

## Up by Jawbone Fitness Tracker Specifications

### **MATERIALS & CARE**

Splash-resistant, but do not submerge

Avoid excessive bending

Band: hypoallergenic TPU rubber

Cap: TR-90 Nylon, plated in Nickel

Cleaning: Apply Isopropyl Alcohol or alcohol-based sanitizer applied to a cloth or cotton swab

### **UP BAND DIMENSIONS & WEIGHT**

#### Small

52 mm W × 35 mm H (inner)

66 mm W × 50 mm H (outer)

Perimeter distance: 141mm (inner), 198 mm (outer)

19 g

#### Medium

63 mm W × 40 mm H (inner)

76 mm W × 54 mm H (outer)

Perimeter distance: 167 mm (inner), 220 mm (outer)

22 g

#### Large

69 mm W × 43 mm H (inner)

81 mm W × 56 mm H (outer)

Perimeter distance: 180 mm (inner), 236 mm (outer)

23 g

## **POWER & BATTERY**

Lithium-ion polymer battery

Up to 10 days of use between charges

Charge time approximately 80 minutes via USB charging cable

## **SENSOR & INTERFACE**

Precision motion sensor

Single push-button interface

Vibrating motor for notifications

Dual LEDs

**⚠ WARNING**

This page must be printed at 100%.  
Do not resize or scale to fit.  
Use a ruler to confirm accuracy.



# FIND YOUR SIZE



Option 1  
**UP SIZER**

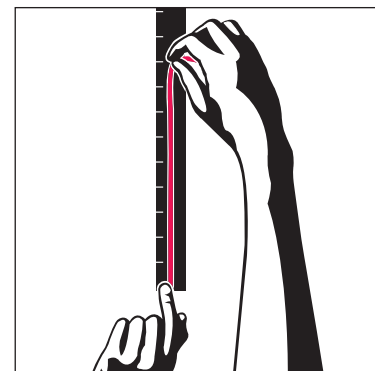
Print this page and cut out the UP sizer. Wrap the sizer snugly around your wrist to determine your wristband size.

If your wrist is between two sizes, we recommend the larger size.



Option 2  
**STRING**

Wrap the string snugly around your wrist and mark the string where the two ends cross.



▷ Measure with a ruler or print this page and use the UP sizer to determine your wristband size.

If your wrist is between two sizes, we recommend the larger size.

Small	14.00 – 15.50 cm
Medium	15.50 – 18.00 cm
Large	18.00 – 20.00 cm