

Artisan Cappuccinos & Lattes with Locally Roasted Espresso

Signature Scones & Pastries Bagels from NY Bagel & Bialy

Breakfast Served all day!

Classic Breakfast Sandwich

fried egg, cheddar cheese and crisp bacon on whole wheat toast \$5 On New York bagel add \$.75

Quinoa Kale Breakfast Plate

served with fried egg, feta and avocado \$6.50

Spinach & Goat Cheese Wrap

Wheat tortilla wrapped around fresh spinach, scrambled eggs and goat cheese \$6

Lighter Fare

Fresh Fruit Parfait

Berries, Greek Vanilla Yogurt and Homemade Crunchy Granola \$3.50

Homemade Granola

Served with Fresh Berries, Low Fat Milk \$4

Steel Cut Oatmeal Bar

Variety of toppings \$4

Quiche

Ask about our quiche of the day! Served with berries or salad \$6

Soup

Soups Available Daily \$2.50 Cup / \$4.00 Bowl

Salads

\$ 6.25 – add turkey for additional \$2

Strawberry Fields

Kale, spinach, green salad mix with strawberries, craisins, honey poppy seed dressing

Goat Cheese Salad

Mixed greens, spinach, goat cheese, cherry tomatoes, craisons, red onion, balsamic dressing

Sandwiches

Served with chips and a deli pickle

Tuna Salad

White albacore tuna salad with onion and celery on multigrain bread \$6.25 (can be served as a salad too!)

Classic BLT

Basil mayonnaise, crisp bacon, lettuce & tomato on multigrain toast. \$6.25

Turkey and Cheddar

mixed greens, tomatoes, balsamic vinaigrette & basil mayonnaise on a Tuscan roll \$6.25

Sweet & Savory Flatbread

Fig jam, arugula, bacon, goat cheese \$7

Warmed Baked Brie & Apple Panini

Brie cheese, fresh apples, drizzled w/honey & balsamic, warmed on Tuscan herbed roll \$7

WRAP IT UP – Any of our great sandwiches wrapped in a whole wheat tortilla – just ask!

The Lunch Flight -

You Choose Two – Half Sand (1st 3), Salad, Cup of Soup.. **We Add** – Petite Sweet \$7

Curt's Café South is now a Nut-free facility!

For the Young Ones (or Young at Heart)

served with berries & chips - \$4.00

Cheddar Cheese on Wheat Toast Turkey Wrap with Cheddar Cheese Cereal Box with 2% Milk or Yogurt

The Green Drink

and all its Friends

\$5 - 24 oz serving\$ (add ground flax seed or protein \$.75)

Classic Green Drink - Spinach, kale, pineapples, celery, apple and orange juice BlueAnna - Banana, blueberries, apple and orange juice, Greek yogurt, cinnamon to provide vitamin D, C, calcium, and help hypertension The Blue Tango - Blueberries and mango, a touch of vanilla and orange and apple juice and Greek yogurt for a delicious serving of antioxidants, fiber, and protein

<u>Apple Zinger</u> - Apple, apple and orange juice, honey, spinach, celery, cucumber, ginger,

<u>Cucumber Cure</u> - Cucumber, orange and apple

juice, pineapple, ginger, honey

Our Mission

To equip at-risk youth (15-24 years old) with job and life skills through training, GED tutoring, career coaching and mentoring.

Our Story

Curt's Café is a 501(c)(3) non-profit that was established in 2012. At Curt's, we offer our guests the opportunity to "dine with purpose," enjoy great food and help our community. Most of our student-trainees are from Evanston, are at risk and have not had opportunities that other youth have had access to. By becoming part of the Curt's Cafe team, our students hope to build a positive future for themselves and their community.

Our Impact

Each location enrolls four to five students at a time who train with us for approximately three months; all students earn a stipend as they learn with us. After their training program concludes at Curt's, we assist our students with job placement and help them transition into full-time employment. We hope to have 25 to 30 students per location go through the program each year.

Learn more at www.curtscafe.org

We are on Facebook & Twitter!

Our Location's

South Evanston:

1813 Dempster Street, Evanston, IL 60201 847.563.8883 <u>rebecca@curtscafe.org</u>

North Evanston:

2922 Central St, Evanston, IL 60201 (847) 868-8385 tasha@curtscafe.org



EVANSTON'S COMMUNITY CAFÉ



GREAT FOOD, GREAT COFFEE & HEALTHY DRINKS, GREAT PURPOSE!

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WWW.CURTSCAFE.ORG