

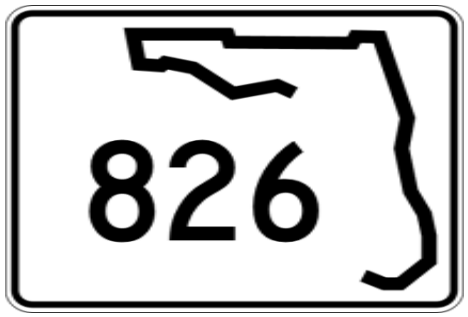
BRAZILIAN ROCKY FIGHT CLUB

7500 NW 25th ST. UNIT 4 DORAL-FLORIDA

305-436-0210

CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM		MUAY THAI		MUAY THAI		
9:00 AM						OPEN MAT
9:30 AM	BRAZILIAN JIU JITSU		BRAZILIAN JIU JITSU		BRAZILIAN JIU JITSU	
11:00 AM						
4:00 PM	BOXING	BOXING	BOXING	BOXING	BOXING	
5:00 PM	Brazilian Fitness	Physical Evaluation and Nutrition	Brazilian Fitness	Physical Evaluation and Nutrition	Brazilian Fitness	
5:00 PM	MUAY THAI BEGINNER	MMA	MUAY THAI BEGINNER	MMA	MUAY THAI BEGINNER	
5:30PM		ZUMBA/latinheat		Physical Evaluation and Nutrition		
5:30 PM	KIDS BRAZILIAN JIU JITSU	KIDS MUAY THAI	KIDS BRAZILIAN JIU JITSU	KIDS MUAY THAI	KIDS NO GI JIU JITSU	
6:00 PM	Physical Evaluation and Nutrition	Physical Evaluation and Nutrition	Physical Evaluation and Nutrition	Physical Evaluation and Nutrition	Physical Evaluation and Nutrition	
6:00 PM	MUAY THAI ADVANCED	GRAPPLING - NO GI	MUAY THAI ADVANCED	GRAPPLING - NO GI	MUAY THAI ADVANCED	
6:00 PM	ZUMBA/latinheat			ZUMBA/latinheat	BOXING	
6:30 PM					ZUMBA/latinheat	
6:30 PM	Physical Evaluation and Nutrition		Physical Evaluation and Nutrition		Physical Evaluation and Nutrition	
7:00 PM	Physical Evaluation and Nutrition		Physical Evaluation and Nutrition		Physical Evaluation and Nutrition	
7:00 PM		Brazilian Fitiness	ZUMBA/latinheat	Brazilian Fitiness		
7:00 PM	BOXING	BOXING	BOXING	BOXING		
7:00 PM	BRAZILIAN JIU JITSU ADVANCED	BRAZILIAN JIU JITSU BEGINNERS	BRAZILIAN JIU JITSU ADVANCED	BRAZILIAN JIU JITSU BEGINNERS	BRAZILIAN JIU JITSU ADV & BEGINNERS	



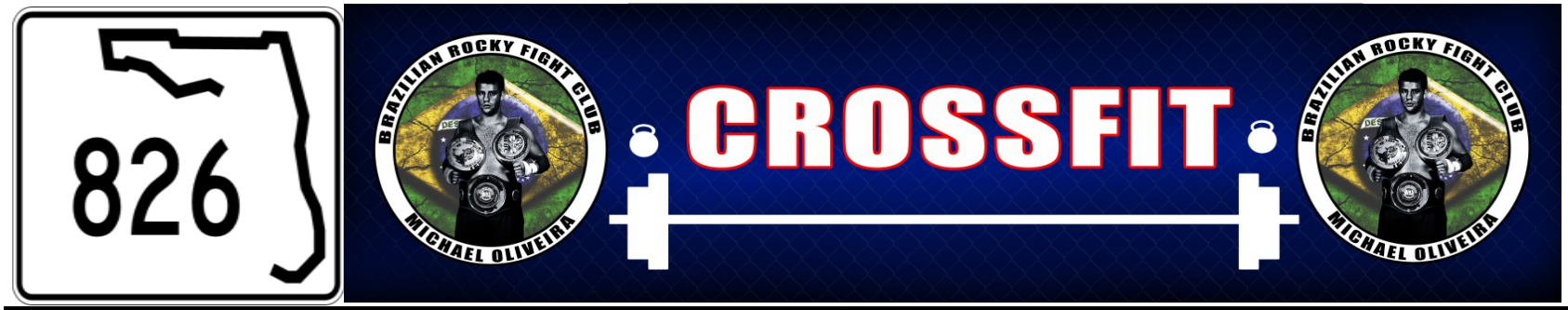
CROSSFIT 826

7500 NW 25th ST. UNIT 4 DORAL-FLORIDA

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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
7:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
8:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
9:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
10:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
4:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
5:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
6:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
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8:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
9:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		



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7:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
8:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
9:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
10:00 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
4:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
5:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
6:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
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8:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
9:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		