



SHAPEWEAR/APPAREL

	XS dress size 0-2	S dress size 2-4	M dress size 6-8	L dress size 10-12	XL dress size 14-16	1X dress size 18-20	2X dress size 22-24	3X dress size 26-28
BUST	31 - 33" 78.5 - 84 cm	33.5 - 35.5" 85 - 90 cm	36 - 38" 91.5 - 96.5 cm	38.5 - 40.5" 98 - 103 cm	41 - 43.5" 104 - 110.5 cm	44 - 47.5" 112 - 120.5 cm	48 - 51.5" 122 - 131 cm	52 - 54" 132 - 137 cm
WAIST	24.5 - 26.5" 62 - 67.5 cm	27 - 30.5" 68.5 - 77.5 cm	31 - 33" 78.5 - 84 cm	33.5 - 35.5" 85 - 90 cm	36 - 39" 91.5 - 99 cm	39.5 - 42" 100.5 - 106.5 cm	42.5 - 45" 108 - 114.5 cm	45.5 - 48" 115.5 - 122 cm
HIPS	32 - 34.5" 81.5 - 87.5 cm	35 - 37.5" 89 - 95.5 cm	38 - 40.5" 96.5 - 103 cm	41 - 43" 104 - 109 cm	43.5 - 45.5" 110.5 - 115.5 cm	46 - 49.5" 117 - 125.5 cm	50 - 53.5" 127 - 136 cm	54 - 56" 137 - 142 cm

All measurements are designed to be used as a guideline.