



BENGAL RESTAURANT

AUTHENTIC BENGALI CUISINE



2, 9261-34 AVENUE, EDMONTON, ALBERTA
T6E 5T5

TELE: 780-485-2271

DINE IN / TAKE OUT / CATERING

SOUPS



\$3.95

\$3.95

ils, tomato paste,

\$3.95



Highly seasoned soup consisting of chicken, tomatoes, lemon juice, and other spices

VEGGIE SOUP

\$2.95

Fresh mixed vegetables cooked with lime leaves and delicious spices

PAYA SOUP

\$4.95

Goat or lamb paya cooked with cardamom, cinnamon, bay leaf, black pepper, cumin with fresh garlic, ginger, and onion

APPETIZERS

SPECIAL KABAB COCKTAIL (CHICKEN)

\$5.95

Kabab cut in small pieces cooked with tomato paste, butter, and cream with cooking wine

CHICKEN PAKORA

\$3.95

Chicken breast mixed with fresh onion, garlic, ginger, cilantro green chilli, kali jeera, basan cooked in deep fryer

FISH PAKORA

\$3.95

Fillet fish mixed with fresh onion, garlic, ginger, cilantro, Green chilli, kali jeera, basan cooked in deep fryer

SINGARA (SAMOSA)

\$2.95

Mixed Vegetable/Aloo motor (one order= 2 pieces)

CHICKEN SAMOSA

\$3.95

ONION BHAJI

\$2.95

VEGETABLE PAKORA

\$2.95

PIYAJU

\$2.95

Crushed red lentils mixed with onions, green chilli, coriander leafs and basan cooked in deep fryer

CHATPUTI

\$3.95

Yellow peas cooked with onion, tomatoes, eggs, potatoes, dry chillies served with lemon wedges, And coriander leaves

ALOO CHOP

\$2.95

Mashed potatoes mixed with different Asian spices in deep fryer (Two pieces)

VEGETABLE CHOP

\$3.95

Mixed vegetables with different Asian spices in deep fryer (Two pieces)

VEGETABLE SPRING ROLL

\$3.95

BEGUNEE

\$3.95

EGG CUTLET/CRUMBLE/CHOP

\$3.95

TANDOORI DISHES

(All tandoori dishes cooked in special clay oven served on sizzlers with fresh salad and Naan)

TANDOORI CHICKEN

FULL \$16.95

HALF \$8.95



rice,
salad and fresh mint sauce

Marinated in special Bengal tandoori sauce

CHICKEN TIKKA

\$9.95

Boneless chicken, marinated with yogurt, ginger, garlic, turmeric and paprika overnight

CHINGRI (SHRIMP) TANDOORI

\$14.95

Shrimp marinated with yogurt, ginger, garlic, turmeric and paprika over night

MAACH (FISH) TANDOORI

\$8.95

Fish marinated in yogurt and spices cooked in our clay oven, served with naan / polau

MAANGSO (MEAT) DISHES Chicken / Lamb

CHICKEN TIKKA MASALA

\$9.95

Chicken Tikka cooked with green pepper, red pepper, onion, and tikka sauce

BUTTER CHICKEN

\$9.95

Chicken Tikka cooked with tomato paste, butter, cream, and kesurimethi

KHORMA

\$9.95/10.95

Boneless meat cooked with cardamom, bay leaves, cinnamon, yogurt, cream, butter, and cashew nuts

REZALA

\$9.95/10.95

Boneless meat cooked with tomato sauce, yogurt, and special spices

JAAL PIYAZU

9.95/\$10.95

Boneless meat cooked with green pepper, onion, and thick tomato sauce

VINDALOO

\$9.95/10.95

Wine marinated meat cooked with potato, onion, and spicy tomato sauce



(Goat ordered on request)

1 tomatoes

\$9.95/10.95

to sauce

\$9.95/10.95

with lemon wedges

\$9.95/10.95

\$9.95

\$10.95

\$10.95

ind sauce

\$10.95

EGG

EGG OMELLET CURRY

\$6.95

CHINGRI (SHRIMP) DISHES



CHINGRI (SHRIMP) BHORTA

\$13.95

Blended shrimp cooked with ginger, garlic, onion, tomatoes, green chilli, turmeric, cumin, and fresh coriander leaves

SARISA CHINGRI (SHRIMP)

\$13.95

Shrimp cooked with onion and mustard sauce

SABJI CHINGRI (SHRIMP)

\$13.95

Shrimp cooked with mix vegetables

CHINGRI (SHRIMP) MASALA

\$13.95

Shrimp cooked with ginger, garlic, and thick tomato sauce

GHEE CHINGRI (SHRIMP)

\$13.95

Shrimp cooked with cardamom, cinnamon, bay leaves, and ghee

SHRIMP MALAICURRY

\$13.95

Shrimp cooked with butter and creamy sauce

GOAN SHRIMP

\$13.95

Shrimp cooked with shredded coconut, bay leaves, cinnamon, and coconut milk

MAACH (FISH) DISHES (All fish dishes with lime leaves)

SARISA ILISH (HILSHA)

\$11.95

Fish cooked with onion, mustard sauce, and mustard oil

RUHI KHALIA

\$8.95

Fish cooked with onion, tomato, kalijeera, and potatoes

KATAL KHALIA

\$8.95

MAACH BHUNA

\$9.95

Fish cooked with ginger, garlic, onion, tomato sauce, and lemon wedges

MAACH BHORTA

\$6.95

MAACH BHAJEE

\$7.95

TENGA MAACH

\$9.95

Fish cooked with shatkora and tamarind sauce

LOTI-FISH CURRY

\$9.95

MURIGHANTO

\$9.95

Fish head cooked with rice, lentil, onion, tomatoes, and spices

PABDHA/KOI/BAACHA BHUNA

\$9.95

DRY FISH DISHES

SIDDLE BHORTA

\$6.95

LOTI-SIDDLE CURRY

\$6.95

LOTI-LOITYA SHUKTI CURRY

\$6.95

JACKFRUIT/BEAN SEEDS SHUKTI CURRY

\$6.95

BENGAL SPECIAL SHUKTI CURRY

\$6.95



SAABJI (VEGETABLES) DISHES

LABRA (SPECIAL MIXED VEGETABLE)

\$6.95

Mixed vegetables cooked with Bengali common spices (Panchforan)

BEGUN (EGG PLANT) BARTHA

\$7.95

ALOO BORTHA

\$5.95

VENDI (OKRA) MASALA

\$7.95

SAAG PANEER

\$8.95

Homemade cheese fried in butter cooked with spinach and mild spices

ALOO PHOOLKOPI (potato and cauliflower)

\$6.95

SAAG ALOO

\$7.95

Spinach and potatoes

MASUR (RED LENTILS) DAAL

\$6.95

CHANA MASALA

\$7.95

Chick peas cooked with potatoes, onion and spices

MATAR PONEER

\$8.95

Green peas and home-made paneer cooked with Indian spices

DAAL MAKHNI

\$8.95

CHANA BATURA

\$7.95



\$2.95

\$3.95

\$11.95

and other spices)

\$9.95

\$10.95

HILSHA POLAU

\$9.95

MATAR POLAU

\$5.95

CHINGRI (SHRIMP) BIRAYINI

\$13.95

VEGITABLE BIRAYINI

\$6.95

KHICHURI

\$6.95

EGG FRIED RICE

\$6.95

PANTHA-ILISH ONLY FOR PHOHELA BAISKAH (SPECIAL) **\$10.95**



ROTI (Breads)



PORATA	\$2.95
MUGLAI POROTA	\$3.95
ALLOOPORATA	\$2.95
ONION NAAN	\$2.95
DAAL POORI	\$2.95
PLAIN POORI	\$1.95
DESSERTS	
ROSMALAI	\$3.95
ROSOGOLLA	\$2.95
GOLAB JAM	\$2.95
MANGO KULPI	\$3.95
MANGO SHAKE	\$2.95
MANGO LASSI	\$2.95
SALT LASSI	\$2.95
SWEET LASSI	\$2.95
SPICY LASSI	\$2.95
BORHANEE	\$3.95
FALOODA	\$3.95

SALADS

GREEN SALADS	\$4.95
MIXED SALADS	\$4.95
CUCUMBER/TOMATO SALADS	\$4.95
CHICKEN SALADS	\$4.95



MASALA CHAAI

REGULAR TEA/COFFEE

ONION SALAD

\$2.95

BEVERAGES

SOFT DRINKS

\$1.55

JUICES

\$1.95

\$1.95

\$1.55

DRINKS

DOMESTIC BEER

\$3.55

IMPORTED BEER

\$3.95

HARD DRINKS (SINGLE SHOT)

\$4.95

HARD DRINKS (DOUBLE SHOT)

\$8.95

WINE (RED/WHITE)

\$3.95

WINE (RED/WHITE) half litter

\$12.95

WINE (RED/WHITE) one litter

\$22.95

SPECIAL FOR THE BENGAL'S CHEF

BENGALI BHUJAN

\$17.95

Polau rice, ghee, aloo bhaji, daal, sabji, papadum fried fish, chicken roast, and dessert

THANKS FOR COMING