



# 3 Girls Gourmet

## Sammiches

Whole Sammich w Gourmet Chips  
or Half Sam w Soup or Salad

**~Italian Stallion~ \$7.50**

Salami, Ham, Smoked Turkey & Provolone w Pickled  
Red Onion & House Pesto on House Focaccia,

**~Divine Swine~ \$6.75**

Pulled Pork w House BBQ & Slaw on Onion Bun

**~Pink Panini~ \$6.75**

Roasted Beets & Humboldt Fog, Orange Zest,  
Arugula 'n Balsamic Syrup on House Focaccia

## Soup of the Day

Cup w/ Hunka Focaccia \$2.50

Bowl w/ Hunka Focaccia \$4.75

*Just ask! A rotating menu of Chicken Tortilla,  
Vegan Lentil, Squash Bisque, Cheddar 'n Ale,  
Minestrone, Corn Chowder, Creamy Shroom  
and many many more!*

## Salads

Side w/ Hunka Focaccia \$2.50

LG w/ Hunka Focaccia \$6.75

**~3 Girls in da House...Salad~**

Organic Mixed Greens w Crumbled Gorgonzola, Candied Walnuts & Sliced Strawberries  
with Honey-Balsamic Vinaigrette

**~Hail Caesar~**

Grilled Wedge of Romaine with Shaved Parm, Garlic-Focaccia Croutons,  
Scratch Made Dressing & an Anchovy. Yum!

**~Mediterranean Quinoa~**

Organic Quinoa, Roasted Peppers, Kalamatas, Red Onions, Capers 'n Herbs

## For Snackin'

**~Hummus Yummus~ \$6.75**

Weekly Selection of Hummus w Grilled Pita,  
Sliced Cucumbers & Greek Feta

**~Say Cheeeese~ \$8.50**

Weekly Selection of Gourmet Cheeses with Focaccia Crisps,  
a lil bit of Fruit & Candied Walnuts

## Quiche of the Day

Served with House Salad

\$6.50

## Beverages

Café Moto Fair Trade/ Organic  
Gourmet Teas

Coffee 'n Espresso

Original Bottled Beverages

And Complimentary Spa Water

## Sweet Tooth

**~House Granola~**

Large Bag \$5.95

**~Skinny Minny Power Bites~**

Sm Bag \$3.25/Lg Bag \$5.95

**~Complementary Desserts~**