



Chef Orlando's Bistro

Eastern Jamaican Flavor and a twist of Asian influence

1473 Schrock Road Columbus OH. 43229



Appetizers

Stuffed Meat Kegs

Deep fried dumplings with hidden meat treats \$7.50

"Kurley" Chicken

Shredded/boneless chicken, spiced and deep fried served with sauce of you choice \$7.00

J.F.C. Wings

Jamaican Fried Chicken Wings with magic sauce \$7.00

Roti Rolls

Meat, vegi and cheese Roti wraps \$6.75

Plantains Deluxe

Fried plantains squashed and refried and served with a cheese dip \$5.00

8"Jerk Chicken Pizza

8"pizza crust with jerk sauce, cheese, jerk chicken, bell peppers..... \$5.00

12"Jerk Chicken Pizza

12"pizza crust with jerk sauce, cheese, jerk chicken, bell peppers..... \$10.00

Jaasian Vegi Rolls

Stuffed cabbage leaf \$6.75

Jassian Meat Rolls

Meat stuffed cabbage leaf..... \$7.00

Kegs and Baby Kegs

With cheese dip \$5.00

Beverages:

HOT: All Hot Beverages are \$4.00

Tea Selection.

Blue Mountain Coffee.

Pepper Mint / Mint

Tea

Fever Grass

Ginger Coffee

Jamaican Bush

COLD: All Cold Blended Drinks are \$3.50

Reggae Moss

Coffee Moss

Champagne Carrot

Irish Moss

Cucumber Squeeze

Sodas

Magnum (Big Gun)

Tropical Smoothies

Old Jamaican Ginger Beer

Citrus Punch

Fruit Punch

Bottle Water



Soups

STAPLE SOUPS

Chicken and Vegetables.....	\$5.00
Cream of Red Peas.....	\$5.00
Jerk Chicken and Potato.....	\$6.00

SOUPS OF THE DAY

 Ask which soup is available.

Sea Food Bisque.....	\$7.00
Cream of Pumpkin.....	\$5.00
Egg Drop.....	\$5.00
Fish Soup.....	\$5.00

Salads

Salad Bonnieview

Fresh spring garden salad with beef patty over lay.....	\$5.00
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Tropical Veggie Salad

A tropical blend mixed with in season's fruits.....	\$6.00
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Spring Garden Salad

Fresh greens veggie mix with lettuce, carrots, tomatoes, topped with croutons and cheese	\$6.00
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Chef's Salad

An assortment of fresh veggies, fruits and cheese arranged to the chef's liken add meat and turn it into a meal	\$8.00
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Chef's Tropical Fruit Salad

An array of tropical fruits arranged to the chef's liken and served with a fruit sauce	\$7.00
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Chef O's Potato Salad

An unusual twist in a somewhat regular potato salad pasta/vegi pasta is added with dice carrots, green peas and sweet corn. Served with toasted flat bread. Add meat & make a meal	\$7.00
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Chef O's Usain Salad

An old recipe of Chef Orlando's renamed after Usain Bolt, fastest man in the world. Add yellow/white yams in place of potatoes, served with Roti, add meat make a meal	\$8.00
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Ask you server what's available to up
grade any Chef's Salad to a meal.

Chicken and Beef	\$7.00
Fish and Shrimp	\$10.00

Sides and Accompaniments

Extra sides and accompaniments \$5.00

Fruit Salsa, Raisin Salsa or Avocado Salsa

Fried Plantains - Grande Banana

Plantain Au Gratin - Mashed plantains with bread crumbs and cheese oven finish

Sweet Potatoe Au Gratin - Mashed potatoes with bread crumbs and cheese, oven finish

Curry Potatoes - Sauted and finished in a curry sauce

Chef "O" Salad - A potato salad with a twist

Salad USAIN - A yam salad named after Usain Bolt

Roti - A Caribbean favorite - JA, Trini, Lucian, Guyana etc

Rice and Beans - Jamaican favorite

Steam Rice - White rice

Fried Rice - Jaasian style

Wild Rice Medley - An array of 4 to 6 rice combo

Rice Extravaganzas - Rice with an array of veggies cooked together

COOKED VEGGIES

Veggies Surprise - An assortment of veggies hidden in a rolled cabbage leaf

Farmer's Mix - An assortment of available veggie

Chef "O" Greens - A combination of Jaasian greens

Chicken

Chicken Bonnieview

Stuffed chicken breast with Jamaican greens and cheese delicately breaded and deep fried, then oven finished topped with fruit salsa and served with pineapple mango sauce.....	\$20.00
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Chicken Rio Grande

Plantains stuffed chicken breast delicately curry breaded and deep fried then oven finished, topped with fruit salsa and served on raisin curry sauce..... **\$20.00**

Chef O's Jamaican Platter

An unique taste of eastern Jamaican flavors, jerk chicken, Jaasian curry chicken and peppered steak **\$25.00**

Port Antonio Surf and Turf

A flavor fiesta of boneless jerk chicken sweet n' sour fish and pineapple shrimp fused in one large platter **\$30.00**

TWO COURSES PACKAGE

J.F.C. Jamaican Fry Chick with soup or salad & 2 sides..... \$17.00

Sweet and sour chicken with soup or salad & 2 sides \$17.00

Boneless jerk chicken with soup or salad & 2 sides \$17.00

Pineapple chicken with soup or salad & 2 sides \$17.00

Shredded Chicken with soup or salad & 2 sides \$17.00

Jaasian curry chicken with soup or salad & 2 sides \$17.00

Beef

Steak and Chicken Regatta

Choice beef and chicken cut in tender strips sautéed with peppers, onions, carrots and finished in a pina colada sauce **\$20.00**

Steak Peasanee

Creole cutlets of steak dusted and pan fried then finished in a brown sauce topped with chunky veggies..... **\$20.00**

Steak @ Sea

Sauteed shrimp and fish delicately seasoned and wrapped in steak sheets with cheese, breaded and fried then oven finished, served with red wine sauce **\$30.00**

Navy Island Surf "n" Turf

Choice filet steaks cut to fit and stuffed with/sauteed shrimp and cheese, grilled as you like it served with cucumber mint sauces **\$30.00**

Jamaica Night Platter

Braised stew Oxtails, Curry goat and Escoveitch fish all on one contentious platter with rice and peas fried plantains **\$28.00**

TWO COURSES PACKAGE

Braised stew oxtails with soup or salad & 2 sides \$18.00

Jaasian peppered steak with soup or salad & 2 sides \$18.00

Jaasian beef stew with soup or salad & 2 sides \$18.00

Curried goat with soup or salad & 2 sides . \$18.00

Pork

Boston Jerk Regatta

Jerk pork and chicken topped with secret jerk sauce along with kegs, plantains & chef's greens on one platter **\$25.00**

Pork Chops Anchovy

Grilled pork chops & oven finished, topped with red herring salsa a bbq sauce **\$20.00**

Tuff Bay Fiesta

A combo of sweet and sour flavors from, pork, chicken, fish or shrimp served with chef's fried rice **\$28.00**

TWO COURSES PACKAGE

Jerk Pork with/soup or salad and 2 sides \$20.00

Jaasian S & S pork with soup or salad & 2 sides \$18.00

Jaasian pork & beans with soup or salad and 2 sides \$18.00



Fish Some fish will have bones ask chef which ones.

A - Bay Curry Fish

Fresh select fillet of fish delicately spiced with chef's special curry blend, pan fried and served with raisin curry sauce goes well with curry sweet potatoes and fried rice **\$22.00**

Rio Grande Fish

Fish of your choice for escoveitch, fish lightly dusted and pan fried topped with sauce Rio Grande **\$25.00**

Blu Mountain Salmon

Choice salmon lightly dusted with Chef O's blacken mix and pan seared, topped with avocado salsa & sauce blu **\$25.00**

Long Bay fisherman's Regatta

A carnival of fish fry for fish lover's only 4 different types of fish (when available) done in 4 different styles and flavors. Served on one platter **\$35.00**

TWO COURSES PACKAGE

Sweet and sour fish with soup or salad and 2 sides **\$20.00**

Escoveitch Fish with soup or salad and 2 sides **\$22.00**

Shrimp

A - Bay Curry Shrimp

Choice jumbo shrimps delicately spiced with Chef O's special curry blend deep-fried & served with raisin curry sauce **\$25.00**

JA Shrimps "n" Hawaiian Waters

Red stripe beer battered shrimp deep fried and served with pineapple beer sauce **\$25.00**

St Thomas Seafood Regatta

An array of tropical seafood flavors bursting in you mouth, shrimp, fish and calamari **\$35.00**

JA Shrimp -N- Bremen

Becks beer battered jumbo shrimp deep fried and served with sauce Rio Grande **\$25.00**

Swift River Shrimp

Choice select jumbo shrimp rolled in fish strips dusted and deep fried, topped with fruit salsa and sweet and sour sauce **\$30.00**

TWO COURSES PACKAGE

Sweet & Sour Shrimp with soup or salad and 2 sides **\$22.00**

Shrimp "n" Coconut Cream with soup or salad and 2 sides **\$25.00**

Coconut Curry Shrimp with soup or salad and 2 side dishes **\$25.00**

Dessert

Ice Cream Shack

Available flavor one or two scoops topped with/very unique toppings. (See server for list of toppings.)

1 scoop+toppings..... **\$4.00** // 2 scoops+toppings **\$6.00**

Chef O's Cheese Cake

Plain cheese cake with variety of topping add ice cream and go a la mode.

With topping..... **\$5.00** // A la mode..... **\$7.00**

Jamaican Rum Cake

Add ice cream & go a la mode

Cake only..... **\$5.00** // A la mode **\$7.00**

Pineapple Upside Down Cake

Add ice cream & go a la mode

Cake only..... **\$5.00** // A la mode..... **\$7.00**

Flambaed Banana Split

A la mode **\$7.00**

NB: Ask your server about dessert specials