

COMBINATION SUSHI

Zen Assorted Sushi 7 pieces of nigiri sushi and tekka maki	21.95
Zen Deluxe Sushi 9 pieces of Zen specialty nigiri sushi and special salmon sushi roll	29.95

Zen Sushi & Sashimi Combo combination of 3 pieces of sashimi and 4 pieces of Zen specialty nigiri	21.95
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Tekka Don albacore tuna over sushi rice	16.95
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Salmon Don wild pacific sockeye salmon over sushi rice	20.95
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Salmon and Tuna Don wild pacific sockeye salmon and tuna over sushi rice	18.95
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CHEF’S RECOMMENDATIONS

Crunchy Salmon crispy egg crêpe stuffed with seasoned sockeye salmon served with tomato ponzu sauce	13.95
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Shiso Salmon 4 pcs tempura style Japanese shiso stuffed with seasoned sockeye salmon	7.95
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Tails Up lightly fried marinated japanese kisu stuffed with sweet prawn paté served on japanese saikyo miso sauce	9.95
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Seafood Butteryaki zen’s own teppan grilled prawns and scallops	9.95
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Tartar Tower seasoned pacific sockeye salmon and ahi tuna tower served with thin asian chips	17.95
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Tuna Goma Ae Zen’s marinated albacore tuna	13.95
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Zen Crab fresh dungeness crab and vegetables baked in a	15.95
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Zen Poke seasoned in a honey soya sesame sauce	
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Ahi Tuna Beef	17.95 19.95
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Crunchy Beef layered rib eye beef with seasoned vegetables	14.95
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Prawn 3 Ways a selection of our 3 most popular creations: seafood butteryaki, tails up and popcorn shrimp	14.95
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ZEN ORIGINAL ROLLS

Millenium Roll dungeness crab, salmon, tuna and cucumber in egg crêpe with honey dijon sesame sauce	15.95
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Special B.C. Roll BC roll with grilled salmon skin on the out-	10.95
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East Meets West dungeness crab, ama ebi, sockeye salmon, cucumber and asparagus wrapped with atlantic scallops and topped with golden tobiko	15.95
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Spicy Seafood Roll assortment of seafood and fresh vegetables with a tangy spicy sauce	9.95
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Speckled Scallop Roll purple shiso infused soy wrap filled with seasoned chopped sweet scallops, avocados and asparagus with sweet soy drizzle	14.95
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T.S.K. Roll wasabi spiked roll of tuna, scallops and kani softly cradled in an egg crêpe served with nori	16.95
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Alaskan Roll mango california roll topped with sockeye salmon and avocado	12.95
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Popcorn Shrimp Roll lightly fried cocktail shrimp with organic greens & marinated vegetables in a soy wrap	14.95
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Hana Maki tuna mixed with green onions and garlic, topped with crunchy spices	8.95
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San Francisco Roll dungeness crab, cocktail shrimp and cucumber wrapped in egg crêpe	16.95
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West Coast Roll dungeness crab, asparagus and cucumber topped with nanuk smoked salmon	15.95
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Bacon and Scallop Sushi Maki rolled with seasoned bacon and atlantic sea	9.95
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Seawall Roll fresh vegetables and yam tempura rolled in egg crêpe with a mango chutney	11.95
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Hamachi Peak yellowtail, shiso and green onions in a tofu crepe served tempura style with sweet soya reduction drizzle	15.95
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Zen House Roll our house special roll with assorted seafood and vegetables	20.95
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Half Roll	13.95
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MAKI (ROLL) SELECTIONS

Temaki (hand rolls) available on these items

Avocado Roll avocado and cucumber	5.95
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Tuna Roll	4.25
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Salmon Roll wild pacific sockeye salmon	4.95
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Cucumber Roll	3.25
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Ahi Tuna Roll	5.95
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Negi Toro Roll albacore tuna belly with green onions	6.50
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Negi Hamachi Roll	6.50
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Futo Maki cooked and marinated vegetables	8.95
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California Roll crabmeat, avocado and cucumber	6.95
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Dungeness Crab Roll fresh dungeness crab, avocado and cucumber	13.95
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Rainbow Roll crab, avocado and cucumbers topped with assorted fish	14.95
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Dynamite Roll 2 pieces of prawn tempura	7.95
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B.C. Roll barbequed salmon skin	6.95
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Spicy Tuna Roll spicy ahi tuna	7.95
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Special Scallop Roll chopped scallop with masago	8.95
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Unakyu Roll barbequed freshwater eel and cucumber	8.95
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Vegetable Roll fresh vegetables with enoki mushrooms	7.25
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Special Vegetable Roll vegetable roll with yam tempura	7.95
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Spider Roll breaded whole soft shell crab	19.95
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Yam Roll yam tempura with cucumber and avocado	6.95
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Add-Ons (price per item)	1.00
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EXPERIENCE
THE
CULINARY ART
OF...



ZEN
Japanese Restaurant

*Open daily for dinner:
5:00 p.m. to 9:30 p.m.*

T: 604 925 0667
Fax: 604 925 0668

WWW.ZENSUSHI.CA

Reservations Recommended

*2232 Marine Drive
West Vancouver, BC
V7V 1K4*

Soups & Salads

Miso Soup	2.25
Sunomono	
Kani—fresh dungeness crab salad 🍣	8.95
Tako—japanese octopus salad	6.95
Ebi—japanese cocktail shrimp salad	4.95
Warm Mushroom Salad	12.95
japanese mushrooms, sautéed, on a bed of organic spring greens in a sweet ponzu sauce	
Spinach Goma Ae	4.95
Tuna Tataki Salad	14.95
cubed albacore tuna with organic spring greens	
House Green Salad	6.95
fresh garden vegetables topped with our traditional oriental dressing	
Barbecue Salmon Salad 🍣	8.95
seasoned grilled salmon skin	
Ohitashi	4.95
boiled spinach in a light soya sauce	

Tempura

Appetizer Tempura	8.95
2 prawns and 3 fresh vegetables	
Assorted Tempura	15.95
3 prawns and 7 fresh vegetables	
Deluxe Tempura	26.95
assorted seafood and fresh vegetables	
Prawn Tempura (7 pieces)	15.50
Seafood Tempura	19.95
9 pieces of assorted seafood	
Vegetable Tempura	12.95
9 assorted fresh vegetables	
Tempura by the Piece	
Seafood	2.25
Vegetables	1.50

Zen Sides

Rice	1.95
Sushi Rice	2.95
Stir-fried Vegetables	4.95
Zen House Spicy Sauce	1.95
Egg Noodles	3.95

Appetizers

Edamame	5.95
steamed soy beans	
Agedashi Tofu	5.95
deep fried tofu	
	Spicy 6.95
Zen Kara Age	
	Chicken 9.95
	Calamari 9.95
Gyoza (5 pieces)	6.95
japanese dumplings with seasoned meat and vegetables	
Isobe Age	8.95
spicy albacore tuna paté rolled in nori and served tempura style	
Soft Shell Crab	17.95
breaded and lightly fried	

A La Carte

Seafood Teriyaki	24.95
assortment of premium seafood with vegetables	
New York Steak Teriyaki	24.95
8 oz. new york cut “canadian AAA” strip loin served with vegetables	
Chicken Teriyaki	14.95
breast of chicken served with vegetables	
Beef Teriyaki	14.95
teppan grilled sliced beef served with vegetables	
Salmon Teriyaki 🍣	19.95
teppan grilled then oven baked sockeye salmon with vegetables	
Katsu	10.95
breaded deep fried chicken or pork	
Katsu Don	11.95
breaded deep fried chicken or pork on rice	
Yaki Soba / Yaki Udon	9.95
stir-fried noodles with choice of beef, chicken, tofu or vegetables	
Unagi Don	17.95
barbecued freshwater eel on rice	
Ten Don	12.95
assorted tempura on rice	
Udon Soup	9.95
choice of chicken, beef or tempura	

Robata

Yakitori	6.95
barbecued grilled chicken	
Hotate Bacon Maki	6.95
scallops wrapped in bacon	
Asparagus and Bacon Maki	6.95
asparagus wrapped in bacon	
Oyster Motoyaki	7.95
baked pacific oysters with a creamy sauce	
Seafood Motoyaki	11.95
assorted seafood baked with a creamy sauce	
Gindara 🍣	17.95
canadian sablefish marinated in sake miso sauce	
Garlic Short Ribs	14.95
grilled marinated short ribs	
Hamachi Kama	15.95
grilled yellowtail cheek	

Specialty Temaki (Cone)

Egg and Egg	11.95
uni with ikura	
Ahi Poke Cone	7.95
spicy seasoned ahi tuna	

Desserts

Ice Cream	4.95
vanilla, mango, green tea or coconut	
Deep Fried Bananas	5.95
served with your choice of ice cream	
Chocolate Brownie	7.50
dark chocolate brownie, warm gooey centre served with your choice of ice cream	
Homemade Shortbread	6.50
served with your choice of ice cream	

PLEASE ASK SERVER FOR
OUR DAILY SPECIAL



Ocean Wise
A Vancouver Aquarium Conservation Program

Sashimi Selections

Appetizer Sashimi	14.95
7 pieces of selected sashimi	
Chef’s Selection Sashimi	24.95
9 pieces of selected sashimi	
Salmon Sashimi (5 pcs) 🍣	12.95
wild Sockeye Salmon	
Tuna Sashimi (5 pcs) 🍣	9.95
wild Albacore tuna	
Tuna & Salmon Sashimi (5 pcs) 🍣	11.95
2 pieces of wild pacific sockeye salmon & 3 pieces of wild Albacore tuna	
Ahi Tuna Sashimi (5 pcs) 🍣	16.95
red tuna	
Hamachi Sashimi (5 pcs)	16.95
yellowtail	
Toro Sashimi (5 pcs) 🍣	18.95
wild Albacore tuna belly	
Amaebi Sashimi (5 pcs) 🍣	M/P
BC sweet spot prawn	
Jalapeno Hamachi	18.95
Thinly sliced hamachi w/ jalapeno peppers	
Tuna Carpaccio 🍣	13.95
thinly sliced seared albacore tuna served with ponzu sauce	
Ahi Tuna Carpaccio 🍣	19.95
thinly sliced seared ahi tuna served with ponzu sauce	
Tuna 🍣	9.95
Salmon 🍣	12.95
Tuna and Salmon 🍣	11.95
Ahi Tuna 🍣	16.95
Tuna Tataki 🍣	12.95
charred rare Albacore tuna with ponzu sauce	
Ahi Tuna Tataki 🍣	18.95
charred rare ahi tuna with ponzu sauce	
Beef Sashimi	18.95
thinly sliced rare “Canadian AAA” beef served with ponzu sauce	