

Supplement Facts

Serving Size: 1 scoop 12.5 g

Servings Per Container: 30

Amount Per Serving	% Daily Value
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Calories	5
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Total Carbohydrate	1 g	<1%[†]
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Calcium (as Calcium Silicate)	12 mg	1%
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Magnesium (as Creatine Magnesium Chelate)	156 mg	40%
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Creatine Chelate Complex*

Creatine MagnaPower® (Ionically-bound Creatine Magnesium Chelate)	1,950 mg	†
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Creatine Monohydrate (Highly-pure, Bonded-form)	1,850 mg	†
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Creatine HCl	750 mg	†
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Creatine Anhydrous	450 mg	†
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Amount Per Serving	% Daily Value
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Strength & Muscle-Volume Matrix*

Taurine	2,500 mg	†
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L-Carnitine L-Tartrate (LCLT)	1,000 mg	†
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Betaine (TMG)	1,000 mg	†
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Beta-Alanine (BetaSynth™)	800 mg	†
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Creatine Absorption Complex*

Prickly Pear (<i>Opuntia ficus-indica</i>) (aerial) extract	84 mg	†
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Bitter Melon (<i>Momordica charantia</i>) (fruit) extract	41 mg	†
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CinnulinPF® (<i>Cinnamomum burmannii</i>) (bark) extract	30 mg	†
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[†] Percent Daily Value based on a 2,000 calorie diet

† Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Natural Colors [Turmeric powder (*Curcuma longa*, rhizome), Spirulina powder (*Spirulina platensis*)].