

Supplement Facts

Serving Size: 1 Scoop (5g)

Servings Per Container: Approx. 30

Amount Per	1 Scoop	% DV	2 Scoops	% DV
Calories	5		10	
Calcium	30mg	3%	60mg	6%
Sodium	70mg	3%	140mg	6%
Beta-alanine (CarnoSyn®)	1.6g	†	3.2g	†
Arginine inositol silicate (Nitrosigine®)	750mg	†	1.5g	†
Glycerol (HydroMax™)	325mg	†	650mg	†
Caffeine anhydrous	190mg	†	380mg	†
Choline bitartrate	100mg	†	200mg	†
L-theanine	75mg	†	150mg	†
Rhodiola extract (as <i>Rhodiola rosea</i>) (root)	50mg	†	100mg	†
Standardized for salidroside and rosavins				
Yohimbe extract (as <i>Pausinystalia yohimbe</i>) (bark)	20mg	†	40mg	†
Standardized for 6% yohimbine				

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Citric Acid, Natural and Artificial Flavor, Salt, Acesulfame-Potassium, Calcium Silicate, Silicon Dioxide, Sucralose, FD&C Red No. 40 Lake. **Processed in a facility that processes milk, egg, soy, wheat, peanut, tree nut, fish and shellfish ingredients.**