

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tots Age: 4 - 6	4:30-5:00	6:30-7:00	5:30-6:00	4:30-5:00	Instructor Training
Juniors Basics	5:15- 6:00	4:30-5:15	6:15-7:00	5:15-6:00	Instructor Training
Juniors Black Belts	6:15 -7:00	5:30-6:15	4:30-5:15	6:15-7:00	Instructor Training
Teens & Adult	7:15- 8:00	Black Belts Only 7:15 - 8:00	7:15-8:00	7:15-8:00	Instructor Training