SOUP DU JOUR **$4**

SALADS

MIXED GREENS **$5**

GOAT CHEESE SALAD **$7**

CHICKEN SALAD **$8.50**
Marinated chicken breast, swiss cheese, avocado, pepper, tomato and balsamic dressing.

SMOKED DUCK SALAD **$11**
Warm potatoes, string beans and tarragon dressing.

NICOISE SALAD **$9.50**
Canned tuna, tomatoes, boiled egg, cucumber, pepper, string beans, nicoise olives and Dijon mustard vinaigrette.

QUICHE DU JOUR **$4.50**

PLAT DU JOUR **M.P.**

PASTA DU JOUR **$5/8**

SPECIALITY

KEFTA PIE **$5**
Ground beef, potato and spiced

GOAT CHEESE CIGAR **$3.50**
With spinach and caramelized onions.

SPICY BEEF CIGAR **$3.50**
Ground beef, spiced and harrissa.

PROSCIUTTO AND GOAT CHEESE CIGAR
With pesto sauce **$3.50**

SANDWICHES

- BENY'S BREAKFAST **$6.50**
French ham, swiss cheese omelet, red pepper sauce in a rosemary bread.

- CHICKEN SANDWICH **$8**
Marinated chicken breast, tomato, swiss cheese, avocado & harrissa mayonnaise.

- WHOLE WHEAT CROQUE MONSIEUR $6
French ham, swiss cheese and bé-chamel.

- CROQUE MONSIEUR **$5**
French ham, swiss cheese and bé-chamel.

- LE NORMAND **$8**
Melted camembert, baby spinach and caramelized onion.

- PAN BAGNA **$7.50**
Can tuna, tomato, boiled egg, cucumber, red peppers, nicoise olive and Dijon mustard.

- RICOTTA SANDWICH **$6**
Pesto ricotta and tomato in a rosemary bread.

- LE MOZZA **$6.50**
Fresh mozzarella, tomato, pesto in a kalamata bread.

- LE FRENCH HOT DOG **$6**
Smoked sausage, swiss cheese, Dijon mustard in a baguette.

- LE JAMBEUR **$7**
French ham, butter, cornichon.

LES MINI SANDWICHES **$3.50**

- Tomato, mozzarella and pesto
- Brie cheese and butter
- French ham, butter and cornichon

3 Sandwiches for $10

- COLD CUT SANDWICH **$7**
(Daily selection)

Add Vegetables for .50
Add Cheese for $1.00

CROISSANTS

- Ham & Swiss cheese **$3.50**
- Blue, walnuts & onions **$3.50**
- Mixed mushrooms **$4**
- Beny's Delice **$5.50**

(French ham, Swiss, Omelette, Peppers)

CRÊPES

Sweet

- Banana Nutella **$4.30**
- Strawberry **$4.50**
- Sugar **$3.50**

Savory

- Ham & Swiss **$5**
- Sautéed Mushrooms **$5**
- Blue cheese, caramelized onions & Walnuts **$5**

Add 1 egg $1

GRANOLA

Small $3.50 / Large $4.00

- Raspberry
- Strawberry
- Banana
- Pear/Honey

COFFEE

	Small	Medium	Large
Regular	1.25	1.75	2.25
Café au lait	1.25	1.75	2.25
Expresso	1.75	2.45	3.00
Cappuccino	2.75	3.25	4.00
Latte	2.75	3.25	4.00
Tea	1.50	1.75	2.00
Iced coffee	2.00	2.50	
Iced latte	3.50	4.00	
Iced cappuccino	3.50	4.00	
Iced expresso	2.75	3.25	

VIENNOISERIES

Croissant	$2.00
Chocolate croissant	$2.25
Chocolate Almond croissant	$2.25
Raisin croissant	$2.25
Almond croissant	$2.25
Apple turnover	$2.25
Sugar Brioche	$2.25
Chouquette	$0.25

PATISSERIES

Religieuse	$3.50
Chocolate éclair	$3.25
Chocolate Praline Dôme	$4.25
Fraisier	$4.25
Framboisier	$4.25
Black Forest *with cherry Amaretto*	$4.25
Choco & Vanilla	$4.25
Beny's Delice	$4.25
Chocolate Mousse *and Orange Crème Brûlée*	$4.25
Crème Brûlée	$3.50
Tiramisu	$3.75
Chocolat Pot de crème	$3.50
Napoleon	$4.00
Flan	$3.25
Petite Douceur	$1.00
Macaron	$1.00
Cookies	$0.75

TARTELETTE — $3.25

- Chocolate/Pear
- Pear
- Apricot
- Lemon
- Apple Pie
- Banana Cream Pie
- Raspberry and Almonds
- Raspberries
- Strawberries
- Blueberries

TART

(9 INCHES)	**$18**
(12 INCHES)	**$24**

WE DO CATERING FOR ALL OCCASIONS, CALL US FOR INFORMATIONS.

PATISSERIE

Beny's Delice

GOURMET SPECIALITIES



Beny's Delice

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OPEN DAILY FROM 7am to 9PM