**DIRECTIONS FOR USE:** As a dietary supplement, take 4 capsules with a full glass of water one hour prior to exercise. On non-training days, take 4 capsules one hour prior to bedtime. Take with or without food. **FOR OPTIMAL RESULTS**, use continuously for a minimum of 8 weeks.

## FOR BEST RESULTS, FOLLOW SCIENTIFICALLY DESIGNED PLAN INCLUDED.

## Supplement Facts

American Dee Commission

Serving Size: 4 Capsules Servings Per Container: 30

	Amount Per Serving	% DV^
Vitamin C (as Ascorbic Acid)	25mg	42%
Vitamin B6 (as Pyridoxine HCI)	7mg	350%
Magnesium (as Oxide & Aspartate)	300mg	75%
Zinc (as Zinc Aspartate)	20mg	133%
Sexual Drive & Libido Complex	950mg	**
Epimedium (leaf) extract (Epimedium sagittatum and Epimedium- L icariin). Eurocoma longitalia (mot) (Tongkat ali) extract 20-1. Velvet be		

20% L-Dopá)
Testosterone Growth Factor Support Complex 875mg \*\*

Fenugreek (seed) extract (standardized for 50% saponins); Tribulus (aerial parts) extract (60% total saponins, 20% protodioscin); Orange (fruit and peel) bioflavonoid complex (50% hesperidin); Stinging nettle (root) extract 30:1

Strength-Promoting Complex

\*\*Ajuga turkestanica (stem and leaf) extract 10:1; Stemmacantha carthamoides (root) extract (Standardized for 5% ecdysterones); Zinc Aspartate; Magnesium Oxide, Magnesium Aspartate; Pyridoxine HCI; Melatonin

Stamina & Energy Complex

Grape seed extract (Standardized for 95% proanthocyanidins); Butchers broom (root) extract (Standardized for 20% sterolic heterosides); Hesperidin methyl chalcone (90% hesperidin); Ascorbic Acid

\*\* Daily value (DV) not established

OTHER INGREDIENTS: Gelatin, Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose, Titanium Dioxide, FD&C Red #40, FD&C Blue #1, FD&D Red #28.

Percent Daily Values are based on a 2,000 calorie diet.