

## Breakfast

Bagel with butter...\$ .99

Bagel with cream cheese... \$1.29

Egg, Cheese and Meat sandwich (bacon or sausage or ham or beef)... \$2.89

The Jumbo- Double Egg, Cheese and Meat on a freshly baked croissant...\$4.49 combo...\$5.49

Breakfast Combo- Breakfast sandwich (excluding The Jumbo) with tots and a small coffee... \$3.89

Oatmeal- with special cranberry, walnut and brown sugar topping...\$2.79

Yogurt Parfait- Yogurt, fruit and granola w/raisins...\$2.99

Tater Tots...\$ .75

(Egg whites available upon request)

Bread choices- bagel, white, wheat, rye, Kaiser roll, freshly baked croissant, Ciabatta roll, tortilla wrap, multi-grain skinny bread

## Sandwiches

Turkey Breast...\$5.79

Corned Beef...\$5.99

Pastrami (served heated)...\$5.99

Tuna Salad...\$ 5.79

Chicken Salad- white meat chicken salad...\$ 5.79

Ham and Cheese- baked ham topped with your choice of cheese...\$ 5.29

Roast Beef- seasoned roast beef...\$ 5.69

Chicken BBQ- on a Kaiser Roll with a side of Cole Slaw...\$5.79

BLT- Bacon, lettuce, tomato and mayo on your choice of bread...\$3.29

¼ LB. All Beef Hot Dog- on Freshly Baked Roll ...\$2.99

chili, cheese and sauerkraut available at an additional cost

Powerhouse- lettuce, tomato, cucumbers, sprouts and cheese served on whole wheat bread...\$5.25

Grilled Cheese- your choice of bread and cheese...\$3.29

Cheese selection: American, Swiss, Provolone, Pepper Jack

Bread choices- bagel, white, wheat, rye, Kaiser roll, freshly baked croissant, Ciabatta roll, tortilla wrap, multi-grain skinny bread

## Grilled Chicken Sandwiches

Grilled Chicken Breast- served on a Kaiser roll with lettuce and tomato...\$5.95

Spicy Chicken Breast- served on a Kaiser roll topped with our special blend of seasonings, lettuce, tomato and Chipotle mayonnaise...\$6.25

Chicken Cordon Bleu- Chicken breast topped with ham, Swiss, lettuce and tomato served on a toasted Ciabatta roll...\$6.99

Tuscan Chicken- Chicken breast topped with basil, red pepper strips, lettuce, tomato and mozzarella cheese served on a Ciabatta roll...\$6.59

## Deli Specialties

Reuben- Hot Corned Beef or Turkey or Pastrami, sauerkraut, swiss and 1000 island dressing on toasted rye bread...\$ 6.99

Rachel- Hot Corned Beef or Turkey or Pastrami, cole slaw, swiss and 1000 island dressing on toasted rye bread...\$ 6.99

Toasted Roast Beef- our seasoned roast beef served hot, topped with blue cheese mayo on a Rosemary Ciabatta roll...\$6.75

Italian Cold Cut- assorted Italian meats and provolone cheese served on a sub roll with lettuce, tomato and house dressing...\$5.99

Triple-Decker Club- your choice of meat includes lettuce, tomato, bacon and mayo...\$6.99

Quiche with Soup or Salad- your choice of our fresh quiche paired with a cup of soup or a small salad...\$4.75



## Fresh Salads

Green Salad- fresh greens, cucumbers, tomatoes, carrots and purple cabbage with your choice of dressing

Side salad...\$1.99 Full salad...\$3.95

Full with grilled chicken topping...\$5.95

Caesar Salad- chopped romaine, croutons topped with parmesan cheese

Side salad...\$1.79 Full salad...\$3.75

Full with grilled chicken topping...\$5.75

Chef Salad- fresh greens, cucumbers, tomatoes, carrots and purple cabbage topped with turkey, ham, cheese, egg, with your choice of dressing...\$6.59

Greek Salad- fresh greens, cucumbers, tomatoes, carrots and purple cabbage, olives, pepperoncini, feta cheese and served with our Greek dressing...\$6.59

The Express Salad- Spring Mesclun Mix topped with tomatoes, blue cheese crumbles, cranberries, walnuts and grilled chicken...\$6.95

Available dressings- Ranch, Bleu Cheese, Caesar, Thousand Island, Lite Italian, Fat Free Ranch

Fruit Salad Cup- a cup of fresh seasonal melons and berries...\$2.75

## Wings and Things

Buffalo Wings- Buffalo wings served with your choice of ranch or bleu cheese dipping sauce...\$5.99

Chicken Tenders- Chicken tenders served with your choice of dipping sauce...\$5.99

## Soups

Maryland Crab- Cup...\$2.69 Bowl... \$3.69

Chili- Cup...\$2.69 Bowl... \$3.69

shredded cheese available for an additional \$.50

Soup of the Day- Cup... \$2.29 Bowl...\$3.29

Prices Subject to change without notification 5/23/2011

### Sides (sizes and prices vary)

Cole slaw  
Potato salad  
Potato chips

### Beverages

Pepsi, Diet Pepsi, Sierra Mist, Coke,  
Diet Coke, Sprite,  
Bottled water, assorted juices and iced teas

### Extras

Cheese (American, Swiss, Provolone, Pepper Jack)...\$.50  
Sauerkraut...\$.25  
Chili...\$.50  
Bacon...\$.50  
Extra Tomatoes...\$.50

### Desserts by



Cakes - Whole or by the Slice  
Cookies, Cupcakes, Pastries & Donuts



*Rum Bundt Cake*



*Midnight Mousse Torte*

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