

## Body Care

Body Polish	30 min	\$55
<i>(Scrub sloughs away dead skin cells)</i>		
Sea Salt Glow	30 min	\$55
Herbal Wraps	45 min	\$65
<i>(Detoxify, nourish, reduce cellulite)</i>		
Body Massage	30/60 min	\$50/95
<i>(Swedish, Aromatherapy or Pre-natal)</i>		
Deep Tissue Massage	30/60 min	\$55/105
Infant/Child Massage	15/30 min	\$25/45
Reiki	from	\$50

## Just for Men

Back Facial:	45 min	\$75
Fitness Facial:	45 min	\$75
<i>A thorough cleansing, toning &amp; herbal exfoliation combined with soothing and nourishing mask, to help relief razor burns, skin dryness and irritation.</i>		
Back or Chest Wax:	from	\$55
Scalp massage:		\$25
T-Zone mini Facial:		\$50
<i>Cleansing, toning, exfoliation, extractions.</i>		



## Hair Clinic:

### 3 MONTH LASER HAIR LOSS CONTROL PROGRAM.

Laser Hair Therapy is a non-surgical treatment of hair loss and thinning hair. Medically tested and proven to be safe and over 90% effective. This program is proven to stop hair loss and regrow hair. \*Series is required for optimum results.

25 minutes \$80      Series of 14 \$1,120

Hair cut	\$55
Blow Dry	\$35
Up do	\$65
Color	from \$60

**RESERVATIONS:** Our Hours: Monday through Friday 10 am - 7 pm; Saturday 10 am - 6 pm. Please call us during our hours and we will be happy to assist you with an appointment. To guarantee your appointment time, we require a credit card or gift certificate number.

#### APPOINTMENTS

We encourage our guests to relax and slowly unwind 15 minutes prior to their session. Being on time for your appointment is greatly appreciated so that you receive your full service and our other guests are not inconvenienced.

#### DISCLOSURE

Please make sure to discuss any health conditions with our specialist prior to your service as some product may cause adverse reaction.

#### CONFIDENTIALITY

We are dedicated to keeping all personal and medical information confidential and well-secured.

**CANCELLATIONS:** Kindly notify us at least 24 hours in advance to avoid a 50% charge to your credit card.

#### GRATUITY

Gratuity is not included in your spa service fee and is left to your discretion.

**RETURNS:** If, for any reason, you are not fully satisfied with product/services, bring in the receipt and the unused product within a week and we will issue a spa credit towards products. No cash refunds are given.

## Gift certificates



are available for all services, products and packages. You can order it in person, by fax, email or telephone. We will be happy to mail your gift certificate to the designated recipient.

### WE USE THE WORLD-CLASS SKIN CARE LINE

PHYTOMER



# R

# USSIAN SPA



*Beauty  
and  
Laser  
Clinic  
for Men  
& Women*

166 Geary Street, #609,  
San Francisco, CA 94108

(on Union Square,  
near Neiman Marcus  
& CHANEL)

[www.russianspa.com](http://www.russianspa.com)

Tel: (415)391-7090





## Russian Spa

### Menu:

### Facials

#### RUSSIAN CAVIAR FACIAL :

Lavish your skin with pure Caviar extract.. Classic Russian revitalizing deep pore cleansing treatment with caviar mask. Enjoy many benefits such as increasing skin oxygenation and suppleness of our most relaxing facial, while a Rosee Visage eye compress is placed on your eyes to soothe.

One Hour \$130

#### MINI FACIAL

Too busy to take care of your skin? We'll deliver your choice of exfoliation, purification, hydration and rejuvenation in minutes! Good for a lunchtime, big night or wedding day!

30 minutes \$60

#### DELICATE DEFENSE FACIAL .

Phytomer Accept Soothing Facial  
Great for rosacea and sensitive skin. This extra gentle facial designed on base of award winning green sea weed extract, Chlorella, to calm and balance irritated skin.

One Hour \$110

#### WHITECLAT TREATMENT

Phytomer Whitening Facial.  
Even out age spots, sun damage, and overly pigmented skin tissues. An alliance of all natural marine ingredients safely and gently fades hyper pigmentation marks by regulating the skin.

One Hour \$135

#### OLIGOPURE TREATMENT

Phytomer Purifying Facial  
This mild facial effectively rids skin of impurities and excess sebum, diminishes blemishes and acne. A treatment begins with anti-bacterial OligoPure cleansing Gel with Zinc and Red algae followed by non-irritating toning gel and skin-healing velvety mask with Clay and Laminaria. For maximum results, this treatment recommended in a series of 4 to 6.

(Teens 17 & under 20% off) One Hour \$110

#### OGENAGE FACIAL

This treatment prevents and repairs signs of aging skin. Starts with massage on the back . Followed by cleansing milk with Laminaria and soothing toner with Marine Spring Water and Roses. After exfoliation, extractions Aqualift Mask applied. Skin is visibly younger and firmer!

One Hour \$130

Receive 10% off your purchase  
of a series of six or more facials.



#### ADDITIONS

Lash Perm	\$85
Eyelash Tint	\$35
Brow Tint	\$20
Glycolic or Lactic Acid Treatment	\$40
<i>Good for dull or sun-damaged skin)</i>	
Pure Collagen Velvet Mask	\$45
<i>(Intensive hydration for fine lines and wrinkles)</i>	
Thermal Remodeling Mask	\$55
<i>(Lifting, restoring facial contours)</i>	
Ultra Sonic Therapy	\$35
<i>(Increases product penetration &amp; erase fine lines)</i>	
Eye Contour, Lips or Oxygen Treatment	\$25
Skin Tags, Moles, Warts removal from	\$35
<i>(Safe, non-invasive, immediate result)</i>	

## Laser Therapy

#### Russian Spa is proud to introduce Low Level Laser Treatment.

FDA has approved LLLT for cosmetic use, finding that it helps to treat **acne, sun burns**, rosacea and rejuvenates aging skin, with no down time and in some cases, immediate results. Low Level Laser stimulates cellular regeneration and collagen production, improving the appearance of your skin. Laser light reverses hair loss, revitalize and repair hair. Let's make you look and feel beautiful!

#### 7 WEEK LASER FACELIFT PROGRAM

Through 7 or more sessions the body is encouraged to produce great cells! LLLT will reduce visible capillary vessels, redness, sun-damaged skin and fine lines by gently treating the epidermis.

25 minutes \$100

Series of 7 \$700

#### WAXING

Eyebrow Shape	\$25	Lip or Chin	\$15
Underarms	\$25	Side of Face	\$20
Back or Chest	\$55	Bikini/Brazilian	\$45/60
Full Arms	\$50	Half Arms	\$35
Full Legs	\$70	Half Legs	\$40





# Russian Spa Menu: Facials

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25 minutes \$100  
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## WAXING

Eye Brow Shape	\$25	Lip or Chin	\$15
Underarms	\$25	Side of Face	\$20
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Eyebrow Shape	<b>\$25</b>	Lip or Chin	<b>\$15</b>
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