



Breakfast



COFFEE DRINKS

Organic Drip Coffee
Specialty Latte's
Espresso
Mocha's
Cappuccino's
Teas

ORGANIC SMOOTHIES 16OZ.

Greena Colada \$5
Spinach, Bananas, Coconut Water, Pineapple

Perfect Morning \$5
1 Banana, 1 Apple, 1 Large Carrot, 2 Cups of Kale and
8 Ounces of Filtered Water

Blu Magic \$5
Blue Berries, Black Berries, 1 Pear, 1 Bunch Purple Kale

Pink Potion \$5
Apple, Pear, Strawberries, Red Kale

BREAKFAST SANDWICHES (ALL SANDWICHES ARE MADE ON A ENGLISH MUFFIN)

The Featherweight \$4
Egg whites, Tomatoes, Spinach, Cheese

The Lightweight \$4
Egg, Turkey Bacon, Cheese

The Middle Weight \$4
Egg, Ham or Bacon, Cheese

BREAKFAST BURRITOS

The Commish \$5
Egg Whites, Tomatoes, Spinach, Feta Cheese, Avocado

The Skipper \$5
Turkey Bacon, Eggs, Potatoes, Cheese, Salsa

6-4-3 \$5
Bacon or Ham, Eggs, Potatoes, Cheese, Salsa

BAGELS AND PASTRIES \$3 OATMEAL \$3





Bar Menu

APPETIZERS

Basket of Fries	\$3
Chili Cheese Fries	\$4.50
Mozzarella Sticks	\$6
Wings (6 Per Order)	
BBQ, Hot and Spicy, Lemon Pepper	\$6
Chicken Strips (4 Per Order)	\$6

SANDWICHES (ADD CHEESE OR AVOCADO FOR \$1)

Tuna Melt	\$7
Turkey Sandwich	\$7
Chicken Sandwich	\$7
1/2 Pound Hamburger	\$7
Add Cheese For \$1, Add Fries For \$2	
Super Nachos	\$6
Melted Cheese, Jalapeños, Sour Cream, Guacamole, Chili. Add Chicken or Steak \$2	
Caesar Salad	\$5
Add Chicken \$2	
Chicken Quesadilla	\$8
Tacos	\$5
Carne Asada or Chicken	



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