

CRISTO BELLO CHEMICAL PEEL DISCLAIMER:

Please carefully read the following list of contraindications for chemical peels. If any/all apply, you are not a candidate for these treatments

- Active infections, such as herpes simplex / warts
- Active Rosacea, Eczema, or Seborrheic Dermatitis
- Auto-immune diseases
- Recent radioactive or chemotherapy treatments
- Recent surgical facial procedures
- Recently waxed or use of depilatory product (Nair, Vaniqua, etc.)
- Current sun burn, windburn, or broken skin
- Use of Accutane in the past 12 months or current high dose of b5 supplement
- History of Keloidal scarring.
- True allergies to milk or milk products, strawberries, salicylic acid (aspirin), or any other ingredients in the peels.
- Pregnant or lactating women, or brittle Diabetics
- Plan to continue having excessive sun exposure
- Prior peel sensitivities

Note: The peel you receive will be determined by a licensed Esthetician (certified to administer chemical peels, including Jessners) after a consultation is performed. If it is determined that you are not a candidate for the Revitalizing, Dermal Flash, or Jessner Peels, the non-chemical Planet Peel by Aveda (of equal value) will be done.

Risks:

Chemical peels can result in:

- Redness (erythema). Expect some redness of the skin after a chemical peel.
- Stinging
- Color changes in the skin. Treated areas may be darker or lighter than the surrounding skin.
- Crusting and scaling.
- Swelling (edema), especially around the eyes.
- Scarring.
- Allergic reaction to the chemical.
- Infection. People who have a history of herpes outbreaks are especially prone to infection after a chemical peel.
- Increased sensitivity to sunlight.

***A post-care kit of sun screen and Neosporin MUST be purchased from Cristo Bello Spa, Salon, & Gifts as part of your peel package.

The **Revitalizing Cream Peel**, a resurfacing blend of peptides, AHAs, and collagen:

- Diminishes dryness
- Hydrates thoroughly
- Increases moisture retention
- Refines texture
- Smooths fine lines and wrinkles
- Improves elasticity

Targeted skin types: All, especially hyperpigmented/sun damaged, overly dull, or dry skin.

*This peel IS safe for use on sensitive skin and people of color

Note: Do NOT use if allergic to Asprin

Down Time: None

Optimal Results: A series of 6 - 8 peels performed every 2 weeks

Post Care: You may immediately resume cleansing and moisturizing your face as usual. It is recommended that you avoid exfoliants for 2 weeks post-peel. Avoid sun exposure, and if you go outside, apply a 100% UVA/UVB blocking 30+ sunscreen.

Ingredients: Lactic Acid, Salicylic Acid, Acetyl Hexapeptide -3, Retinol, Carica Papaya Fruit Extract, Soluble Collagen

The **Dermal Flash Peel** is an intense rejuvenating boost to help skin look and function like it is younger. An excellent alternative to AHA and BHA peels, it:

- Lightly exfoliates without dryness
- Increases micro-circulation
- Oxygenates tissues
- Smooths fine lines & wrinkles
- Evens out pigment
- Enhances surface glow
- Visibly firms & tightens

Targeted skin types: Mature or sun damaged skin with poor elasticity.

*This peel is NOT for those with sensitive skin or recommended for people of color

Down Time: None, but please note: this is a hot peel

Optimal Results: A series of 4 treatments performed weekly will greatly improve neglected, sluggish, or dull skin.

Post Care: You may immediately resume cleansing and moisturizing your face as usual. It is recommended that you avoid exfoliants for one week post-peel. Avoid sun exposure, and if you go outside, apply a 100% UVA/UVB blocking 30+ sunscreen.

Ingredients: Cassia Oil, Phenol, Chloroxylenol

The **Jessner Epidermal Peel** significantly reverses the signs of aging and/or treats resistant, impacted acne and folliculitis (ingrown hairs). The total regenerating effect delivers smooth, retextured skin not typically achievable with AHA or BHA fruit acid peels. Over a weeks time, the peel will:

- Lift and even out superficial pigmentation
- Reduce acne scars
- Remove dead skin cells
- Dissolve clogged pores
- Smooth fine lines & wrinkles
- Help reverse sun damage

Pre-treatment: Skin may be prepared for 2 - 8 weeks prior to the peel with an AHA, Retenoic Acid, or Hydroquinone to help the skin peel more evenly, speed healing after the peel, and reduce the chance of infection and other complications, especially uneven color changes in the skin, but their use must be discontinued one week prior to treatment.

Targeted skin types: Uneven textured, photo-damaged, or hyperpigmented skin types who have already had AHA peels or microdermabrasion, but want to take anti-aging results to a deeper level.

*This peel is NOT for those with sensitive skin

Note: This treatment is NOT recommended for those who have never had AHA peels or microdermabrasion. People of color must prepare their skin for a minimum of 2 weeks with a fading gel to prevent hyper or hypo-pigmentation

DownTime: For a day or two after application, the face looks slightly sunburned and does not peel. After that, however, there is noticeable skin peeling for at least 3 - 4 days and minor flaking for up to a week (depending on the depth and intensity of this treatment)

Post Care: The skin must remain dry for 48 hours post-peel. After 48 hours, you may resume cleansing (with a gentle cleanser) and begin lightly applying Neosporin or Emu Oil. After approximately 3 days, begin covering skin more heavily with ointment so the skin peels evenly. Sun exposure should be avoided during recovery, but if you will be exposed, you must apply a 100% UVA/UVB blocking 30+ sunscreen. One ingredient in this peel (Resorcinol) is light sensitive, so the more it's exposed to light, the darker your skin may appear (temporarily). Do not under any circumstances peel, rub, or scratch your skin. Do not apply any type of glycolic acid or exfoliation products during the entire healing time. Drinking a glass of water after your peel and 3 more glasses of water throughout the day will help prevent Salicylism (sickness from excessive salicylic acid).

Stages of healing:

1st day – Pink/red depending on how many layers of solution applied. Skin feels slightly tight

2nd day – Red/brownish coloring, a bit tighter feeling.

3rd day – Dry, leathery appearance. A bit of cracking/peeling around most active areas of face (mouth, chin, nose).

4th + day – Darker brown where skin has not peeled. Pink areas where skin has peeled. Very uneven texture (make up will not be able to cover).

Optimal Results: This peel may be performed as often as every 6 weeks until goals are achieved, and then bi-annually.

Ingredients: Un-buffered combination of 14% Salicylic Acid, 14% Lactic Acid, and 14% Resorcinol in a hydro-alcohol base.