

GROUP TRAINING SCHEDULE



DAY	TIME	INSTRUCTOR
MONDAY	6:00PM	NOAM
MONDAY	6:45PM	NOAM
TUESDAY	7:00AM	NOAM
TUESDAY	6:30PM	NOAM
WEDNESDAY	12:00PM	RAMAT
WEDNESDAY	6:30PM	LAURENA
WEDNESDAY	7:15PM	LAURENA
THURSDAY	7:00AM	NOAM
FRIDAY	5:15PM	LAURENA
FRIDAY	6:00PM	LAURENA
SATURDAY	9:30AM	LAURENA
SATURDAY	10:15AM	LAURENA
SATURDAY	1:00PM	RAMAT
SUNDAY	11:30AM	NOAM