

## Teresa's GRILLE "19"

## **APPETIZERS**

Nachos Black beans, pico de gallo, sour cream, guacamole with a melted cheddar and Monterey Jack blend Add: Grilled Chicken 2/ Pulled Pork 3	10
Quesadilla Black beans, cheese blend served with pico de gallo, sour cream and guacamole  Add: Grilled Chicken 2/ Pulled Pork 3	8
Mini Four Cheese Arancini Rice balls stuffed with four cheeses, topped with Teresa's famous tomato sauce	8
Boneless Buffalo Tenders Hand-breaded chicken tenders tossed in our Grille "19" buffalo sauce served with homemade bleu cheese, carrots and celery sticks	10
Calamari Crispy fried calamari with fresh pineapple, hot cherry peppers and Grand Marnier sauce	10
<b>Spinach Artichoke Dip</b> Creamy spinach and artichoke dip, brick oven baked, topped with fontina cheese served with tortilla chips	9
Grille "19" Loaded Fries Smothered with bacon, melted cheese, scallions and served sour cream	9
Wings Choice of buffalo, BBQ, or awesome Sauce, served with bleu cheese, carrots and celery sticks	9
Toasted Ravioli Deep fried, mozzarella filled, served with marinara	9
Popcorn Shrimp Fried shrimp, served with sriracha tartar sauce	9
Southwest Eggrolls Filled with chicken, black beans, tomatoes, peppers & jalapeños, served with avocado ranch sauce	8
Edamame Steamed soy beans sprinkled with sweet ginger ponzu sauce	5
Mac & Cheese Bites Served with truffle cheese sauce (not vegetarian)	8
SOUP AND SALADS	
Soup Of The Day 5/7 New England Clam Chowder 6/8	
Grille "19" House Salad Cucumbers, tomatoes, red onions and mixed greens	10
Classic Caesar Chopped romaine, shaved parmesan cheese, homemade Caesar with garlic croutons	10
<b>Chopped BLT</b> Crisp iceberg lettuce, vine-ripened tomatoes, red onions, Applewood smoked bacon and our homemade bleu cheese dressing	11
<b>Southwestern Salad</b> Mixed greens, black beans, avocado, jalapeños, pico de gallo, shredded cheddar and Monterey Jack cheese with cilantro lime vinaigrette	12
Add: Chicken 4, Salmon 7, Shrimp 6, Steak Tips 6, Turkey Tips 5	
Dressings: Bleu Cheese   Balsamic Vinaigrette   Caesar   Cilantro Lime   Ranch   Thousand Island	
<b>SANDWICHES</b> Choice of breads: White, Wheat, Rye, Brioche Roll or a Wrap  Served with French Fries	
Chicken Parmigiana Hand-breaded chicken, tomato sauce, with melted mozzarella cheese	12
Teresa's Steak & Cheese Sub Shaved Steak and American cheese Add .50 each: Peppers, Onions or Mushrooms	11
Haddock Sandwich Hand-breaded haddock, American cheese, lettuce, tomato, red onion, tartar sauce on a brioche bun	14
BBQ Pulled Pork Slow braised pork, homemade BBQ sauce served on a brioche bun with coleslaw	13
Grille "19" Chicken Wraps Grilled Chicken Caesar, Buffalo Chicken or BBQ Chicken	10
<b>Turkey Club</b> Sliced Boars Head turkey, vine-ripened tomato, Applewood smoked bacon and mayo, served on your choice of white, wheat or rye bread	12
Meatball Sub Teresa's famous hand-rolled meatballs topped with Teresa's homemade tomato sauce and melted mozzarella	11
Reuben Corned Beef piled high, with Swiss cheese, sauerkraut and Thousand Island dressing on rye bread or a brioche bun	14
Hot Dog Boar's Head 1/4 lb. all beef	
	6

Please visit Teresa's other Great Restaurants







BBQ The best cut of meats & poultry grilled to perfection		
Steak Tips Sirloin tips marinated in a sweet BBQ sauce	22	
Pork Tips Asian marinated pork tips	16	
Twin BBQ Chicken Breasts Grilled, finished in a sweet BBQ sauce	e 15	
Turkey Tips Marinated in a sweet bourbon marinade	18	
Sausage Large Bianco sweet grilled sausage, with peppers and or	nions 12 (two sausages) 16	
Combo Plate Choose two of any items above	19	
Teresa's Ocean Ocean Fresh fish, delivered daily		
Chile Glazed Salmon Pan roasted salmon topped with sweet and	spicy chile glaze 21	
Classic Baked Haddock Prepared with a buttery Ritz Cracker crui	mb 21	
Fish -N- Chips Served with french fries and tartar sauce	18	
Baked Scallops Fresh sea scallops lightly buttered and dusted wit	th Ritz Cracker crumbs 21	
The above dishes are served	with your choice of 1 side	
SIDES additional sides 3 each	Llawannada Cala Claur Cananal Vanatakia	
Yukon Gold Mashed Potatoes Grille "19" French Frie Rice Side House or Caesar Salad Sweet Potato Frie	ŭ	
Tribe Glaci Floude of Gaesar Galaci Galaci Florida Frie	ounibo onion rango	
TERESA'S GRILLE "19" ITALIAN SPECIALT	IES Add 3 for Fusilli Pasta	
Chicken Parmigiana Hand-breaded chicken, fried and topped with cheese served with penne pasta	Teresa's famous tomato sauce, melted mozzarella 16	
Pasta and Meatballs Two hand-rolled meatballs served with penne	pasta 13	
BURGERS Served with French Fries		
<b>All American Burger</b> Our hand-formed <b>10 oz.</b> burger is 100% USD lettuce, tomato and a pickle <i>Add cheese 1.00</i>	DA Prime Beef served on a brioche bun with onion,	
The "Big" Nick Twin 5 oz. 100% USDA PRIME Beef Burgers serve tomato hand cut bacon, cheddar cheese and BBQ sauce	ed on a brioche bun, topped with onion, lettuce,	
Toppings Add 1.00: American   Cheddar   Swiss   Pulled Pork   Bacc	on Add .50 Mushrooms   Caramelized Onions   Peppers	
PIZZA Neapolitan Style Thin Crust Pizza 15 inch Round or I	Personal Size (Gluten free available in personal size only	ソ
Cheese Fresh milk mozzarella and red sauce 13/8	Chicken Portobello Chicken, Portobello mushrooms, toma pesto, mozzarella and red sauce 17/10	itoes,
Margherita Fresh milk mozzarella, basil and red sauce 14/10	Molto Meat Sausages, pepperoni, meatballs, mozzarella	
<b>Bianco</b> Fontina, parmesan, ricotta, mozzarella and olive oil 14/10	and red sauce 18/10  Prosciutto Roasted red peppers, ricotta, mozzarella and	
<b>Primavera</b> Roasted vegetables, mozzarella and red sauce 14/10	red sauce 17/10  Bruschetta Marinated diced tomatoes, balsamic glaze,	
Abbruzzi Sausages, roasted red peppers, caramelized onions, mozzarella, ricotta and red sauce 18/10	fresh basil, Mozzarella and olive oil 14/10	sina
<b>Bacon Ranch</b> Crispy chicken, bacon, red onion, cheddar jack and ranch dressing 15/10	<b>Buffalo Chicken</b> Diced chicken fingers, bleu cheese dress and buffalo sauce 15/10	ing
Extra Toppings: Mozzarella   Provolone   Parmesan   Ricotta   Pepperoni   Meatba   Roasted Vegetables   Mushrooms   Plain or Roasted Red Peppe	alls   Sausage   Prosciutto  Grilled Chicken   Artichokes   Basil r Caramelized Onions   Tomatoes   Garlic	
Calzones - Individual		
Buffalo Chicken 12 Meatball 12 Chicken	Parm 12 Steak-n-Cheese 12 Veggie 12	
Beverages		

Ask about our other gluten free options

Juice 2.50

Coffee/Tea 3

Fountain Soda 2.50 (free refill)