total (-)-Hydroxycitric Acid	250 mg	†	750 mg	†
Extra Virgin Organic Coconut Oil	700 mg	†	2,100 mg	†
†Daily Value not established. *Percentage Daily Value based on a 2000 calorie diet				

Other Ingredients: Kosher Gelatin, Kosher Vegetable Glycerin, Purified Water, Organic Yellow Beeswax, Kosher GMO Free Sunflower Lecithin, Natural Caramel.

Does Not Contain: Fillers, Binders, Preservatives, Artificial Ingredients, Magnesium Stearate, Silicon Dioxide or Titanium Dioxide.

Free of Egg, Gluten, Milk, Peanuts, Shellfish, Soy and Wheat.

USAGE WARNINGS: KEEP OUT OF REACH OF CHILDREN AND PETS. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed. Avoid excessive heat.