

**USAGE:** Take 1 tablet 1 or 2 times per day or as directed by your qualified healthcare professional.

**NOTE:** DO NOT use if allergic to pineapples, honeybee stings or olive pollen. Swallow quickly with a full glass of liquid. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Bromelain** is a protein-digesting (proteolytic) enzyme extracted from pineapple sap and stem. Bromelain contains other active components that may have effects on inflammatory response and healing.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Jarrow**  
F O R M U L A S

# Bromelain

**Suitable for Vegans**

**1000**  
GDU

**60**  
TABLETS

**DIETARY  
SUPPLEMENT**



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

## Supplement Facts

Serving Size 1 Tablet      Servings Per Container 60

	Amount Per Serving	% DV
Bromelain	1,000 GDU†	*

\* Daily Value not established.

† GDU, Gelatin - Digesting Units

Other Ingredients: Cellulose, calcium phosphate, maltodextrin, stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide and a food grade coating.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

**Suitable for vegetarians/vegans.**

**Quality Assurance:** Purity of product assured by High Performance Liquid Chromatography.

04313BROM60    PROD # 123006



Lot #. Best Used Before:

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