



Spanish, Mexican & Sea Food

Appetizers & Tapas

Guacamole	4.75
Fried Calamari	10.75
Shrimp Cocktail	S 6.45 / L 9.75
Fish Ceviche (2 tostadas)	7.85
Shrimp Ceviche (2 tostadas)	9.75
Shrimp Quesadilla	9.75
Chile con Queso (long green chile w/cheese)	5.75
Nachos w/Chicken or Beef	7.25
El Tenedor Combo (flautas, guacamole, quesadillas, chicken strips, chile con queso)	16.50

Soups

	cup 3.75 / bowl 5.95
Tortilla Soup (tomato base w/cheese, avocado, corn chips)	
Beef Soup (beef stew w/vegetables)	
Chicken Soup (chicken w/vegetables)	
Lentils w/Bacon	
Meatball Soup w/Vegetables	
Tlalpeño Soup	bowl only 5.95
(chicken, chic peas, cheese, avocado & chipotle)	

Salads

	Reg 7.25
	add chicken 9.25 / add shrimp 10.85
House Salad (lettuce, tomato, onion, carrot & boiled egg)	
Caesar Salad	
Prickly Pear Salad	
(nopales, panela cheese, pico de gallo, lime juice & olive oil)	

Sandwiches

	All Served w/Fries or Salad. add bacon / avocado / ham / prosciutto / long green 1.00 ea.
Pepito (sirloin, cheese & avocado)	9.25
Club Sandwich (chicken, bacon & cheese)	7.75
Cheeseburger	7.75
Double Cheeseburger	9.75
Grilled Chicken	7.75
BLT	7.75
Avocado	7.25

Steaks & Poultry

Sirloin or Ribeye (baked potato & salad)	16.50
Sirloin or Ribeye Ranchero (chile con queso, beans & baked potato)	17.50
Sirloin or Ribeye Tampiqueña (chile con queso, guacamole, enchilada, beans)	18.50
Country Fried Steak “Milanesa” (fries & salad)	16.50
Breast Chicken Tampiqueña (enchilada, chile con queso, guacamole, beans)	12.50
Drunken Breast Chicken (onion, tomato, sauteed jalapeño, flamed w/tequila)	11.25

Spanish Food

Cold Meats	tapa 9.75 /full 16.75
(prosciutto, spanish chorizo & salami)	
Spanish Tortilla	tapa 7.75 / full 9.75
(egg omelette w/spanish chorizo, potato & onion)	
El Tenedor Tortilla	tapa 7.75 / full 9.75
(egg omelette w/peas, pepper & cheese)	
Inked Calamari	10.75
Patatas Bravas	7.25
Prosciutto & Manchego Cheese Sandwich	9.25
Fabada Asturiana	16.25
(hearty ham stew w/lima beans & spanish sausage)	
Spanish Chicken	12.25
(chicken breast w/potato, tomato, olives, capers & saffron)	
Bacalao a la Vizcaina (cod stew in tomato sauce)	17.25
Paella Valenciana	17.25
(chicken, pork, shrimp, spanish sausage, mussels in rice w/saffron)	
Shellfish Paella	18.85
(shrimp, fish, mussels, calamari, sea food in rice w/saffron)	
50 – 60 min preparation	

Family Mexican Specialties

	All Served w/Rice & Beans.
Poblano en Nogada Peppers	14.75
(stuffed w/ground beef & pork, pecans & fruit, covered w/pecan sauce & pomegranate in season or cranberries)	
Poblano Pepper Stuffed w/Beef	11.25
California Pepper Stuffed w/Cheese	9.25
Chile Verde con Carne (beef stew w/ long green chile)	9.75
Asado de Puerco (pork stew in red hot sauce)	9.75
Mole Chicken	11.75
(chicken breast or shredded, covered in mole sauce)	

Tacos

Tacos de Carne Asada (sirloin tacos)	8.75
Tacos de Alambre	8.75
(sirloin, bell peppers, onion, tomato & cheese)	
Tacos al Pastor (adobado pork, pineapple & onions)	8.75
Tacos de Barbacoa	8.75
Tacos Caseros (soft or hard)	8.75
(shredded or ground beef, chicken, rice & beans)	

Enchiladas & Mexican Antojitos

	All Served w/Rice & Beans.
Street Enchiladas (red w/cheese)	8.25
Green Chicken Enchiladas	8.75
Suizas Chicken Enchiladas	9.25
Chicken Enmoladas	9.25
Flautas (beef, chicken or potato)	8.25
Corn Gorditas Plate	8.25
(ground beef or long green chile w/cheese)	
Mexican Plate I	10.25
(chile relleno, enchilada, taco, 2 flautas)	
El Tenedor Mexican Plate	11.75
(chile relleno, green enchilada, gordita, tamal)	
Steak Mexican Plate	11.75
(chile relleno, enchilada, steak)	

Sea Food

All Served w/ Fries or Baked Potato, Rice & Salad.		
Garlic Mojo or Breaded Tilapia Fillet		10.25
Garlic Mojo Shrimp		16.25
Mango Shrimp		16.25
A la Diabla Shrimp		16.25
El Tenedor Shrimp	(wrapped in bacon/cheese)	17.25
Lemon Salmon		15.25

Tortas

All Served w/Fries			7.25
Milanesa	Ham & Cheese	Adobado Pork	
Mexican Steak	Alambre Steak	Barbacoa	
Smoked Pork Chop			
Eggs w/Chorizo, Ham, Bacon , Sausage or Mexican			

Burritos

Burritos	2.75
Chile Relleno	
Mexican Shredded Beef	
Shredded Beef Red or Green	
Eggs w/Chorizo, Ham, Bacon or Sausage	
Mexican Eggs	
Mexican Potato & Eggs	
Mexican Potato	
Mexican Chicken	
Beans & Cheese	

Specialty Burritos

Barbacoa	3.75
Carne Asada / Alambre	
Al Pastor Pork	
Machaca	

Sides

El Tenedor Potato	Rice & Beans	1.99
Bake Potato	Bacon	
Potato with chorizo	Ham	
Fries	Sausage	

Desserts

All Desserts are Home-Made.		
Sevillana Rum Custard	(flan)	4.25
Tres Leches Cake		4.25
Chocolate Cake		4.25
Cheese Cake		4.25
Apple Pie		4.25
Ice Cream		4.25
Cake w/Ice Cream		6.50
Apple Pie a la Mode	(w/vanilla ice cream)	6.50

Breakfast

All Served w/Beans & Hash Brown.	
Rancheros or Mexican Eggs	6.75
Eggs w/Ham, Bacon or Sausage	7.25
Eggs w/Chorizo	7.25
Omelette	(3 eggs, w/ham, bacon or sausage) 9.25
Machaca	9.25
(shredded beef w/onion, tomato, bell peppers & scrambled eggs)	
Eggs w/Pork Chops	9.25
Eggs w/Smoked Pork Chops	9.25
Eggs w/Steak	9.25
Chilaquiles Red or Green	7.25
(corn chips w/sauce & cheese)	
Chilaquiles Montados w/2 Eggs	8.25

Hot Cakes

Hot Cakes (3)	5.25
Hot Cakes (3) w/Bacon, Ham or Sausage	6.75
Hot Cakes (2) w/2 Eggs, Bacon, Sausage or Ham	7.25

Drinks

Fresh Limonade or Horchata	(1 refill) 2.25
Iced Tea	2.25
Soft Drinks	1.95
Coke, Diet Coke, Coke Zero, Sprite,	
Dr Pepper, Orange, Grapefruit, Apple	
Mexican Sodas	2.75
Coke, Fresca, Manzanita, Sprite, Topochico Mineral Water	
Orange Juice / Apple Juice	2.75
Milk	2.25
Chocolate Milk	2.50
Coffee	2.25
Iced Coffee / Coconut Coffee	2.75
De Olla Coffee	2.75
Hot Chocolate	2.75
Hot Tea	2.25
(black, green, chamomille, blueberry, ginger)	
Champurrado	(autumn & winter season) 2.75

To Go Specials

Flautas Family Pack	18.99
(24 flautas, beans, rice, sour cream, guacamole, sauce & salad)	
Barbacoa by the Pound	15.00
(12 corn tortillas, onion, cilantro, salsa & limes)	
Tamales by the Dozen	15.00
Corn Gorditas by the Dozen	18.99



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