

Nutrition Facts				
Serving Size 1 oz (28g/ 1 1/4 Cups)				
Amount Per Serving				
Calories 130 Calories from Fat 60				
			% Daily Value*	
Total Fat 6g			9%	
Saturated Fat 5g			25%	
Trans Fat 0g				
Cholesterol 5mg			2%	
Sodium 30mg			1%	
Total Carbohydrate 19g			6%	
Dietary Fiber 1g			4%	
Sugars 10g				
Protein 1g				
Vitamin A 2%	•	Vitamin C 0%		
Calcium 0%	•	Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories	2,000	2,500	
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
INGREDIENTS:				
Cane Sugar, Non-GMO Corn Meal, Coconut, Corn Syrup, Butter (Cream, Salt), Organic Coconut Oil, Molasses, Natural Flavor, Vanilla Extract, Sea Salt				

Nutrition Facts			
Serving Size 1 oz (28g/ 1 1/4 Cups)			
Amount Per Serving			
Calories 130		Calories from Fat 50	
		% Daily Value*	
Total Fat 6g			9%
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 15mg			5%
Sodium 250mg			10%
Total Carbohydrate 20g			7%
Dietary Fiber 0g			0%
Sugars 13g			
Protein 0g			
Vitamin A 4%	•	Vitamin C 0%	
Calcium 2%	•	Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			
INGREDIENTS:			
Cane Sugar, Butter (Cream, Salt), Corn Syrup, Degerminated Non-GMO Corn Meal, Sea Salt, Molasses, Vanilla Extract			

Nutrition Facts			
Serving Size 1 oz (28g/ 2 1/2 Cups)			
Amount Per Serving			
Calories 160		Calories from Fat 90	
		% Daily Value*	
Total Fat 11g			17%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 230mg			10%
Total Carbohydrate 14g			5%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 1g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			
INGREDIENTS:			
Degerminated Non-GMO			
Corn Meal, Expeller Pressed			
Safflower Oil, Sea Salt, Extra			
Virgin Olive Oil, Natural Flavor			

Nutrition Facts			
Serving Size 1 oz (28g/ About 1 1/2 Cups)			
Amount Per Serving			
Calories 160 Calories from Fat 100			
		% Daily Value*	
Total Fat	11g		17%
Saturated Fat	.5g		3%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	340mg		14%
Total Carbohydrate	13g		4%
Dietary Fiber	1g		4%
Sugars	1g		
Protein	1g		
Vitamin A	4%	*	Vitamin C 2%
Calcium	0%	*	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Aged Cheddar & Cracked Pepper

Nutrition Facts

Serving Size 1 oz (28g/ 2 Cups)

Amount Per Serving

Calories 150 Calories from Fat 90

% Daily Value*

Total Fat 10g

Sea Salt & Vinegar

Nutrition Facts	
Serving Size 1 oz (28g/ About 2 1/2 Cups)	
Amount Per Serving	
Calories 160 Calories from Fat 110	
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	20%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	
INGREDIENTS:	
Expeller Pressed High Oleic Safflower Oil and/or Canola Oil, Corn, Salt, Sugar, Vinegar Powder (Maltodextrin, Vinegar, Modified Food Starch), Spice, Garlic and Onion Powders, Citric Acid, Yeast Extract, Malic Acid, Extractives of Black Pepper	