



K.S. Lee's Best Martial Arts, Inc.
Morrisville Academy
Effective : Monday, September 8th, 2014
www.nctkd.com



Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-10:45AM	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	9:15-10:00am No Belt, White, Yellow
11:00-11:45AM	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	10:15-11:00am Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black
12:00- 12:45PM	Private Intro Class No Belt (Appointment Only)		Private Intro Class No Belt (Appointment only)		Private Intro Class No Belt (Appointment only)	11:15-12:00am Private Intro Class
1:00- 1:45PM	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	12:15-1:00pm Deputy Black & Black Belt only at Cary Lake Pine Location
4:00- 9:00PM	4:15-5:00 Open Practice	4:15-5:00 Open Practice	4:15-5:00 All Belts, All Ages	4:15-5:00 Open Practice	4:15-5:00 No Belt, White, Yellow, Green INTRO Class	12:10-1:10pm Special Class Invitation Only
	5:10-5: 55 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5: 10-5: 55 All Belts, All Ages Intro Class	5:10- 5: 55 All Belts, All Ages	5:10-5:55 No Belt, White, Yellow INTRO Class	5:15-6:00 Orange, Blue, H-Blue, Brown, Purple, Red, Black	1:15-2:00pm Breaking Technique/ Practice(Invitation only)
NOTES: Sparring equipment is required for sparring class attendance. Hap Ki Do uniform is required for Hap Ki Do class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	6:10-6: 55 No Belt, White, Yellow INTRO Class	6:10-6:55 Green, Orange, Blue 1,2 Brown, Purple, Red, Black	6:10-7:00 INTRO Class	6:10-6: 55 Green, Orange, Blue 1,2, Brown, Purple, Red, Black	6:15-7:00 Private Introductory Class***	2:15-3:00 Instructor & Jr. & Sr Leadership Training by Announcement
	7:10 – 8:00 All Belts, All Ages INTRO class	7:10-8:00 All Belts, All Ages INTRO Class	7:15- 8:00 All Belts, All Ages	7:10-8:00 All Belts All Ages INTRO Class	7:15-8:00 All Belts, All Ages	4:15-5:00 DEMO Team & Special Training
			8 :10- 9: 00PM All Belts, Adults Only Instructor Training		8:10- 9: 00PM Olympic Style Sparring Class (All Belt , All Ages)	

****ANYONE new can attend introductory classes as a trial; no commitment required!**

1. Students must arrive at least 10 minutes before each class
2. Open practice is by appointment only.
3. All students must arrive at least 10 minutes before each class.
4. Never interfere with or disturb a class. & CALL THE SCHOOL IF YOU MUST MISS CLASS
5. Consult the instructors when your attendance, techniques, and attitude are commensurate with the next belt level.
6. Special permission is needed to attend more than one class per dents must attend at least two classes per week.

101 Gathering Park Circle, Suite 103, Cary/Morrisville NC 27519, 919-467-5236, 467-6355