Strength Factory 2420 E. 55Th Pl Indpls, IN 46220

TIME	SUN	MON	TUES	WEDS	THURS	FRI	SAT
		GT	GT	GT	GT	GT	
5:30am		Total body conditioning	CutLikeGlass Fasting ABS	Bubble Butt workout	CutLikeGlass Fasting ABS	Total body conditioning	
8 am							
930 am							
11am							
12pm		/					
5:30pm	1				1 1	GT CutLikeGlass Fasting ABS	
6:15 pm		GT Total body conditioning (in back) X-treme Kids boxing Ages 6-9 *FREE*	GT Bubble Butt workout		GT Top guns	GT Total body conditioning	
7pm			Building	Beautiful E	odies		
7:30 pm	1.9						
8 pm							