



# ProTings®

**tangy southern bbq**

Welcome to the world of ProTings®, no application required.

Where chips are baked, snacking is healthy, and life is bright.

ProTings® are vegan, gluten-free, 120-calorie snacks with 15 grams of hunger-squashing protein!

Crunch on 'em at the gym, munch on 'em at the office, chomp on 'em at lunch.

## GO PRO!



**PROTEIN!**



**GLUTEN-FREE**



**GMO FREE**



**VEGAN**

**PROTINGS.COM**

## Nutrition Facts

Serving Size 1 oz

Servings Per Container 4

### Amount Per Serving

**Calories** 120

Calories from Fat 15

### % Daily Value\*

**Total Fat** 4g 6%

Saturated Fat 0.5g 3%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 350mg 15%

**Potassium** 200mg 6%

**Total Carbohydrate** 7g 2%

Dietary Fiber 3g 12%

Sugars 1g

**Protein** 15g 30%

Vitamin A 15% • Vitamin C 0%

Calcium 3% • Iron 28%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**INGREDIENTS:** PEA PROTEIN ISOLATE, POTATO FLAKES, FLAX SEEDS, SUNFLOWER OIL, GUAR GUM, SEASONING (SUGAR, BROWN SUGAR, SALT, PAPRIKA, ONION POWDER, RICE FLOUR, TOMATO POWDER, GARLIC POWDER, MOLASSES POWDER (MOLASSES, MALTO-DEXTRIN), NATURAL SMOKE FLAVOR, NATURAL EXTRACTIVES OF PAPRIKA, CITRIC ACID, SPICES)

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BROOKLYN, NEW YORK 11225



[www.properformancefoods.com](http://www.properformancefoods.com)

MADE IN U.S.A.

