

# Cookies & Cream

## Supplement Facts

Serving Size: 1 Heaping Scoop (49g)  
Servings Per Container: Approx. 19

Amount Per Serving	% Daily Value
Calories	180
Calories from Fat	30
Total Fat	3g 5%*
Saturated Fat	2g 10%*
Trans Fat	0g †
Cholesterol	80mg 27%
Total Carbohydrate	9g 3%*
Sugar	4g †
Protein	30g 60%*
Calcium	180mg 18%
Iron	0.5mg 3%
Sodium	140mg 6%
Advanced Recovery & Performance Blend	
BCAA Blend	6.8g †
L-leucine (as L-leucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	3.1g †
L-isoleucine (as L-isoleucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.9g †
L-valine (as L-valine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.6g †
Glutamine and precursor (as L-glutamine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	5.4g †
Creatine monohydrate	2.5g †
Protein Digestive Enzyme Blend	
Papain	100mg †
Pancreatin	50mg †
Amylase	50mg †

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Ultra Premium Whey Protein Blend (whey protein concentrate, whey protein isolate, hydrolyzed whey protein isolate), maltodextrin, natural and artificial flavors, chocolate cookie pieces (rice flour, sugar, alkali-treated cocoa, tapioca starch, palm oil, corn starch, natural flavor; salt; sodium bicarbonate; soy lecithin; soy lecithin; salt; gum blend (cellulose gum, xanthan gum, carrageenan); sucrose, acetoacetate-potassium. Contains milk and soy ingredients. Processed in a facility that also processes peanut, wheat, and egg ingredients.

# Strawberry

## Supplement Facts

Serving Size: 1 Heaping Scoop (49g)  
Servings Per Container: Approx. 19

Amount Per Serving	% Daily Value
Calories	180
Calories from Fat	30
Total Fat	3g 5%*
Saturated Fat	2g 10%*
Trans Fat	0g †
Cholesterol	80mg 27%
Total Carbohydrate	9g 3%*
Sugar	4g †
Protein	30g 60%*
Calcium	180mg 18%
Iron	0.5mg 3%
Sodium	80mg 3%
Advanced Recovery & Performance Blend	
BCAA Blend	6.8g †
L-leucine (as L-leucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	3.1g †
L-isoleucine (as L-isoleucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.9g †
L-valine (as L-valine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.8g †
Glutamine and precursor (as L-glutamine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	5.4g †
Creatine monohydrate	2.5g †
Protein Digestive Enzyme Blend	
Protein Digestive Enzyme Blend	100mg †
Papain	50mg †
Amylase	50mg †

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Ultra Premium Whey Protein Blend (whey protein concentrate, whey protein isolate, hydrolyzed whey protein isolate), maltodextrin, natural and artificial flavors, soy lecithin, citric acid, gum blend (cellulose gum, xanthan gum, carrageenan), sucralose, acesulfame-potassium, FD&C Red No. 40 lake. Contains milk and soy ingredients. Processed in a facility that also processes peanut, wheat, and egg ingredients.

## Triple Chocolate

### Supplement Facts

Serving Size: 1 Scoop (42g)  
Servings Per Container: Approx. 21

Amount Per Serving	% Daily Value
<u>Calories</u> 170	
<u>Calories from Fat</u> 15	
Total Fat 1.5g	2%*
Saturated Fat 1g	5%*
Trans Fat 0g	†
Cholesterol 50mg	17%
<u>Total Carbohydrates</u> 8g	3%*
Sugars 2g	†
Protein 30g	60%*
Calcium 110mg	11%
Sodium 65mg	3%

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Ultra-Premium Whey Protein Blend (whey protein concentrate, whey protein isolate), maltodextrin, Advanced Recovery and Performance Blend (creatine monohydrate, taurine, L-lysine HCl, L-isoleucine, L-valine, L-glutamine), glycine, cocoa powder, natural and artificial flavors, soy lecithin, Protein Digestive Enzyme Blend (papain, amylase), sucralose, salt, acesulfame-potassium. Contains milk, wheat and soy ingredients. Processed in a facility that also processes egg and peanut ingredients.

# Vanilla

## Supplement Facts

Serving Size: 1 Heaping Scoop (49g)  
Servings Per Container: Approx. 19

Amount Per Serving	% Daily Value
Calories	180
Calories from Fat	30
Total Fat	3g 5%*
Saturated Fat	2g 10%*
Trans Fat	0g †
Cholesterol	80mg 27%
Total Carbohydrate	9g 3%*
Sugar	4g †
Protein	30g 60%*
Calcium	180mg 18%
Iron	0.5mg 3%
Sodium	75mg 3%
Advanced Recovery & Performance Blend	
BCAA Blend	6.8g †
L-leucine (as L-leucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	3.1g †
L-isoleucine (as L-isoleucine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.9g †
L-valine (as L-valine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	1.8g †
Glutamine and precursor (as L-glutamine, whey protein concentrate, whey protein isolate, and hydrolyzed whey protein isolate)	5.4g †
Creatine monohydrate	2.5g †
Protein Digestive Enzyme Blend	
Papain	50mg †
Amylase	50mg †

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily value not established.

Other Ingredients: Ultra Premium Whey Protein Blend (whey protein concentrate, whey protein isolate, hydrolyzed whey protein isolate), maltodextrin, natural and artificial flavors, soy lecithin, sucralose, acesulfame-potassium. Contains milk and soy ingredients. Processed in a facility that also processes peanut, wheat, and egg ingredients.