#### RECOMMENDED USE



 As a dietary supplement, take one softgel three times daily, preferably with a meal or use as directed by a physician or licensed nutritionist.

## BENEFITS

Omega-3 fats are termed "essential" because your body cannot make them, so you must obtain them from food or supplements. Supplementing with fish oil may help:

- Support cardiovascular health\*
- Promote overall health and wellness\*
- Support normal, healthy immune function\*
- Support brain, vision, and joint health.\*

## PRODUCT INFORMATION

USN FISH OIL is a natural supplement filled with Omega-3 essential fatty acids (EFAs). Fatty acids are the basis of fats and oils. necessary for overall health. These specific fatty acids are termed essential" because your body cannot manufacture them by itself. EFAs must come from food or supplemental sources. They are also essential because they are a component of every living cell in the body, and are necessary for rebuilding existing cells and the production of new cells.\*

IMPORTANT NOTICE: For adult use only. Do not use if pregnant or nursing. Consult a doctor before use if you have a medical condition.

KEEP OUT OF REACH OF CHILDREN, PROTECT FROM HEAT, LIGHT AND MOISTURE. DO NOT PURCHASE IF SAFETY SEAL IS BROKEN OR MISSING. STORE AT 15-30°C (59-86°F)

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, **CURE OR PREVENT ANY DISEASE.** 





DIETARY SUPPLEMENT







90 SOFTGELS

# Supplement Facts

Serving Size: 1 Softgel

Amount per Serving

% Daily Value

Calories 10

Calories from Fat 10

**Total Fat** 1g

Omega-3 fish oil concentrate 1000mg EPA-eicosapentaenoic acid 180mg DHA-docosahexaenoic acid 120mg

Percent Daily Value is based on a 2,000 calorie diet

\*\* Daily Value not established.

OTHER INGREDIENTS: gelatin, glycerin (may contain d-alpha-tocopherol as a natural antioxidant).

ALLERGEN WARNING: Contains fish (anchovy, herring, mackerel, sardine, and salmon).



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