



Massage Therapeutics, INC

Center For Wellness | Atlanta, Georgia USA

O: MassageTherapeuticsINC.com

T: 404-765-0798

E: Information@MassageTherapeuticsINC.com

Available At Your Location or Ours:

500 Lanier Ave W, Ste 411; Fayetteville, GA 30214

In Office: 30 Min. \$40 ♦ 1 Hour \$65-\$75 ♦ Hot Stone Session: \$135 ♦ In Home: 1 Hour \$90-\$125 ♦ Hot Stone Session: \$300

Neuromuscular Therapy

This therapy combines the scientific application of applied pressure, gentle ranges of motion and stretches for purpose of relieving pain and normalizing muscle tone. Its goal is to break the trigger point activity and pain-spasm-pain cycle.

Foot Acupressure

Foot Acupressure is a great therapy within itself. The feet are soaked with essential oils, then exfoliated and moisturized with our signature scrub, Honey Foot Indulgence. This acupressure stimulates over 7200 nerves that help all of our body systems get back into balance.

Deep Tissue Therapy

Deep Tissue Therapy affects the deeper layers of the soft tissue and muscle. This therapy is ideal for tight muscles and toxin release. It includes long deep strokes and sustained pressure.

Pre- Natal Massage

Pre-Natal Massage caters to expectant mothers and their changing bodies.

DeTox Massage®

DeTox Massage is an intense, deep, cleansing massage of a minimum of two and a half hours. The focus is to break-up toxins that are trapped within muscle fibers, soft tissues and encourage lymphatic activity.

Hot Stone Massage

Hot Stone Massage heightens relaxation with an awesome combination of heated stones and gentle pressure.



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Ionic Foot Bath

Each foot has over 2,000 pores through which toxins are released. By stimulating your organs and lymphatic system through channeling of positive and negative currents, stress induced and environmental toxins are removed through your feet's pores and made visible in the water of your foot bath treatment. Rebalance and detox your body in just 30 minutes.

»Recommended for Fibromyalgia, Chronic Fatigue Syndrome, Yeast Elimination, water retention & insomnia

\$35/Session

\$120/5 Session Series

CPR/ AED Certification

Always be prepared for the unexpected and help save a life. The class curriculum is in accordance with the American Heart Association. A variety of CPR Certification Levels are available: Heart Saver, Heart Saver AED, BLS Health Care Provider.

\$40/Individual Heart Saver/Heart Saver AED

\$45/Individual BLS Health Care Provider

Corporate Massage

Got stress on the job? Massage Therapeutics, INC (MTI) presents Corporate Massage. We bring massage therapy to you at your worksite. MTI furnishes Onsite Chair Massage from 5-, 10-, or 15-minute increments. Each patron remains clothed. Because it is quick and concise, Corporate Massage can easily be received during break time. It does not require much space. There are many advantages to receiving massages at work:

- »Decreases stress, tension, and anxiety
- »Enhances productivity
- »Decreases pain and injury due to repetitive motion
- »Increases mental clarity
- »Boosts morale
- »Improves problem solving with increase accuracy and speed

\$75/Therapist per hour

Massage and Body Minis

Have you ever wanted to sample everything? Well, here's your chance! Massage and Body Minis are good for individuals, gatherings, and business staff. Each individual must choose three or more services.

»Refer to our Massage and Body Minis Page.



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everything?*

*Well, here's your chance!
Massage and Body Minis are good for
individuals, gatherings and business
staff!*

Must Choose a Minimum of Three or More Services

De- Stress Head and Face Treatment Time: 25 Minutes

\$35

Designed to relax and tone muscles of the head and face with slow methodic gentle pressure that can cause your entire body to be at ease.

»Recommended for head/face muscle maintenance, headaches, migraines, sinus issues, eye tension

I ionic Foot Bath

Time: 30 Minutes

\$25

Each foot has over 2,000 pores through which toxins are released. By stimulating your organs and lymphatic system through channeling of positive and negative currents, stress induced and environmental toxins are removed through your feet's pores and made visible in the water of your foot bath treatment. Rebalance and detox your body in just 30 minutes.

»Recommended for Fibromyalgia, Chronic Fatigue Syndrome, Yeast Elimination, water retention & insomnia

Foot Acupressure

Add-On: *with Aromatherapy*

Time: 30 Minutes

\$25

45 Minutes

\$40

Foot acupressure is a great therapy within itself. The feet are soaked with essential oils, then exfoliated and moisturized with our signature scrub, Honey Foot Indulgence. This acupressure stimulates over 7200 nerves that help all of our body systems get back into balance.

Hot Stone Neck and Back Therapy

Time: 30 Minutes

\$40

Hot Stone Massage heightens relaxation with an awesome combination of heated stones and gentle pressure.

Hand and Foot Salt Glow

Time: 30 Minutes

\$40

Add-On: *with Paraffin*

Time: 10 Minutes

\$10

with Aromatherapy

\$ 5

The hands and feet are two of the hardest working parts of our bodies. Show your appreciation to them by giving them a Salt Glow. The Hand and Feet Salt Glow exfoliates, softens and moisturizes; leaving your hands and feet refreshed and renewed.

Aromatic Swedish Massage

Time: 30 Minutes

\$40

Have a gentle relaxing massage with essential oil. Allow stress to melt away.

Inversion Table

Time: 1 Minute

\$ 5

Allow your spine to be eased by lengthening it on the inversion table. Lengthening gives the spine the opportunity to decompress and to receive more nutrients.

»Recommended for back and spine maintenance, back pain



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Neuromuscular Therapy for the Neck, Shoulders & Back

Choose Either Chair or Table:

Chair Time: 10 Minutes	\$15
Table Time: 15 Minutes	\$25
30 Minutes	\$50

This therapy combines the scientific application of applied pressure, gentle ranges of motion and stretches for purpose of relieving pain and normalizing muscle tone.

Available for Groups of 5 or More

Pilates Anyone!

Time: 30 Minutes \$35

Stay in shape by developing and using your core muscles. Begin to feel longer and lean. Increase your strength and be balanced. Increase your life with Pilates!

Personal Training Consultations

Time: 30 Minutes \$35

Get fit! Know where to start with your fitness journey. Get a plan. Consistency is the key to break-through.

Yoga Stretch!

Time: 30 Minutes \$20

Have you ever needed a good stretch but didn't know how; or just need a jump start of energy?

Try our **Yoga Stretch!**



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