



**3610 Avenue B.
San Antonio, TX 78209
(210) 826-7877**



"All Taste, No Gluten!"

All items are 100% gluten-free.

They are also free of dairy, eggs, soy, corn, and nuts, unless otherwise noted.

Allergens marked with an asterisk (*) can be omitted upon request.

We are so proud of our bread that every dish we serve comes with it.

Beverages

Coffee (triple strength "Rush").	\$1.95	(36)
(If this doesn't get you going, know that you are already gone!)		
Iced Tea (unsweetened).	\$1.95	(37)
Orange or Pineapple Juice	\$1.95	(38)
Sierra Mist Natural (with cane sugar)	\$1.95	(43)
Diet Coke.	\$1.95	(39)
Mexican Coke (with cane sugar).	\$2.50	(40)
Hot Tea (see our range).	\$2.50	(41)
Lime-aides (choose a flavor)	\$2.95	(42)
Raspberry Blueberry Blackcurrant Sour Cherry		



Starters

Side Salad

A small plate of fresh, organic greens topped with bell peppers, cucumbers, and cherry tomatoes. Choose one of our delicious dressings. **\$9.95** (20)

Garlic Bread

A warm, fresh bun dripping with freshly made garlic butter. Comes with a side of our fresh, homemade marinara sauce for dipping. **\$ 4.95** (7)

For the Rug Rats

PB&J *(contains peanuts*)*

A fresh-baked bun slathered with creamy peanut butter and sweet jam. Served with seasonal fruit **\$ 4.95** (8)

Grilled Cheese *(contains dairy)*

A fresh bun filled with the best quality cheeses and toasted to perfection. Served with seasonal fruit. **\$ 5.95** (9)

Hot dog

An all-beef frank in a fresh bun, served with potato chips and a pickle (single) **\$ 5.95** (49)
(double) **\$ 7.95** (50)



Soups and Salads

Soup of the Day

Ask your server for today's tasty soup Cup **\$4.95** (1)
Bowl **\$5.95** (2)

House Salad

Organic baby spring mix of greens covered in bell peppers, cucumbers, and cherry tomatoes dressed with your choice of our delicious dressings. **\$9.95** (3)

Greek Salad *(contains dairy*)*

We use our delicious house salad as a base and then we add a generous helping of feta cheese and black olives, with your choice of dressing. **\$ 10.95** (4)

Summer Salad

Starting off with a house salad, we hand pick the most succulent, in-season fresh berries to grace this celebration of salad, with your choice of dressing. **\$ 10.95** (5)

Mango, Rosemary, or Gypsy Chicken Salad

Take your pick of our sweet mango chicken, garlic rosemary chicken, or roasted tomato "gypsy" chicken served on a bed of fresh greens. **\$ 11.95** (6)

Salad Dressings *(Made from scratch on-site. Fructose-free)*

Orange Crisp (Olive oil, orange oil, garlic, sugar, water, lemon)

Lime Tang (Olive oil, sugar, vinegar, lime oil, garlic)

Honey Mustard (Olive oil, sugar, mustard, turmeric, vinegar, garlic)

Sides & Extras

Side of Pizza Sauce	\$1.50	(21)
Side of Cilantro Pesto.	\$1.50	(22)
Additional Dinner Roll with non-dairy butter.	\$1.99	(51)
Add extra Chicken	\$2.95	(23)
Add extra Beef or Lamb.	\$3.95	(24)

Large To Go Container.	25¢	(25)
Small To Go Container	20¢	(26)
To Go Cup with Lid.	20¢	(26)

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Big Tucker

All dishes are served with a side salad and fresh bread.
Not that hungry? Get it without a salad for \$3.00 off.

Pasta Bake (contains egg, dairy)

Layers of vegetables, cheese, and pasta in a roasted bell pepper & tomato sauce, topped with creamy cheese and our famous cilantro pesto. **\$ 10.95** (10)

Pie of the Day

You would call this a pot pie—it has an upper and lower crust stuffed with slow-cooked meat and/ or vegetables. Ask your server which is available today: beef, chicken, or spinach & feta. **\$ 11.95** (11)

Big Bloke Sandwich (contains dairy*)

Moist roast beef or your choice of chicken (mango, gypsy or rosemary, or gypsy) on a garlic-buttered bun, melted in place with baby swiss cheese. **\$ 9.95** (12)

Homestyle Quiche (contains egg, dairy)

Our delicious, fresh-baked quiche, filled simply with a blend of aged cheddar, cream, and eggs, baked into a crispy butter pie crust. **\$ 10.95** (13)

Lamb Big Bloke Sandwich (contains dairy*)

This is a Big Bloke like no other, with a slice of slow-roasted New Zealand lamb melted in place with extra baby swiss cheese. Served with sides of bell pepper relish and cilantro pesto **\$ 11.95** (14)

The Great Big Aussie Sanger (contains dairy*)

The ultimate Bloke is now here! We dress this one with lettuce, tomato, bell peppers, peanut butter, yogurt, a hint of chili, and roasted bell pepper sauce. Served with fresh, seasonal fruit. **\$ 9.95** (15)



Pizzas (contains dairy*)

**All of our pizzas are made fresh when you order—
give us 20 minutes or call ahead.**

Pizza sauce and mozzarella cheese are included on all pizzas,
unless exclusion is expressly requested.

Large pizzas can be split no more than 50/50.

Personal pizzas cannot be split for toppings. No more than 3
toppings on a personal pizza.

The Big Cheese

Stick to the basics—homemade tomato sauce topped with
creamy mozzarella cheese. Personal (8") **\$8.95** (16)
Large (12") **\$ 16.95** (18)

Pepperoni

Another classic favorite—tomato sauce & mozzarella cheese
covered in pepperoni Personal (8") **\$8.95** (16)
Large (12") **\$ 18.95** (17)

Meat Lovers'

This one is piled high with bacon, shredded chicken, and
pepperoni. Add up to three vegetables of your choice at no
additional charge Large (12") **\$ 18.95** (17)

Veggie Lovers'

Packed to the brim with all the fresh veggies we could find—
mushrooms, bell peppers, onions, tomatoes, and black
olives, topped with fresh feta Large (12") **\$ 16.95** (18)

The Lot

How hungry are you? We pile this one high with just
about all the meat and vegetables we can find! Bring your
appetites for this pizza! Large (12") **\$ 20.95** (19)

Create Your Own

Can't decide? Create your own! Choose from the toppings
listed below. Personal (8") **\$8.95** (16)
Large (12") starting at **\$ 16.95**

Choose your Toppings (up to three for a personal):

- Mushrooms • Spinach • Bell peppers
- Chicken • Black Olives • Pepperoni
- Bacon Bits • Onions • Greek Feta
- Cherry Tomatoes

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Save Room for Dessert!

Check Out Our Cabinet for Today's Selection

Single-layered Cake Slice **\$5.75**
Multi-layered Cake Slice **\$6.95**
Chocolate Extreme Brownie **\$5.45**
Cookies (2-pack) **\$2.95- \$3.45**

Ask about our dessert specials and whole pies!



About The Little Aussie Bakery & Cafe

The Little Aussie Bakery & Cafe is the inspiration of Australian Registered Nurse and mother of five, Rita Sturzbecher. Rita and her husband, John Apostolovic, arrived in the States in 2003, working as nurses until they established the bakery in November 2006. Rita, John and their children all have gluten issues, and Rita always saw to it that the whole family ate well.

Rita refined this simple philosophy in the makeup of the Little Aussie Bakery. Simply put, Rita created a Bakery/ Cafe that catered for people with dietary issues, particularly the whole spectrum of gluten issues. But it was never good enough for Rita to hear, "Oh that's not bad for gluten-free," from her customers. Rita's aim was for people who don't have dietary issues to be able to eat her food and say, "That was delicious!" Hence our mission statement boiled down to "All taste, No Gluten!"

The Little Aussie Bakery and Cafe has come a long way since 2006. We now ship our bread and other bakery items throughout the United States. We are recognized as a resource in Texas and the whole of the US for people with the whole gamut of dietary issues, from parents with Autistic children to folks that want to have better control over their diabetes. And of course, The Little Aussie Bakery is totally gluten free. Rita sees to it that all of our staff are more knowledgeable than our customers. There is nothing you can't ask, so you won't be left guessing!