

## Salads

### Soft Shell Crab Salad

*Fried crab with Diced red onions, tomatoes, avocado, cucumbers and cheese. . . . . \$9.99*

### Chicken Fajita Salad

*Chicken, peppers, onions, tomatoes, jack and cheddar with Italian dressing served with tortilla chips. . . . . \$8.99*

### Paradise Salad

*Pecans, strawberries, mandarins, cranberries, gorgonzola cheese served with mango vinaigrette. . . . . \$7.99*

### Garden Salad

*Bacon, tomatoes, cucumbers, jack and cheddar with your choice of dressing. . . . . \$5.99*

### Caesar Salad

*Fresh romaine, garlic croutons and parmesan cheese tossed in Caesar dressing. . . . . \$5.99*

*(Add chicken \$3, shrimp \$4 or fish \$5 to any salad.*

*Our dressing choices include Ranch, Blue Cheese, Thousand Island, Mango Vinaigrette, Honey Mustard, Spicy Island and Italian Dressing).*

## Entrees

### Sesame Ginger Salmon

*Grilled Atlantic salmon glazed with Asian sesame ginger sauce served with garden risotto and grilled asparagus. . . . . \$14.99*

### Shrimp and Grits

*Shrimp sautéed in lemon butter with fresh garlic, scallions, parsley and chopped bacon served over creamy cheese grits . . . . . \$13.99*

### Seafood Jambalaya Pasta

*Shrimp, crawfish, andouille sausage, green onions, tomatoes and peppers in a Cajun cream sauce . . . . . \$14.99*

### Caribbean Grouper with Creamy Grits

*Grilled grouper filet served over creamy cheese grits with a Jamaican jerk sauce... . . . . \$14.99*

### Chicken Alfredo

*Grilled Chicken on pasta tossed in a creamy Alfredo sauce. . . . . \$12.99*

### Island Chicken

*Grilled Chicken breast with a curry cream sauce served with garlic parmesan risotto and grilled asparagus. . . . . \$13.99*

### Ribeye

*12 oz steak served with garlic parmesan mashed potatoes and grilled asparagus . . . . . \$14.99*

## Sandwiches

### Catfish Po Boy

*Filet of fish with tomato and cabbage with tartar sauce, served on a French bun. . . . . \$7.99*

### Shrimp Po Boy

*Deep fried or grilled shrimp with tomato, lettuce and our spicy island sauce, served on a French bun. . . . . \$8.99*

### Soft Shell Crab BLT

*A golden brown soft shell crab on grilled sourdough, layered crispy bacon, lettuce, tomato, avocado and aioli with a hint of lemon to add the sunshine. Very tasty! . . . . . \$8.99*

### Fried Grouper Sandwich

*A hand breaded Fried Grouper fillet served on a Kaiser bun with lettuce, tomatoes, avocado and spicy island sauce . . . . . \$9.99*

### Smoked Brisket Sandwich

*Delicious tender, thin sliced smoked brisket on a French bun with barbeque blue cheese sauce and red onions. . . . . \$7.99*

### Patty Melt

*A juicy burger with Swiss cheese, grilled rye bread and onions caramelized with fresh parsley and red pepper flakes. . . . . \$7.99*

### Heart & Soul Burger

*Another juicy burger with lettuce, tomato, your choice of cheese, served on a sourdough bun. . . . . \$7.99*

### Heart & Soul Veggie Burger

*A delicious vegan patty with lettuce, tomato, avocado and parmesan aioli, served on a wheat bun. . . . . \$7.99*

*(All sandwiches are accompanied by your choice of French fries, Onion rings, sweet potato fries. Sub for a side salad or a cup of fruit for a \$1 more)*

## Deserts

### Caramel Banana Cheesecake

*Pastry stuffed with Cheesecake; topped with bananas powder sugar and caramel . . . . . \$4.99*

### Pecan Cobbler

*Served with a scoop of ice cream. . . . . \$3.99*

### Peach Cobbler

*Served with a scoop of ice cream. . . . . \$3.99*

### Ice Sundae

*Vanilla Ice cream with hot fudge and a cherry. . . . . \$2.99*

## Drinks

*Unlimited Cup of Coffee . . . . . \$1.79    Sodas and Soft Drinks. . . . . \$1.99  
Hot Tea. . . . . \$1.79    Bottle Water. . . . . \$1.59  
Fresh Juices: Orange, Apple and Cranberry. . . . . \$2.29*

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illnesses, especially if you are pregnant or have certain medical conditions.*

# Heart & Soul DINER

*Serving from our Heart & Soul with Love*



**1291 West Government Street  
Brandon, MS  
601.825.9922**

Breakfast

The Awesome Waffles & French Toast

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Strawberry Cheesecake Waffle

Cheesecake, strawberries and whip cream on a waffle. .... \$5.99

Peach Cobbler Waffle

A waffle covered with peaches, streusel, whip cream and caramel. .... \$5.99

Banana Foster Waffle

A waffle covered in bananas with our foster sauce. .... \$5.99

Jamaican Chicken & Waffle Combo

Delicious Fried Chicken on top of a golden waffle topped with hot maple syrup and powdered sugar and a Jamaican jerk dipping sauce.. .... \$7.99

Plain Jane Waffle

Crispy golden waffle served with hot maple syrup. .... \$4.99

French Toast Platter

Golden French toast served with two eggs, two sausage links and two bacon strips or ham. .... \$6.99

Strawberry Banana French Toast

Cool strawberries and bananas top our delicious French toast. .... \$5.99

Banana Foster French Toast

French toast covered in bananas with our foster sauce. .... \$5.99

Non Traditional Breakfast

Benedicts

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Crab Cake Benedict

Crab cakes on fresh English muffins with poached eggs and a lemon hollandaise sauce. Served with asparagus and a taste of fruit.. .... \$9.99

New Orleans Benedict

Shrimp, crawfish, andouille sausage sautéed in a garlic cream sauce, with poached eggs on English muffins. Served with grilled asparagus and a taste of fruit. .... \$9.99

Vegetarian Benedict

Grilled portabella mushrooms, tomatoes, spinach on fresh English muffins topped with lemon hollandaise. Served with grilled asparagus and a taste of fruit. .... \$9.99

Eggs Benedict

Ham slices on fresh English muffins with two poached eggs topped with a lemon hollandaise sauce. Served with grilled asparagus and tomatoes slices. .... \$8.99

Omelets

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The Meat Lover’s

This one is loaded with diced ham, sausage, crispy bacon, green peppers and onions topped off with a melted blend of jack and cheddar cheese and homemade salsa. .... \$7.99

Chicken Florentine

A warm and delightful omelet with diced chicken, sautéed onions, mushroom, spinach, covered with melted Swiss cheese. Served with a side of hollandaise sauce. .... \$8.99

The Heart and Soul

An omelet with diced ham, green onions, and hash browns smothered with jack and cheddar. Served with sour cream. .... \$7.99

Garden of Eden

This veggie omelet has sautéed mushrooms, tomatoes, onions, and spinach with gorgonzola cheese. Yum!. .... \$8.99

Steak and Potato Omelet

An omelet packed with steak, hash browns, jalapenos, green peppers, onions, tomatoes; covered in jack and cheddar. Served with sour cream and homemade salsa. .... \$8.99

Jamabalya Omelet

This one has chicken, andoullie sausage, red peppers, green peppers, green onions and garlic; covered with jack and cheddar. Served with homemade salsa and green chile sauce. .... \$8.99

The Ham & Queso

This is one good ham and cheese omelet. Loaded with ham, Swiss, jack and cheddar. .... \$7.99

The “Pizza Pizza” Omelet

That’s right!! Pizza for breakfast! This is an omelet with pepperoni, Italian sausage, marina, melted mozzarella with parmesan cheese covering the top. .... \$7.99

The Seafood Omelet

Sauteed Shrimp, crawfish, tomatoes, green onions and red onions in a Cajun sauce. Served with lemon butter sauce. .... \$10.99

Make your own Omelet

We give you the eggs and the cheese, you decide the rest. .... \$5.99  
(Add additional items for \$.89 each. Additional charges for major meats.)

(All omelets are accompanied by a taste of fruit and your choice of either grits, toast, biscuits or an English muffin; either can be substituted for any one of our “awesome waffles” our French toasts for \$1.99)

Scramblers

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Country Scrambler

Fresh Red skin potatoes, sautéed onions, diced sausage, and cheddar cheese tossed together and topped with our delicious country gravy. .... \$7.99

Con Carne’ Scrambler

This one has bacon, ham, sausage, sautéed onions, green peppers, tossed with fresh red skin potatoes, topped with jack and cheddar. .... \$7.99

Loaded Baked Potato Scrambler

Fresh red skins topped with bacon, cheddar and sour cream. Just like a loaded baked potato. .... \$7.99

(These scramblers are served with two eggs and your choice of either grits, toast, biscuits or an English muffin)

Classic Breakfast Plates

- Ham and eggs\*..... \$6.99
- Sausage and eggs\*\*..... \$6.99
- Bacon and eggs\*\*..... \$6.99
- Smoke sausage and eggs\*..... \$7.99
- Country fried steak and eggs\*\*..... \$7.99
- Corn beef hash and eggs\*..... \$7.99
- Ribeye and eggs\*\*..... \$14.99
- Pork Chops and eggs\*\*..... \$11.99

\*These classics are served with two eggs, hash browns and your choice of either grits, toast, biscuits or an English muffin.

\*\*These classics are served with three eggs, hash browns and your choice of either grits, toast, biscuits or an English muffin.

Appetizers

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Cheese Sticks

Deep fried cheese sticks served with marinara sauce. .... \$5.99

Onion Rings

Deep fried onions served with spicy island sauce. .... \$4.99

Wings

You decide, Barbeque, Barbeque blue cheese, Asian Ginger or Hot .... \$6.99

Barbeque Bacon Cheddar Sliders:

Two sliders top with bacon, cheddar cheese and BBQ sauce. .... \$5.99

Sweet Potato Fries

Fries sprinkled with cinnamon and sugar served with honey mustard. .... \$4.99

Chicken Strips

Served with barbeque blue cheese sauce. .... \$5.99