

Class Schedule and Registration Fall 2012 / Spring 2013



**Not just dance...empowering balance in
your mind, body and soul one step at a time.**

- Youth Classes
- Youth Company Dance
- Adult Classes
- Mommy & Me Classes
- Private Sessions
- Studio Rentals
- Parties

4544 S. Lamar Blvd | Bldg 200 | Austin TX 78745

Located at the southwest corner of S. Lamar and Westgate

512.215.8727 | balancedancestudios.com

Available Classes and Programs

Youth

- Acro
- African Jazz
- Ballet
- Broadway
- Combo (ballet, tap and tumbling)
- Hip Hop
- Jazz
- Jumps, Turns & Technique
- Lyrical / Pre-Lyrical
- Mom's Day Out
- Mommy and Me
- Tap

Adult

- African Jazz
- Bellates/Fitness
- Belly Dance
- Body Ballet
- Broadway Fit
- Casino Salsa / Salsa
- Fit Moms
- Hip Hop / Hip Hop in Heels
- Jazz / Jazz Funk / Jazz Hands
- Lyrical
- Men's Functional Strength and Conditioning
- Modern
- Pilates
- Tap
- West Coast Swing
- Yoga (Hatha)
- Yoga (Holy)
- Zumba

Other Offerings

- Youth Dance Company
- Private Lessons
- Birthday Parties
- Girls Night Out
- Date Night Out
- Studio Rentals



Full details of classes and faculty are available at balancedancestudios.com.

Fall/Spring Session: 8/13/12 - 5/31/13

Adult Classes

All classes are 18 yrs+ unless otherwise specified.

Detailed class descriptions are available at balancedancestudios.com.

Morning Classes

	MON	TUES	WED	THUR	FRI
Early a.m.	<ul style="list-style-type: none"> Hatha Yoga (6:00-7:00) Fit Moms (8:45-9:45) 		Men's Functional Strength and Conditioning (5:30-6:30)		
10:00 - 11:00am	Hatha Yoga	Yoga	Holy Yoga	Pilates	<ul style="list-style-type: none"> Holy Yoga Bellates
11:00am - 12:00pm	Body Ballet	Zumba	Zumba	Tap 1	<ul style="list-style-type: none"> Broadway Fit Flexibility

Afternoon/Evening Classes

	MON	TUES	WED	THUR	FRI
4:00 - 5:00pm	Beginning Ballet	Jazz (Beg/Int)			
5:00 - 6:00pm					
6:00 - 7:00pm	<ul style="list-style-type: none"> Hatha Yoga (5:30-6:30) Modern (6:30-7:30) 	Hatha Yoga	Family Yoga		
7:00 - 8:00pm		<ul style="list-style-type: none"> Hip Hop Adv (16+ yrs) Zumba 	African Jazz (16+ yrs)	<ul style="list-style-type: none"> Zumba Belly Dancing Hip Hop in Heels 	West Coast Swing (7:30-8:30 weekly)
8:00 - 9:00pm	Tap (7:30-8:30)	<ul style="list-style-type: none"> Contemporary Adv (16+ yrs) Casino Salsa 	Jazz Hands	Hip Hop in Heels Int/Adv	
9:00-10:00 pm	Jazz Funk (8:30-9:30)		Contemporary Int (16+ yrs)		West Coast Swing Party (8:30 -10:30 once/mo)
10:00pm					

Weekend Classes

SAT	SUN
10:00 - 11:00am Body Ballet at Barre 11:00am - 12:00pm Zumba 12:00 - 1:00pm African Jazz	4:00 - 5:00pm Holy Yoga

Youth Classes (18 mos - 10 yrs)

Age	Class	Day							Time	Code
18 mos - 2 yrs	Mommy and Me		Tu						10:00am - 10:50am	MAMT2
18 mos - 2 yrs	Mommy and Me				Th				11:00am - 11:50am	MAMR2
2-3 yrs	Combo	M	Tu	W	Th	F	Sa		10:00am - 10:50am	CM231, CT231, CW231, CR231, CF231, CS231
2-3 yrs	Combo				Th				6:00pm - 6:50pm	CRP231
2/3-5 yrs	Mom's Day Out (child must be potty trained)	M	T	W	Th				9:00am - 12:00pm	MDOM1, MDOT1, MDOW1, MDOR1
4-5 yrs	Combo	M	Tu	W	Th	F	Sa		11:00am - 11:50am	CM451, CT451, CW451, CR451, CF451, CS451
4-5 yrs	Combo	M							6:00pm - 6:50pm	CMP451
4-5 yrs	Combo		Tu						3:00pm - 3:50pm	CTP451
5-6 yrs	Combo			W		F			4:00pm - 4:50pm	CW563, CF561
6-8 yrs	Jazz (L1)			W					4:00pm - 5:00pm	JW681
6-8 yrs	Jazz (L1)						Sa		11:00am - 12:00pm	JS684
6-8 yrs	Jazz Adv (L1)	M							5:00pm - 6:00pm	JM681
6-8 yrs	Broadway		Tu						4:00pm - 5:00pm	BWT683
6-8 yrs	Tap (L1)				Th				4:00pm - 5:00pm	TR681
6-8 yrs	Tap (L1/Adv)		Tu						5:00pm - 6:00pm	TAT681
6-8 yrs	Ballet (L1)			W					5:00pm - 6:00pm	BW682
6-8 yrs	Ballet (L1)						Sa		10:00am - 11:00am	BF6104
6-8 yrs	Ballet (L1/Adv)			W					4:00pm - 5:00pm	B68W4
6-8 yrs	Pre-Lyrical			W					5:00pm - 6:00pm	PLW684
6-8 yrs	Hip Hop (L1)				Th				5:00pm - 6:00pm	HHR681
6-8 yrs	Hip Hop (L1/Adv)		Tu						4:00pm - 5:00pm	HHT684
6-10 yrs	Boys Hip Hop		Tu						5:00pm - 6:00pm	BHHT6104
6-10 yrs	Hip Hop Cru				Th				6:00pm - 7:00pm	HHC6105
6-10 yrs	Jazz/Hip Hop Homeschool					F			10:00am - 11:00am	JHHF61023
6-10 yrs	Ballet/Tap Homeschool					F			11:00am - 12:00pm	BTF61023
6-10 yrs	Acro Beg	M							4:00pm - 5:00pm	AM61023
6-10 yrs	Jumps/Turns/Techs (L1/L2)			W					6:00pm - 7:00pm	JTTW6103

Youth Classes (9+ yrs)

Age	Class	Day						Time	Code
9-11 yrs	Lyrical (L2)	M						4:00pm - 5:00pm	LM9114
9-11 yrs	Lyrical (L1/L2)			W				6:00pm - 7:00pm	LW9114
9-11 yrs	Hip Hop (L1/L2)				Th			5:00pm - 6:00pm	HHR9113
9-11 yrs	Hip Hop (L2)		Tu					5:00pm - 6:00pm	HHT9112
9-11 yrs	Broadway		Tu					6:00pm - 7:00pm	BWT9111
9-11 yrs	Jazz (L1)			W				5:00pm - 6:00pm	J1W9111
9-11 yrs	Jazz (L2)			W				4:00pm - 5:00pm	J2W9111
9-11 yrs	Ballet (L1)			W				4:00pm - 5:00pm	BW9112
9-11 yrs	Ballet (L2)			W				5:00pm - 6:00pm	BW9113
9-11 yrs	Tap (L1)				Th			4:00pm - 5:00pm	TR9114
9-11 yrs	Tap (L2)		Tu					4:00pm - 5:00pm	TT9111
11+ yrs	Hip Hop Cru				Th			6:00pm - 7:00pm	HHCR11U3
11+ yrs	Boys Hip Hop		Tu					6:00pm - 7:00pm	BHHT11U4
11+ yrs	Acro Int/Adv	M						5:00pm - 6:00pm	AM11U23
11+ yrs	Jumps/Turns/Tech (Adv)				Th			5:00pm - 6:00pm	JTTR11U2
12-18 yrs	Ballet (L1)				Th			5:00pm - 6:00pm	BR12U4
12-18 yrs	Ballet (L2)	M						5:00pm - 6:30pm	BM12U4
12-18 yrs	Ballet (L3)						Sa	10:00am - 11:30am	BS12U3
12-18 yrs	Broadway		Tu					5:00pm - 6:00pm	BWT12U3
12-18 yrs	Hip Hop (L1)		Tu					5:00pm - 6:00pm	HHT12U4
12-18 yrs	Hip Hop (L2)	M						7:30pm - 8:30pm	HHM12U4
12-18 yrs	Jazz (L1)		Tu					6:00pm - 7:00pm	JT12U3
12-18 yrs	Jazz (L1)				Th			6:00pm - 7:00pm	JR12U4
12-18 yrs	Jazz (L2)	M						6:30pm - 7:30pm	JM12U4
12-18 yrs	Jazz (L3)				Th			6:00pm - 7:00pm	JR12U2
12-18 yrs	Lyrical (L1)		Tu					6:00pm - 7:00pm	LT12U2
12-18 yrs	Lyrical (L2/L3)			W				6:00pm - 7:00pm	LW12U2
12-18 yrs	Tap (L1)			W				7:00pm - 8:00pm	TW12U4
12-18 yrs	Tap Adv		Tu					6:00pm - 7:00pm	TT12U3
16+ yrs	Hip Hop Adv		Tu					7:00pm - 8:00pm	HHT12U2
16+ yrs	Contemporary Adv		Tu					8:00pm - 9:00pm	CT16U5
16+ yrs	African Jazz			W				6:00pm - 7:00pm	AJW16U5
16+ yrs	Jazz			W				7:00pm - 8:00pm	JW16U23
Ages TBD	Breakdancing			W				5:00pm - 6:00pm	BDW05

Push Dance Company

Participating in a dance company gives dancers an opportunity to work and grow as a team and as unique individuals, to be challenged athletically and artistically. These dancers will be trained by exceptional and experienced teachers who will guide them in reaching goals around their dance technique, performance quality and overall character. Company members will get to work with tenured guest choreographers at the studio, participate in multiple dance conventions all over the city and state, and have the chance to travel nationally, in pursuit of excellence and originality in dance. Dancers will work to perfect and personalize their craft through the avenues of performance, competition and professional auditions.

Competitive Dancers

Mondays, 6:00 - 8:00pm

(ages 8 and up may leave at 7:00pm)

Competitive Plus Dancers Add

Thursdays, 7:00 - 8:30pm

Competitive dancers who are interested in solos / duets / trios may rehearse Fridays and/or Saturdays.



Other Offerings

- **Private lessons:** great option for those looking for more one on one attention from our talented and experienced faculty. Lessons range depending on instructor and studio. Please call to inquire/schedule.
- **Date Night Outs:** Friday nights for children 5 yrs+ from 6:00 - 10:00pm. The cost is \$20 for one child, \$15/ second child and \$10 for each additional child from one family.
- **Studio rentals** are priced depending on event type (studio rental starts at \$35/hour) . Please call 512.215.8727 for a custom quote for events such as:
 - ✧ Birthday Parties
 - ✧ Girls Night Out
 - ✧ Trunk Shows
 - ✧ Business Meetings

Registration and Policies

(Each student must have his/her own completed intake form) Date_____

Student Last Name_____ Student First Name_____

Date of Birth____/____/____ Age____ Grade____ Gender____ School_____

Address_____ City_____ Zip_____

Parent/Guardian Name(s)_____

Mom Cell # (____)____-____ Home # (____)____-____ email_____

Dad Cell # (____)____-____ Home # (____)____-____ email_____

Non-parent Emergency Contact:

Name_____ Phone (____)____-____ Relationship_____

Any known medical problems, allergies or medications being taken?

Previous Dance Training ☐Yes ☐No Yrs of Training____ School/Studio_____

Desired class type Circle Day(s) Time(s) Class Code Friend Request (up to 2)

_____ M T W Th F Sa Su _____ _____ _____

_____ M T W Th F Sa Su _____ _____ _____

_____ M T W Th F Sa Su _____ _____ _____

Registration and Tuition Policies

REGISTRATION FEE: Fall / Spring registration fees are collected on a "per student" basis and first months' tuition is required with the registration form to reserve a space for any semester class. Registration is \$40 (for the first child, \$10 per additional sibling) and is not considered complete and class space is not officially reserved until these fees are paid. Registration fees are non-refundable/non-transferable. Discounts apply to one or more siblings (see discount chart).

TUITION POLICES: Tuition is payable monthly in advance, due by the 1st of each month. Tuition is based on the number of classes per week and on a 10-month enrollment calendar (Aug-May). Tuition remains the same whether it's a long (5 week) or short (3 week) month and regardless of absences, vacations or holidays. There are no refunds or adjustments due to absences. Tuition is non-refundable and non-transferable. Make-up classes are encouraged and should be taken within 30 days from when the absence occurs (only applicable during non-recital preparation windows). Statements are not emailed out, unless your account is past due. A \$10.00 late fee will be assessed to all accounts not current on the 8th of each month. Late fees will be enforced. In order to terminate enrollment, written notification is required 30 days prior to the 1st of the month in which you wish to withdraw. Monthly billing will continue until Balance Dance Studios receives written notice. A \$30.00 fee will be charged on all checks returned by the bank.

ANNUAL SPRING PERFORMANCE: Balance Dance Studios holds an annual recital in May. All students are invited to participate, although this is an optional performance. The performance involves two fees: Performance fee of \$50.00 per student or \$80.00 per family, due February 15th, and costume fees are an average of \$60-\$70 per costume.

Tuition and Payment Information

Fall/Spring Monthly Tuition Rates	
1 class/week	\$65
2 classes/week	\$120
3 classes/week	\$170
4 classes/week	\$210
5 classes/week	\$245
Unlimited	\$275
Registration Fee	\$40
Sibling Registration Fee	\$10
Mom's Day Out (per day of the week)	\$125

*Fall/Spring Discounts	
Sibling Tuition Discount	5%
Semester Payment in Full	5%
*Discounts cannot be combined.	

Student(s) Name _____

Date _____

Annual Registration Fee Student 1 \$_____ Monthly Tuition\$_____

Annual Registration Fee Student 2 \$_____ Monthly Tuition\$_____

Annual Registration Fee Student 3 \$_____ Monthly Tuition\$_____

Annual Registration Fee Student 4 \$_____ Monthly Tuition\$_____

Total Payment Amount \$_____ ☐Cash ☐Check #_____

If paying by Credit Card, please fill out the below form:

Circle form of payment Visa MC AMEX

Name on Card _____ Credit Card # _____

Exp. Date ____/____ Security Code _____ Signature _____

Would you like for monthly tuition to be automatically charged to this card? ☐Yes ☐No

If you are opting to have tuition payments be charged monthly to the above credit card, by signing below, you are authorizing Balance Dance Studios to charge your credit card on the 1st of each month.

Signature _____

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