

Banana

2 Lbs. - Banana



Serving Size 1 Scoop (30 g)		
Servings Per Container 30		
Amount Per Serving		% DV **
Calories	110	
Calories from Fat	0 g	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	3 mg	1%
Sodium	45 mg	2%
Potassium	170 mg	5%
Total Carbohydrate	1 g	<1%
Dietary Fiber	1 g	4%
Sugars	0 g	†
Protein	27 g	54%
Vitamin A		0%
Vitamin C		15%
Calcium		12%
Iron		<1.00%
Amino Acid Profile Per Serving (30g)		
L-Leucine	2,410 mg	
L-Valine	1,680 mg	
L-Isoleucine	1,610 mg	
L-Histidine	500 mg	
L-Lysine	2,510 mg	
L-Methionine	590 mg	
L-Phenylalanine	800 mg	
L-Threonine	1,850 mg	
L-Tryptophan	520 mg	
L-Alanine	1,380 mg	
L-Arginine	530 mg	
L-Aspartic Acid	3,010 mg	
L-Cystine	570 mg	
L-Glutamine	4,820 mg	
L-Glycine	440 mg	
L-Proline	1,770 mg	
L-Serine	1,260 mg	
L-Tyrosine	740 mg	
TOTAL	27,000 mg	
** Percent Daily Values (DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		
Not a significant source of Vitamin A or Iron.		
Ingredients:		
Whey Protein Isolate.		
Other Ingredients:		
Natural Flavors, Guar Gum, Lo Han Guo (Monk Fruit Extract), Stevia, NutraFlora®, Acerola Extract 4:1, Grape Seed Extract.		
ALLERGEN WARNING: Contains Protein derived from Milk. Produced in a facility that also handles Egg, Soy, Peanut, Tree Nut, Fish, Crustacean and Shellfish products.		

Chocolate

5 Lbs. - Chocolate



Serving Size: (1 scoop) 30g

Servings Per Container: 75

Amount Per Serving	% DV **	
Calories	110	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	3 mg	1%
Sodium	45 mg	2%
Potassium	275 mg	8%
Total Carbohydrate	1 g	<1%
Dietary Fiber	.5 g	2%
Sugars	0 g	†
Protein	27 g	54%
Vitamin A		.04%
Vitamin C		15%
Calcium		11.4%
Iron		3.5%

Ingredient:

Whey Protein Isolate

Other Ingredients:

Cocoa Powder, Natural Flavors, Guar Gum, Lo Han Guo (Monk Fruit Extract), Citric Acid, Stevia, NutraFlora®, Acerola Extract 4:1, Grape Seed Extract.

ALLERGEN WARNING: Contains Protein derived from Milk and Lecithin derived from Soy (less than 1%).

Produced in a facility that also handles Egg, Peanut, Tree Nut, Fish, Crustacean and Shellfish products.

Unflavored

5 Lbs. - Natural



5 Lbs.

Serving Size 1 Scoop (30g)

Servings Per Container 75

Amount Per Serving	% Daily Value	
Calories	118	
Fat	0.2g	0%
Saturated	0.1g	0%
+ Trans Fat	0.0g	-
Cholesterol	1.6mg	1%
Carbohydrates	1g	0%
Sugars	0.7g	-
Fiber	0.0g	0%
Sodium	44mg	2%
Potassium	146mg	4%
Protein	28g	-

Percent Of Recommended Daily Intake

Calcium	154mg	14%
Iron	-	1%

Amino Acid Profile Per Serving (30g)

L-Alanine‡	1377mg
L-Arginine‡	867mg
L-Aspartic Acid	2835mg
L-Cystine	648mg
L-Glutamic Acid	4617mg
L-Glycine	432mg
L-Histidine‡	432mg
L-Hydroxyproline†‡	27mg
L-Isoleucine†‡	1974mg
L-Leucine†‡	3189mg
L-Lysine	2997mg
L-Methionine‡	594mg
L-Phenylalanine‡	756mg
L-Proline	1485mg
L-Serine	1188mg
L-Threonine‡	1755mg
L-Tryptophan‡	459mg
L-Tyrosine‡	756mg
L-Valine†‡	1612mg
TOTAL	28000mg

† Branch Chain Amino Acids (BCAA)

‡ Essential Amino Acids (EAA)

Ingredients

Whey Protein Isolate

Vanilla

5 Lbs. - Vanilla



Serving Size: (1 scoop) 30g

Servings Per Container: 75

Amount Per Serving	% DV **	
Calories	110	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	3 mg	1%
Sodium	45 mg	2%
Potassium	170 mg	5%
Total Carbohydrate	1 g	<1%
Dietary Fiber	.75 g	3%
Sugars	0 g	†
Protein	27 g	54%
Vitamin A		.04%
Vitamin C		15%
Calcium		11.8%
Iron		.6%

Ingredient:

Whey Protein Isolate

Other Ingredients:

Natural Flavors, Guar Gum, Lo Han Guo (Monk Fruit Extract), Stevia, NutraFlora®, Acerola Extract 4:1, Grape Seed Extract.

ALLERGEN WARNING: Contains Protein derived from Milk and Lecithin derived from Soy (less than 1%). Produced in a facility that also handles Egg, Peanut, Tree Nut, Fish, Crustacean and Shellfish products.