

Groupon Schedule

Sun	Class
8:00 AM - 9:15 AM	Power Flow 75 mins
10:00 AM - 11:30 AM	Moksha 90 minute
12:00 PM - 1:00 PM	Moksha 60 min.
3:00 PM - 4:30 PM	Yin
5:00 PM - 6:15 PM	Moksha 75 min.
Mon	Class
7:00 AM - 8:00 AM	Moksha 60 min.
10:00 AM - 11:15 AM	Moksha 75 min.
12:00 PM - 1:00 PM	Moksha 60 min.
1:30 PM - 3:00 PM	Community Class
4:00 PM - 5:00 PM	Moksha 60 min.
Tue	Class
7:00 AM - 8:00 AM	Power Flow 60 mins
10:00 AM - 11:15 AM	Power Flow 75 mins
12:00 PM - 1:00 PM	Moksha 60 min.
4:00 PM - 5:00 PM	Power Flow 60 mins
Wed	Class
7:00 AM - 8:00 AM	Moksha 60 min.
10:00 AM - 11:15 AM	Moksha 75 min.
12:00 PM - 1:00 PM	Power Flow 60 mins
1:30 PM - 3:00 PM	Moksha 75 min.
4:00 PM - 5:00 PM	Moksha 60 min.
Thu	Class
7:00 AM - 8:00 AM	Power Flow 60 mins
10:00 AM - 11:15 AM	Power Flow 75 mins
12:00 PM - 1:00 PM	Moksha 60 min.
4:00 PM - 5:00 PM	Power Flow 60 mins
Fri	Class
7:00 AM - 8:00 AM	Silent Music Moksha
10:00 AM - 11:15 AM	Moksha 75 min.
12:00 PM - 1:00 PM	Moksha 60 min.
1:30 PM - 3:00 PM	Yin
4:00 PM - 5:00 PM	MokshaMusic
5:30 PM - 6:45 PM	Power Flow 75 mins
7:15 PM - 8:15 PM	Moksha 60 min.
Sat	Class
8:00 AM - 9:15 AM	Moksha 75 minute
10:00 AM - 11:30 AM	Power Flow 90 mins
12:00 PM - 1:00 PM	Moksha 60 min.
3:00 PM - 4:30 PM	Community Class
5:00 PM - 6:15 PM	Moksha 75 min.