



STEAKS

U.S.D.A. CHOICE

INSPECTED BY D.O.A. ON SITE

HOW MUCH DOES A STEAK REALLY COST?

(REPRINTED FROM THE L.A. TIMES)

WHAT'S THE COST OF THE BEEF YOU EAT? MOST SHOPPERS THINK IT'S THE COST PER POUND, BUT THEY'RE WRONG, ACCORDING TO THE U.S. DEPARTMENT OF AGRICULTURE, THE KEY WORD HERE IS EAT. THE REAL COST OF BEEF IS ITS COST PER SERVING. THE FAT AND BONE THAT YOU TRIM OFF BEFORE COOKING, OR LEAVE ON YOUR PLATE IS A PART OF THE TOTAL BEEF COST, BUT THE BEST INDICATOR OR EATING VALUE PER DOLLAR IS COST PER EDIBLE PORTION.

U.S.D.A. CHOICE GENUINE MIDWESTERN ANGUS BEEF

FILETS	\$79.50
NEW YORK STRIP BONE IN	\$74.50
BOURBON STREET STEAKS	\$69.50
BONELESS STRIPS	\$72.50
GOURMET CHOPPED STEAK	\$49.50
RIBEYES	\$72.50
SIX PACK SPECIAL	\$389.00

ALL OF OUR STEAKS ARE RESTAURANT
TRIMMED, UP TO 30% LESS FAT



CHICKEN

BONELESS AND SKINLESS

NATURAL CHICKEN BREAST	\$49.50
ITALIAN BREASTS	\$49.50
HONEY DIJON	\$49.50
SOUTHWEST BBQ	\$49.50
LEMON PEPPER	\$49.50
CHICKEN TENDERLOINS	\$49.50
SIX PACK SPECIAL	\$279.00

TO PLACE YOUR ORDER PLEASE CALL (904) 786-4538

WE WELCOME YOUR PERSONAL CHECK AND
ALL MAJOR CREDIT CARDS.
WE ACCEPT FOOD STAMPS, E.B.T.
PRICES SUBJECT TO CHANGE
A \$40.00 FEE WILL BE CHARGED FOR ALL
RETURNED CHECKS
NO REFUNDS
PLEASE MAKE CHECKS PAYABLE
TO YOUR DELIVERY DRIVER!
THANK YOU!



SEAFOOD

FLASH FROZEN
FOR FRESHNESS

LOBSTER	\$69.50
POLLOCK FILETS	\$49.50
TALAPIA	\$49.50
SALMON	\$59.50
SHRIMP (PEELED, CLEANED & DE-VEINED)	\$49.50
COOKED SHRIMP	\$49.50
SIX PACK SPECIAL	\$289.00



PORK

TODAY'S PORK IS 31% LOWER IN FAT,
17% LOWER IN CALORIES AND 10%
LOWER IN CHOLESTEROL

CENTER CUT PORK CHOPS	\$49.50
COUNTRY STYLE RIBS	\$47.00
BONE-IN PORK CHOPS	\$49.50
BONELESS PORK ROASTS (4-INDIVIDUALLY WRAPPED ROASTS)	\$54.50
STUFFED PORK CHOPS	\$49.50
BONELESS PORK TENDERLOINS	\$54.50
SIX PACK SPECIAL	\$279.00