



APPLE PIE

Ingredients:

Protein Blend (Whey Protein Isolate, Milk Protein Isolate), Isomalto-Oligosaccharides* (100% Prebiotic Fiber), Almonds, Water, Apples, Natural Flavors, Sea Salt, Cinnamon, Lo Han Guo, Sucralose.

Nutrition Facts

Serving Size 1 Bar (60g)

Calories 180 Calories from Fat 50

*Percent Daily Values are based on a 2,000 calorie diet

Amount/Serving	%Daily Value*	Amount/Serving	%Daily Value*
Total Fat 5g	8%	Potassium 115mg	3%
Saturated Fat 0g	0%	Total Carbohydrate 25g	8%
Trans Fat 0g		Dietary Fiber 18g	72%
Cholesterol 5mg	2%	Sugars 4g	
Sodium 320mg	13%	Protein 20g	
Vitamin A 0%	•	Calcium 10%	•
Magnesium 8%	•	Vitamin C 0%	
		Iron 4%	
		Phosphorus 10%	

Only 7g net carbs



CINNAMON ROLL INGREDIENTS



RICH CINNAMON FLAVOR, NO LONGER FORBIDDEN

Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Soluble Corn Fiber (Prebiotic Fiber), Almonds, Water, Erythritol, Natural Flavors, Palm Oil, Sea Salt, Cinnamon, Calcium Carbonate, Steviol Glycosides (Stevia).

Nutrition Facts

Serving Size 1 Bar (60g)

Calories 170

Calories from Fat 60

*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	%Daily Value*	Amount/Serving	%Daily Value*
Total Fat 7g	11%	Potassium 95mg	3%
Saturated Fat 1g	5%	Total Carbohydrate 23g	8%
Trans Fat 0g		Dietary Fiber 14g	56%
Cholesterol 5mg	2%	Sugars 1g	
Sodium 200mg	8%	Erythritol 5g	
Vitamin A 0%		Protein 20g	
Magnesium 8%		Calcium 15%	
			Iron 4%

CONTAINS: Almonds and Milk-Derived Ingredients.

4g net carbs*

*23g Carbs – 14g Fiber – 5g Erythritol = 4g Net Carbs

20g Protein

S'MORES



20g Protein

S'MORES

INGREDIENTS: Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Soluble Corn Fiber (Prebiotic Fiber), Almonds, Water, Erythritol, Unsweetened Chocolate, Natural Flavors, Palm Oil, Cocoa Butter, Sea Salt, Calcium Carbonate, Sucralose, Cinnamon, Baking Soda, Steviol Glycosides (Stevia), Cellulose Gum, Xanthan Gum.

Nutrition Facts

Serving Size 1 (60g)
Calories 180
Calories from Fat 80
*Percent Daily Values are based on a 2,000 calorie diet

Amount/Serving	%Daily Value*	Amount/Serving	%Daily Value*
Total Fat 8g	12%	Potassium 70mg	2%
Saturated Fat 3g	15%	Total Carbohydrate 22g	7%
Trans Fat 0g		Dietary Fiber 13g	52%
Cholesterol 5mg	2%	Sugars 1g	
Sodium 180mg	8%	Erythritol 5g	
Vitamin A 0%		Protein 20g	
Magnesium 2%		Calcium 20%	
Vitamin C 0%			Iron 6%
Phosphorus 6%			

Contains: Almonds and Milk-Derived Ingredients.

20g protein & 4g net carbs*

*22g Carbs – 13g Fiber – 5g Erythritol = 4g Net Carbs

Nutritional Facts

Serving Size: 1 (60g)

Amount/Serving			
Calories 220		Calories from Fat 110	
			%Daily Value*
Total fat 12g			18%
Saturated fat 5g			25%
Trans fat 0g			
Cholesterol 5mg			2%
Sodium 230mg			10%
Total Carbohydrate 5g			6%
Dietary Fiber g			48%
Sugars 1g			
Erythritol 3g			
Protein 21g			
Vitamin A	0%	Vitamin C	0%
Calcium	10%	Iron	2%
Phosphorous	6%	Magnesium	0%

*Percent Daily Values are based on a 2,000 calorie diet
Contains: Almonds, Pecans, and Milk-Derived Ingredients.