

COMBO PAKS

Combo paks provide a sampling of your favorite seafood and hawaiian barbecue meats.

	Mini Pak (Serves 2-3)	Family Pak (Serves 4-6)
Barbecue Mix Combo	21.99	42.99
<i>Mini Pak: 9 pcs BBQ Chicken/ 3 pcs BBQ Beef/ 3 pcs Short Ribs</i>		
<i>Family Pak: 12 pcs BBQ Chicken/ 6 pcs BBQ Beef/ 6 pcs Short Ribs</i>		
Seafood Combo	22.99	43.99
<i>Mini Pak: 9 pcs Fried Shrimp/ 6 pcs Fish Fillet/ 12 pcs Scallops</i>		
<i>Family Pak: 18 pcs Fried Shrimp/ 12 pcs Fish Fillet/ 24 pcs Scallops</i>		
Seafood & BBQ Combo	23.99	45.99
<i>Mini Pak: 2 pcs BBQ Chicken/ 2 pcs BBQ Beef/ 2 pcs Short Ribs/ 9 pcs Fried Shrimp/ 3 pcs Fish Fillet</i>		
<i>Family Pak: 4 pcs BBQ Chicken/ 4 pcs BBQ Beef/ 4 pcs Short Ribs/ 18 pcs Fried Shrimp/ 6 pcs Fish Fillet</i>		

PARTY PAKS

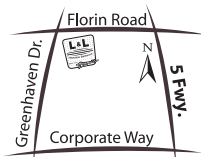
	Half Pan (Serves 6-9)	Full Pan (Serves 10-15)
Barbecue Mix Combo	59.99	105.99
<i>Half Pan: 18 pcs BBQ Chicken/ 9 pcs Beef/ 9 pcs Short Ribs</i>		
<i>Full Pan: 36 pcs BBQ Chicken/ 18 pcs Beef/ 18 pcs Short Ribs</i>		
Seafood Combo	69.99	129.99
<i>Half Pan: 30 pcs Fried Shrimp/ 15 pcs Fish Fillet/ 15 pcs Scallops</i>		
<i>Full Pan: 60 pcs Fried Shrimp/ 30 pcs Fish Fillet/ 30 pcs Scallops</i>		
Seafood & BBQ Combo	69.99	129.99
<i>Half Pan: 14 pcs BBQ Chicken/ 9 pcs Beef/ 9 pcs Short Ribs/ 14 pcs Fried Shrimp/ 7 pcs Fish Fillet</i>		
<i>Full Pan: 28 pcs BBQ Chicken/ 12 pcs Beef/ 12 pcs Short Ribs/ 28 pcs Fried Shrimp/ 14 pcs Fish Fillet</i>		

THE HAWAIIAN PLATE LUNCH

A combination of Asian and American cuisine, the traditional Hawaiian plate lunch consists of two servings of rice, a serving of macaroni salad and a generous serving of a hot entrée. The cuisine is infused with an ingredient unique to the islands - the warm spirit of Aloha. Traditionally served with white rice and macaroni salad, we now offer a healthier option with brown rice and tossed greens.

Northern California

Sacramento
Lake Crest Shopping Center
1030 Florin Road
Sacramento, CA 95831
Tel: (916) 392-5555
Fax: (916) 392-5556



Visit our web site for all of our locations
www.hawaiianbarbecue.com

Gift Certificates Available Here

CATERING

Calorie contents per individual serving • Individual Serving size = 1 piece or 1 scoop

	Small (14 pcs)	Medium (24 pcs)	Large (48 pcs)
Chicken			
Chicken Katsu	23.99	35.99	66.99
BBQ Chicken	23.99	35.99	66.99
Beef			
BBQ Beef	27.99	41.99	75.99
BBQ Short Ribs	27.99	41.99	75.99
Pork			
Kalua Pork	27.99	42.99	79.99
Seafood			
Fried Fish Fillet	(14 pcs) 29.99	(22 pcs) 41.99	(46 pcs) 79.99
Fried Shrimp	(24 pcs) 27.99	(40 pcs) 42.99	(72 pcs) 71.99
Side			
Steamed Rice (white or brown)	(18 pcs) 9.99	(28 pcs) 12.99	(56 pcs) 24.99
Macaroni Salad	13.99	19.99	37.99
Healthy Salad	15.99	28.99	39.99
Lumpia (Pork)	(50 pcs) 29.99	(100 pcs) 49.99	(150 pcs) 79.99
Musubi			
Grilled Spam	(14 pcs) 23.99	(22 pcs) 35.99	(44 pcs) 64.99
Chicken Katsu	25.99	36.99	69.99
Hawaiian BBQ Chicken	25.99	36.99	69.99
Portuguese Sausage	26.99	37.99	69.99
Dessert			
Malasadas	(50 pcs) 18.99	(100 pcs) 36.99	(150 pcs) 49.99

THE STORY OF THE ORIGINAL HAWAIIAN BARBECUE®

Hawaiian Barbecue was coined by Eddie Flores and Johnson Kam, founders of L&L, the Original Hawaiian Barbecue®, and winner of many awards that include Best Plate Lunch, Best Cheap Eats, Best of Honolulu, and Best Casual Restaurant.

Flores and Kam expanded L&L Hawaiian Barbecue through their long-standing reputation of serving a fusion of Asian and American dishes in generous portions and low prices in Hawaii and the U.S. mainland. L&L's original recipe for Hawaiian Barbecue® is inspired by Hawaii's comfort food - the Hawaiian plate lunch.

L&L Hawaiian Barbecue® is the only Hawaiian-based company that successfully expanded across the United States. L&L has over 200 locations in Alaska, Arizona, California, Colorado, Hawaii, New York, Nevada, Oregon, Texas, Utah, Washington, American Samoa, Japan, and New Zealand...and growing!



Take Out • Dine In • Catering

Sacramento

Lake Crest Shopping Center
1030 Florin Road
Sacramento, CA 95831

Tel: (916) 392-5555

Fax: (916) 392-5556

Open Daily

Monday - Thursday: 11 am - 9:30 pm

Friday - Saturday: 11 am - 10 pm

Sunday: 11 am - 9 pm

“Best Plate Lunch”

“Hawaii’s #1 Barbecue”

“Best Chicken Katsu”

“Best Local Food”

We cater for all occasions
www.hawaiianbarbecue.com

COMBINATION PLATE LUNCH

Seafood Combo (614 ~ 1094 cal)	8.99
<i>Fried Shrimp and Fish Fillet w/ Choice of</i>	
A. BBQ Beef B. BBQ Chicken C. BBQ Short Ribs D. Kalua Pork E. Chicken Katsu	
Seafood Platter (667 cal)	8.99
<i>Fried Shrimp, Fish Fillet and Scallops</i>	
BBQ Mix Plate (630 cal)	8.99
<i>Hawaiian BBQ Chicken, Beef and Short Ribs</i>	
Atkins BBQ Mini Plate (380 cal)	5.99
<i>Hawaiian BBQ Chicken, Beef, and Egg</i>	
Atkins BBQ Plate (810 cal)	8.99
<i>Hawaiian BBQ Chicken, Beef, Short Rib and 2 Eggs</i>	

BEST PLATE LUNCH IN HAWAII

*Mini: 1scoop of white rice (150 cal) or brown rice (160 cal); and choice of macaroni salad (350 cal) or tossed green salad (23 cal).
Regular: 2 scoops of white rice (300 cal) or brown rice (320 cal); and choice of macaroni salad (350 cal) or tossed green salad (23 cal).*

SEAFOOD

	<i>Mini</i>	<i>Reg.</i>
Fried Shrimp (332/580 cal)	5.75	7.75
<i>Plentiful of deep-fried shrimp cooked to perfection. In Hawaii, we call it real "ono".</i>		
Fried Fish Fillet (290/435 cal)	5.99	7.99
Garlic Fish Fillet (267/401 cal)	5.99	7.99
Garlic Shrimp (65/117 cal)	5.99	7.99

BEEF

	<i>Mini</i>	<i>Reg.</i>
Hamburger Steak (530/795 cal)	5.75	7.75
<i>Homemade hamburger served with gravy... Hawaiian style!! You will never find a better hamburger anywhere.</i>		
Hawaiian BBQ Beef (220/330 cal)	5.99	7.99
BBQ Short Ribs (320/480 cal)	5.99	7.99
<i>Juicy beef short ribs marinated in our house BBQ sauce and grilled to perfection.</i>		
Loco Moco (370/725 cal)	5.75	7.75
<i>Savory homemade hamburger patties over rice covered with brown gravy and topped with eggs. Served island style... a local favorite.</i>		

CHICKEN

	<i>Mini</i>	<i>Reg.</i>
Hawaiian BBQ Chicken (360/540 cal)	5.75	7.75
<i>Hawaii's hottest seller. Grilled boneless chicken marinated in our special L & L Hawaiian barbecue sauce.</i>		
BBQ Chicken Breast (360/540 cal)	5.99	7.99
Chicken Katsu (700/1050 cal)	5.75	7.75
<i>Everyone's favorite. Crispy breaded chicken filet served with our famous katsu dipping sauce.</i>		
Chicken Katsu Curry (785/1163 cal)	5.75	7.75
<i>Chicken katsu with a blend of potatoes & carrots in a rich L & L curry flavor sauce.</i>		
Chicken Cutlet w/Gravy (730/1095 cal)	5.75	7.75
<i>Golden crispy breaded chicken topped with a special L & L brown gravy.</i>		

HEALTHIER PLATES

(Served w/ 1 scoop brown rice & fresh tossed greens.)

Healthy BBQ Chicken (363 cal)	6.75
Healthy BBQ Chicken Breast (363 cal)	6.99
Healthy Salmon Patty (458 cal)	7.99
Healthy Garlic Fish Fillet (423 cal)	7.50
Healthy Garlic Shrimp (273 cal)	7.99

PORK

	<i>Mini</i>	<i>Reg.</i>
Kalua Pork w/Cabbage (480/560 cal)	5.99	7.99
Pork Lau Lau (240/480 cal)	6.99	9.99
Kalua Pork & Lau Lau Combo (720 cal)		9.50

BURGERS

Combo includes French Fries (450 cal) and Regular Soda (varies)

	<i>Single</i>	<i>Double</i>
Hamburger (433/683 cal)	1.99	2.99
BBQ Hamburger (438/698 cal)	1.99	2.99
Cheeseburger (503/823 cal)	2.25	3.25
BBQ Cheeseburger (508/838 cal)	2.25	3.25
Hamburger Combo (438/698 cal)	4.99	5.99
Cheeseburger Combo (508/838 cal)	5.50	6.50

SANDWICHES

*To make any sandwich deluxe add \$0.55 (8 cal)
Combo includes French Fries (450 cal) and Regular Soda (varies)*

Spam & Egg Sandwich (508 cal)	2.99
Portuguese Sausage & Egg (484 cal)	3.25
Hawaiian BBQ Chicken Sandwich (358 cal)	3.25
BBQ Chicken Breast Sandwich (358 cal)	3.50
BBQ Beef Sandwich (288 cal)	3.50
Fried Shrimp Sandwich (460 cal)	3.50
Fried Fish Fillet Sandwich (356 cal)	3.50
Add Combo	2.99

Nutritional information may vary; except for Healthier Plates, calorie counts for plates include protein only but not dipping sauce, dressing, starch and salad items subject to customer choice.

Recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

We use Zero Trans Fat Cooking Oil.

MUSUBI

A block of rice w/ your choice of meat wrapped in flavored, dried seaweed.

Grilled Spam Musubi (280 cal)	1.99
Chicken Katsu Musubi (338 cal)	2.25
Hawaiian BBQ Chicken Musubi (253 cal)	2.25
Portuguese Sausage Musubi (253 cal)	2.25

SAIMIN

Fresh ramen noodles w/ our specially prepared broth.

Plain Saimin (383 cal)	3.99
Grilled Spam Saimin (503 cal)	4.50
Hawaiian BBQ Chicken Saimin (563 cal)	4.99
BBQ Chicken Breast Saimin (563 cal)	5.25
Chicken Katsu Saimin (733 cal)	5.25
BBQ Beef Saimin (493 cal)	5.25
Fried Shrimp Saimin (632 cal)	5.25

HAWAIIAN BBQ BOWLS

Served over white rice w/ fresh steamed vegetables.

Hawaiian BBQ Chicken Bowl (430 cal)	4.99
BBQ Chicken Breast Bowl (430 cal)	5.25
Chicken Katsu Bowl (600 cal)	5.25
Kalua Pork Bowl (432 cal)	5.25
BBQ Beef Bowl (360 cal)	5.25

SALAD

Tossed Green Salad (33 cal)	5.50
Hawaiian BBQ Chicken Salad (222 cal)	6.75
BBQ Chicken Breast Salad (222 cal)	6.99
Chicken Katsu Salad (392 cal)	6.75
Fried Shrimp Salad (355 cal)	6.99

SIDE ORDER

	<i>Small</i>	<i>Regular</i>
French Fries (350/450 cal)	1.59	1.99
Gravy Fries (480 cal)		1.99
Steamed White Rice 1 scoop (150 cal)		1.29
Macaroni Salad 1 scoop (350 cal)		1.29

BREAKFAST

Portuguese Sausage, Eggs & Rice (846 cal)	6.50
Spam, Eggs & Rice (1110 cal)	6.50

SOFT DRINKS

Small (0 ~ 275 cal)	1.59
Large (0 ~ 440 cal)	1.89
Hawaiian Sun Drink (varies)	1.59
Bottled Soda of Juice (varies)	1.89
Bottled Water (0 cal)	1.49
Sobe (varies)	2.25