



P.D.S. Academy's Newest Seminar!

"STAY ALIVE"

Don't take a martial arts class until you've attended.

This is not an advertisement seminar for a martial arts school or to enroll you in self defense classes...

This seminar can save your life!

Do you want to live a life free from fear - knowing how to navigate any situation - and prevent becoming a victim of crimes against women?

- This class will change the way you think, act and live

We will arm you...

- Learn Why martial arts is NOT the answer and does NOT guarantee victory in dangerous situations
- Learn Why the popular cheap and sometimes free two hour women's defense classes can get you killed
- Your best weapons are not your hands and feet - it's something far more powerful
- Gain the ability and the will to do what is physically necessary to survive and take out your attacker
- Learn life saving escapes and how to surprise attack your assailant
- How to defend yourself with real, proven methods
- How to use less than lethal tools to ensure you always have the upper hand
- Learn the what, where, who and the why's about the real threats women face today
- Learn what Fear & Risk really are - how to embrace them, control them and use them to your advantage
- Learn how to read people and how to predict the chance of violence before it happens
- How to navigate and escape unharmed from any dangerous situation
- If the worst case ever happens to you - How to take control of the five most important seconds you have
- Learn what you should carry with you at all times

This seminar will provide you with real prevention, real tactics, real solutions that will enable you to NEVER be a victim of anything!

Don't miss this 8 hour seminar "Stay Alive" - coming to Dallas - enrollment is now - and seats ARE very limited.