

## FRUITS & JUICES

### "NATURAL'S" FRESHLY SQUEEZED ORANGE JUICE

Glass \$2.35    Large \$3.25    1/2 Liter \$4.95  
Full Liter \$6.95

### BREAKFAST BANANA SPLIT

A split banana filled with strawberries, blueberries and strawberry yogurt. Sprinkled with sweet crunchy granola.

**\$5.75**



### DUTCH APPLE OATMEAL

Hearty Oats laced with dutch apples and raisins. Toasted Bagel or Saucy-Cinnamuffin & cream cheese.

**\$5.95**

### FRUIT-FILLED CREPES

Two crepes filled with your choice of fruit and topped with whipped topping and cinnamon.

**\$5.95**

### NAPOLEON'S TOAST

Two slices of custard french toast and two strips of bacon or two savory sausage links.

**\$5.85**

### FRESH FRUIT PLATE

Fresh fruits in season surrounding a dish of strawberry yogurt for dipping.

**\$6.35**

### ASSORTED JUICES

Mott's Natural Apple, Tomato or Ocean Spray Cranberry.

**\$2.35**

## DAYBREAKS

### OATMEAL & FRUIT

Hearty Oats & a dish of fruit.

**\$4.75**

### PANCAKE COMBO

Two fluffy griddlecakes, two fresh eggs and two strips of bacon or two savory sausage links. Whipped blended butter and warm syrup.

**\$6.95**

### BREAKFAST BAGEL SANDWICH

A buttery grilled bagel with scrambled eggs, cheese and two hickory bacon strips. Choice of accompaniment.

**\$5.95**

## COCKLEDOODLES

Early morning "Classic American Breakfasts".

Choice of fresh fruit chunks, sliced tomatoes, grilled potatoes, grits, or oatmeal.

Toast, biscuit & gravy or english muffin.

### YANKEE DOODLE

Two large fresh eggs with choice of savory sausage links or patties, hickory-smoked bacon, corned-beef hash, or grilled ham steak.

**\$7.35**

### TWO EGG DOODLE

Two fresh eggs and choice of accompaniments.

**\$6.25**

### COUNTRY DOODLE

Chicken-fried steak and eggs.

**\$9.25**

### COOP 'N TURF

Two fresh eggs with a grilled Sirloin Steak.

**\$10.95**

## THE BENNIES

Choice of grilled potatoes, fresh fruit chunks, grits, or oatmeal, along with dutch apples & tomato garni.

### EGGS BENNY

Two poached eggs and a grilled ham steak on a toasted english muffin. hollandaise.....\$8.95

Smothered with

### IRISH BENNY

Irish style with corned-beef hash.....\$8.95

### PACIFIC BENNY

A benedict grilled salmon filet.....\$9.25

## MOLLYCODDLES

Scrambled eggs coddled with choice ingredients en casserole.  
Served with grilled potatoes, tomato slices, fresh fruit, grits, or oatmeal. Toast or english muffin.

### MISTY SEASIDE CODDLE

Seafood crab, cream cheese & dill weed mollycoddled in scrambled eggs till velvety. Hollandaise on the side.

\$8.45

### MIGAS CON CHORIZO

Tortilla chips, bell peppers, onions & chorizo coddled in scrambled eggs. Melted cheese, diced tomatoes, sour cream & chives on top, salsa on the side and jalapenos on request. Ole!

\$8.35

### SPINACH & BACON CODDLE

Fresh spinach, mushrooms, scallions and crispy bacon all coddled in velvety scrambled eggs. Topped with melted cheese, diced tomatoes and chives.

\$8.35

### COUNTRY CODDLE

Smokey ham & scallion chives mollycoddled in ribbons of cream cheese & velvety scrambled eggs.

\$8.35

## FRENCH CUSTARD TOAST

Sourdough Vienna dipped in a rich french-custard batter of vanilla, brown-sugar with a pinch of cinnamon and nutmeg. Grilled golden brown and topped with a whipped blend of butter and dusted with powdered sugar. Saucy fruit on the side.

### EFFEL'S ORIGINAL

Simply the best French Toast this side of the Seine River !

\$7.25

### EFFEL'S ROYAL TOAST

French Toast with your choice of a side of hickory-smoked bacon, sausage, a grilled ham steak, or corned beef hash.

\$8.25

## BREAKFAST SKILLET

Two "steam-basted" eggs looking at you from atop seasoned grilled potatoes with a regalia of ingredients and melted cheeses. Served with toast, english muffin, biscuit & gravy, or bagel.

### COUNTRY BUMPKIN SKILLET

Grilled potatoes with sausage, onions, creamy country gravy and melted cheese.

\$7.95

### SMOKEY-TOPI SKILLET

Grilled potatoes, diced smoked ham and fresh mushrooms with melted smokey provolone.

\$8.25

### BASIC BREAKFAST SKILLET

Seasoned grilled potatoes, onions and melted cheese underneath two "steam-basted" eggs.

\$6.95

### HOT HICKORY SKILLET

Grilled potatoes with hickory-smoked bacon, diced fresh tomatoes, onions, jalapenos and provolone.

\$8.25

### MEXI-SKILLET

Skillet with grilled potatoes, chorizo, green chilis, onions & salsa with melted jack and cheddar cheeses.

\$8.75

## BELGIAN WAFFLES

An European deep-crevassed delight! Whipped blended butter topped and powdered sugar dusted.

### BELGIAN WAFFLE

A Belgian-Ironed deep-pocketed waffle. Crisp and golden brown. \$6.75

### FRUIT WAFFLE

Mounded with strawberries, dutch apples, bananas, blueberries, or mixed. whip-topping and toasted almonds. \$6.95

Decorated with

### ROYAL BELGIAN WAFFLE

A Belgian Waffle with a side of bacon, sausage patties or links, grilled ham steak, or corned beef hash. \$8.25

## GRIDDLECAKES

Our "from scratch" pancakes are ultra-light and stacked two-high on the plate, fresh off the griddle. Served with warm syrup.

**CHOCOLATE CHIP GRIDDLECAKES**  
\$6.05

**PLAIN GRIDDLECAKES**  
\$5.75

**WHEATGERM GRIDDLES**  
\$6.15

**BLUEBERRY & GRANOLA**  
\$6.25

**GRANOLA & ALMONDS**  
\$6.15

**BLUEBERRY GRIDDLECAKES**  
\$6.05

### ROYAL GRIDDLECAKES

Your choice of Griddlecakes with a side of sausage, bacon, ham, or corned beef hash.  
\$7.95

## BREAKFAST COMBOS

"Classic American Breakfast Plates" of two fresh eggs, grilled potatoes & choice of two bacon strips, two sausage (links or patties), 1/2 a ham steak, or corned beef hash combined with an early morning classic of your choice.

### BIG BISCUIT BREAKFAST

Two pan-baked biscuits smothered with savory sausage gravy and served with all the eggstras.  
\$8.45

### CUSTARD TOAST COMBO

"Eiffel's Original" custard toast and all the eggstras.  
\$8.45

### GRIDDLECAKE BREAKFAST

Two fluffy-light griddlecakes and all the eggstras.  
\$8.45

### BELGIAN WAFFLE COMBO

A Belgian waffle with two eggs, your choice of meat and grilled potatoes.  
\$8.45

## WHOLE-EGG OMELETS

Grilled potatoes, sliced tomatoes, fresh fruit, grits, or oatmeal. Toast, biscuit & gravy, or english muffin.

### WESTERN OMELET

Ham, bell peppers, onions & cheese. Salsa on side.  
\$8.15

### HAM 'N CHEESE

Smokey diced ham and provolone cheese.  
\$8.35

### THE SINK

Ham, bacon, sausage, fresh veggies, mushrooms and cheese. Capped with cheese, and a tomato wheel dolloped with sour cream and chives.  
\$9.25

### SPANISH OMELET

Omelet stuffed with green chilis, onions and cheese. Covered with salsa, more cheese, sour cream & chives. With Mexican Chorizo Sausage add .50 cents.  
\$8.35

### FAJITA OMELET

Beef or Chicken, peppers, onions & cheese. Melted cheese, diced tomatoes, guacamole, sour cream and chives on top. Salsa on the side.  
\$9.15

### CHEEZEY CHEEZE

Jack, cheddar and provolone. Add diced bacon or sausage for just 50 cents.  
\$7.95

### SPINACH & BACON

Fresh spinach, bacon, mushrooms, cream cheese and chives. Hollandaise on the side.  
\$8.55

### SIDES

ONE EGG...\$2.25 TWO EGGS...\$2.95

SILOAM STEAK, FISH FILET, OR CHICKEN BREAST...\$7.25

HAM, SAUSAGE, BACON, OR CORNED BEEF HASH...\$3.95

TOASTED BAGEL, ENGLISH MUFFIN, OR TOAST...\$2.45

GRILLED POTATOES...\$2.95 WITH MELTED CHEESE AT NO EXTRA CHARGE.

## EGG-WHITE FOLDERS

Protein-packed egg-white omelets. Choice of grilled potatoes, fresh fruit, sliced tomatoes, grits, or oatmeal, and toast, biscuit & gravy, or english muffin.

### NORTHERN EXPOSURE

Flaked salmon, fresh spinach, mushrooms & cheese.  
Melted cheese and salmon on top.

**\$8.35**

### GREEN CHILI-CHICK FOLDER

Green chilis, lean breast of chicken, fajita veggies & cheese. Salsa on the side.

**\$8.25**

### SPINACH & BACON FOLDER

Hickory-smoked bacon, fresh spinach, mushrooms & cheese tucked, folded and topped with melted cheese, diced tomatoes, mushrooms and chives.

**\$8.25**

### GRANDMA'S GARDEN

Seasonal fresh veggies, & cheese tucked, folded and topped with melted cheese, diced tomatoes & chives.

**\$8.15**

## BEDFORD'S BEST BURGERS

1/2 lb with lettuce, tomato & onion on a Kaiser Roll with soup, salad, fruit, or fries. Pickle spear garni.

### CHEESEBURGER

Choice of cheese and plenty of it!

**\$7.19**

### PATTY MELT

A true classic on grilled rye with swiss cheese and grilled onions.

**\$7.19**

### BACON CHEESEBURGER

Lotza cheese & 2 strips of bacon.

**\$7.29**

### BEDFORD BREAKFAST BURGER

A fried egg on a bacon cheeseburger.

**\$7.39**

## PASTAS & CREPES

"Crepes" are served with grilled potatoes or fresh fruit, and dutch apples.  
All served with warm dinner rolls.

### CHICKEN OSCAR CREPES

Chunky chicken breast, mushrooms, broccoli and diced tomatoes in cream sauce stuffed into two French Crepes. Creamy hollandaise & fresh parsley.

**\$8.25**

### PASTA CHICKEN

Penne Pasta sauted with fresh veggies in garlic/basil olive oil. Topped with a grilled chicken breast cut julienne, parmesan cheese and parsley.

**\$8.55**

### SEAFOOD OSCAR CREPES

Stuffed crepes of seafood crab, mushrooms, broccoli, diced tomatoes & cream sauce. Covered with hollandaise, diced tomatoes & fresh parsley.

**\$8.35**

### PASTA SALMON

We saute penne pasta and fresh veggies in garlic/basil olive oil and top with a broiled salmon filet. Sprinkled with parmesan and fresh parsley.

**\$9.50**

## "GOODNESS GRACIOUS" GREAT GRAZIN' GREENS

Fresh grazin greens of crisp romaine lettuce piled-high. Surrounded with your choice of a vegetable medley of tomato wedges, red and green bell peppers, purple onion & cucumbers, or a variety of fresh fruit chunks. Boiled egg half, croutons and warm dinner rolls.

### GRILLED GREAT GRAZIN

Crispy Great Grazin Green Salad topped with a grilled Sirloin Steak, grilled Breast of Chicken, or Fire-Broiled Salmon Fillet.

**\$8.35**

### CAESAR SALAD

Fresh Romaine tossed in Caesar dressing, parmesan cheese & croutons. Choice of Sirloin Steak, Grilled Chicken Breast, or Broiled Salmon.

**\$8.35**

### CHEF'S SALAD

Julienne strips of ham and turkey with monterey jack and cheddar cheese.

**\$7.95**

### CHICKEN SALAD SALAD

Chunky white chicken, celery, toasted almonds and red grapes in a creamy mayo dressing.

**\$8.25**

## HOAGIES, PITAS & MELTS

Served with choice of soup, fresh spinach salad with a warm bacon dressing, caesar salad, tossed green garden salad, fresh fruit or fries.

### TEXAS CHEESESTEAK HOAGIE

Fajita seasoned beef or chicken, grilled with sweet red & green peppers, onions, mushrooms with melted provolone on a grilled hoagie.

**\$8.99**

### TURKEY VEGGIE MELT

Julienne slices of roasted breast of turkey, sauteed fresh veggies, melted provolone and sliced tomatoes on grilled sourdough.

**\$9.19**

### KNIFE & FORK BLT

A grilled hoagie open-faced with mayo, stacked with chopped greens, sliced tomatoes and crispy hickory smoked bacon. Topped with melted cheese & chives.

**\$8.99**

### CAJUN BAYOU CHICK

Cajun-spiced grilled breast of chicken topped with melted provolone & two strips of crisp bacon. On a grilled hoagie with lettuce, tomatoes and mayo.

**\$8.99**

### PITA FAJITA

Fajita seasoned beef or chicken sauteed with sweet bell peppers & onions. Folded into a soft grilled warm pita. Guacamole salad and salsa.

**\$9.29**

### CHICKEN-SALAD PITA

Our awesome chicken-salad mounded on crisp green leaf with ripe tomato slices, all tucked and folded into a grilled warm pita.

**\$8.99**

## BLUE PLATE SPECIALS

Choice of soup of the day, fresh spinach salad with a warm bacon dressing, caesar salad, or garden salad. Rice or potatoes, fresh fruit chunks or vegetable of the day, and warmed dinner rolls.

### CHICKEN-FRIED

Steak or Chicken. Breaded, fried and smothered with cream gravy.

**\$9.59**

### GRILLED ON THE FLATTOP

Sirloin Steak, Chicken Breast, or Salmon or Catfish Filet. Seasoned, seared and served just the way you want it.

**\$9.89**

### OSCAR STYLE

Chicken Breast, Sirloin Steak, Salmon, or Catfish dusted in flour and saute grilled. Topped with seafood crab, broccoli and creamy hollandaise.

**\$9.99**

### FRIED CATFISH

Catfish fillets cornmeal breaded & deep-fried. Homemade tartar sauce on the side.

**\$9.89**

### CAST-IRON BLACKENED

Cast-Iron skillet method of dredging steak, chicken, or fish in cajun spices and "white-hot" blackening.

**\$9.99**

## DRINKS & ALA MODES

### MILK & CHOCOLATE MILK

Small....\$2.39 Large....\$2.79

### BEVERAGES WITH FREE REFILLS

Coffee, Decaf, Iced Tea, Arnold Palmer, Hot Chocolate, Hot Tea, Coke, Diet Coke, Dr. Pepper, Sprite, or Minute Maid Lemonade

**\$2.39**

### PIE ALA MODE

Fresh Baked Pie with a scoop of Vanilla Ice Cream.

**\$3.25**

### FRUIT CREPE ALA MODE

Choice of fruit, or a mixture of all, warmed and tucked into a French Crepe. Dusting with powdered sugar and topped with Vanilla Ice Cream.

**\$3.75**