

Mota Martial Atrs Schedule

Start Time	End	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 AM	11:00 AM						Kids BJJ	
11:00 AM	11:30 AM							Little Nijas
11:00 AM	12:00 PM						Muay Thai	
12:30 PM	2:00 PM						Brazillian Jiujsu	
2:00 PM	3:00 PM				Brazillian Jiujsu			
4:00 PM	5:30 PM	Epic Wrestling Kids		Epic Wrestling Kids		Epic Wrestling Kids		
4:30 PM	5:30 PM		Kids BJJ		Kids BJJ			
5:30 PM	6:30 PM				Muay Thai			
6:30 PM	7:30 PM		Boxing 101					
6:45 PM	7:30 PM				Conditioning			
6:00 AM	6:45 AM	Conditioning				Wresting		
7:00 PM	9:00 PM	Brazillian Jiujsu		Brazillian Jiujsu				
7:45 PM	10:00 PM				Brazillian jiujsu			
7:45 PM	10:00 PM		Brazillian Jiujsu					