



Good source of Protein
 Excellent Source of Fiber
 Low Fat, No Cholesterol, No Saturated Fat
 Naturally Gluten Free
 Kosher Certified

Barbeque

Sea Salt

Honey Roasted

Cinnamon Maple

Nutrition Facts	
Serving Size 1/4 cup (28g)	
Servings Per Container About 2	
Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 7g	26%
Sugars 0g	
Protein 5g	
Vitamin A 2% • Vitamin C 2 %	
Calcium 2% • Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet.	

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Cholesterol 0mg	0%
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Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 19g	6%
Dietary Fiber 6g	24%
Sugars 4g	
Protein 5g	
Vitamin A 0% • Vitamin C 0%	
Calcium 2% • Iron 6%	
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Ingredients:

Chickpeas, Brown Rice Syrup, Sea Salt, Evaporated Cane Juice, Sunflower Oil, Gum Arabic, Sunflower Lecithin, Yeast Extract, Paprika, Onion Powder, Tomato Powder, Garlic Powder, Citric Acid, Natural Smoke Flavor, Vitamin E, Paprika Extract, Red Pepper

Ingredients:

Chickpeas, Brown Rice Syrup, Sea Salt, Sunflower Oil, Gum Arabic, Sunflower Lecithin, Vitamin E

Ingredients:

Chickpeas, Pure Cane Sugar, Honey, Sunflower Oil, Gum Arabic, Sunflower Lecithin, Honey Powder, Sea Salt, Vitamin E

Ingredients:

Chickpeas, Pure Cane Sugar, Maple Syrup, Sunflower Oil, Gum Arabic, Sea Salt, Cinnamon, Sunflower Lecithin, Vitamin E

Allergen Info: Made in a facility that uses tree nuts