

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 70

Amount Per Serving	% Daily Value
<b>SUPER XTREME THERMOGENIC COMPLEX</b>	804.50mg †
<b>Green Coffee Blend</b> (consisting of standardized green coffee bean extract (as <i>Coffea canephora robusta</i> ) supplying 45% chlorogenic acids and green coffee bean extract (as <i>Coffea canephora robusta</i> ))	†
	400mg †
Caffeine anhydrous	135mg †
Myristica fragrans seed extract (as <i>Myristica fragrans</i> )	100mg †
Sage leaf powder (as <i>Salvia officinalis</i> )	75mg †
Raspberry ketone	50mg †
Ecklonia cava stem and leaf extract (as <i>Ecklonia cava</i> )	36mg †
Yohimbe bark extract (as <i>Pausinystalia yohimbe</i> )	8.5mg †
Supplying yohimbine 510mcg	
Supplying rauwolfscine	

† Daily Value not established.

**OTHER INGREDIENTS:** Capsule (gelatin, titanium dioxide), magnesium stearate, silicon dioxide.

**DIRECTIONS:** To assess your tolerance, follow the chart provided. Once your tolerance has been assessed, take 1 capsule with 8 oz. of water 2 times daily 30 to 60 minutes before your two largest meals of the day (e.g. breakfast and lunch).

Once tolerance has been assessed and you are looking for an additional boost of energy, take an additional capsule with the first serving of the day. Do not exceed 3 capsules in a 24-hour period. For best results, use for 60 days in combination with diet and training.

**Day 1 & Day 2 – 1 capsule, 1x daily** | **Day 3 & Beyond – 1 capsule, 2x daily**

**WARNING:** Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, or diagnosed with, or have a family history of any medical condition, or if you are using any prescription or over-the-counter drug(s), including blood thinners. One serving of this product contains as much caffeine as approximately 1.5 cups of coffee. Caffeine sensitive individuals may experience the following symptoms including (but not limited to) restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate, or difficulty sleeping. One serving contains up to 2.21mg of yohimbe alkaloids. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). **KEEP OUT OF REACH OF CHILDREN.**

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expiry date: see bottle.

