

DIRECTIONS: (Adult) Take two (2) Veggie Capsules daily with a meal and a full glass (8 oz.) of water. If caffeine keeps you up at night, do not take this product in the evening since it contains natural caffeine.

Supplement Facts

Serving Size: 2 Veggie Capsules

Servings per Container: 30

	Amount per Serving	% Daily Value
Green Tea extract (50% EGCG)(leaf)	500 mg	†

†Daily Value not established

Other Ingredients: Microcrystalline cellulose, hypromellose, magnesium stearate and silicon dioxide.

Usage Warnings: Do not use if safety seal is broken. This product contains natural caffeine. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease, high blood pressure, an iron deficiency, a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.