



NEW CLASSES!

see updated schedule below! (effective June 24th, 2013)

Monthly Dues/Classes:

Single Membership: \$200/month

Family Membership: \$250/month

Childcare: \$50/month

All Membership types include unlimited classes.

TT Gear!:

Men's/Women's shirts, tanks, jackets and hoodies now available. For pricing and catalog please email:

info@tough temple.com.

Class Schedule 2013

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - WOD	6am - WOD	6am - WOD	6am - WOD	One on One Personal Training Available – Inquire for Availability		
10am - WOD	10am - WOD	10am - WOD	10am - WOD			
One on One Personal Training Available – Inquire for Availability				10am – MMA		
				11am - WOD	11am – WOD	
				12pm – Shaolin Kung Fu	12pm – Shaolin Kung Fu	
				1pm – Tai Chi Chuan		1pm – Tai Chi Chuan
6pm - MMA	6pm – Jiu Jitsu	6pm - MMA	6pm – Jiu Jitsu	One on One Personal Training Available – Inquire for Availability		
7pm – WOD	7pm – WOD	7pm – WOD	7pm – WOD			

Need that extra push? Tough Temple MMA & Fitness offers individual and small group Personal Training. Programming and schedule will be adapted to your individual needs, helping you get exactly what you need out of your fitness regimen!

Personal Training Rates:

Single Session (Pay as you Go): \$100/hr

8 Session Package: \$720

12 Session Package: \$1020

Partner Training Rates:

Single Session (Pay as you Go): \$150/hr

8 Session Package: \$1,080

12 Session Package: \$1,530

Small Group Training (3-6 members) Rates:

Single Session (Pay as you Go): \$50/person

8 Session Package: \$45/person

12 Session Package: \$40/person

Personal Training subject to availability, inquire for available times and relevant policies.