Massage Therapy

<u>Signature Massage</u>—A combination of traditional Swedish and therapeutic massage techniques will be used to induce the highest level of relaxation and stress relief customized to your specific body needs.

\$35 (30 min) \$55 (60 min) \$85 (90 min) <u>Deep Tissue Massage</u>—Concentrates on the deeper layers of muscle tissue and connective tissue. Through slow, penetrating strokes and deep finger pressure on the contracted areas, this treatment allows the muscles to release thus reducing chronic tension and muscle pain.

\$45 (30 min) **\$65** (60 min) **\$95** (90 min)



<u>Aromatherapy Massage</u> - A gentle massage using a unique blend of essential oils to bring balance and harmony to the body, mind and spirit.

\$45 (30 min) \$65 (60 min) \$95 (90 min) <u>Sports Massage</u>—This massage is designed to prepare the body to peak performance, before or after your sports activity. A combination of therapeutic massage techniques are used to reduce muscle tension, increase range of motion and relieve aching joints and muscles.

\$65 (60 min) **\$95** (90 min) <u>Aromatherapy Hot Stone</u>Blends of essential oils and heated basalt stones are incorporated into a Swedish massage to loosen tight and sore muscles, relieve stress, create a deeper sense of relaxation and restore balance to your body and mind.

\$80 (60 min) \$110 (90 min) <u>Pregnancy Massage</u>—A gentle massage designed for the expectant mother, focusing on the needs and discomforts that accompany the joy of pregnancy. Positioning techniques and special pillows are used to ensure safety and comfort of mother and baby.

\$65 (60 mín)

As a Nevada native I have seen so many changes in this community; however the one thing that remains the same is that small town atmosphere. After asking a couple of questions to a new guest we realize that we knew each other in elementary school or lived down the street from them at some point or we have mutual friends.

Affordable luxury priceless beauty... I am a mom of three beautiful children, my husband and I work hard every day to provide the best for them. Unfortunately, we end up putting our needs aside as do so many of the men and women of today. That is where our salon is different from the rest. We are truly a "Family Salon" I thought about all of the women and men who are putting their kids first and themselves last when I set our prices. With that being said, our prices are lower but our service quality and guest relations is our highest priority. We provide complimentary head, neck and scalp massage or stress relieving hand massage with every hair service. Our Designers provide a complete consultation and education throughout their service in the Salon.

Our nail clients receive stress relieving hand massage. We only provide natural nail care and enhancements using true gel technology in effect reducing the odor in our environment.

As an Aveda Concept salon, we use environmentally friendly products in all of our service areas. Aveda products can be traced from soil to bottle with no animal testing and are produced from the highest quality pure plant and flower essence available.

I look forward to your first visit...

Dawn Mullins, Owner Shine Salon Spa An Aveda Concept Salon





Affordable Luxury... Príceless Beauty—

775-857-4463

975 Roberta Lane Suíte 104A Sparks, NV 89431

(behind the Raley's shopping Center at Pyramíd & McCarran)

<u>Customízed Facíals</u>

Our specially trained Aestheticians use the Plant & Flower derived Aveda products to provide high quality, high touch skin care to each of our quests based on their individual needs.

Express—30 min.	\$45
AromaTherapy—60 mín	\$90
Rejuvenating Retreat—90 min	\$110

<u>Al la Carte</u>

Glow Perfecting Plant Peel	\$35
Foot Reflexology	\$20
Ultimate Exfoliation with	
Organic Crushed Diamonds	\$20
Tourmaline Radiant Refiner	\$20

<u>Waxing</u>

<u> </u>	
Arm—full	\$45+
Arm—half	\$35
Back	\$50+
Bíkíní	\$45
Brazílían	\$65+
Chín	\$10
Eyebrow	\$25+
Full Face	\$45+
Leg-lower	\$35
Leg-full	\$65+
Líp	\$10+
Nose	\$10
Stomach	\$20+
Under Arm	\$15+

Face Enhancements

Brow Tint	\$20
Lash Tínt	\$25
Lash Extensions	\$145
Lash Extension touch up	\$45



<u>Haír Servíces</u>

Chíldren's Cut (12 & under)	\$15
Men's Cut	\$20
Women's Cut	\$35
Add cut to color service	\$25
Blow-Out	\$15
Shampoo & Style	\$20
Bang Trim	\$7
Our trained Designers will provid	le a complí-
mentary head/neck/scalp massag	je, shampoo,
condition and style with each cut	service.

Color/Treatments/Perms

	¢70.
Color	\$70+
Partíal Highlights 1 color	\$55+
Full Highlights	\$85+
Additional colors	\$15 ea
Base color & Híghlíghts	\$110+
Per Foil	\$10
Clear Gloss/Toner	\$45
Perm	\$85+
Spíral Perm	\$115+
Botanical Hair & Scalp Therapy	\$55
Toner w/Color Service	\$25
Botanical Scalp Therapy add-on	\$15
Botanical Hair Therapy add-on	\$25



<u>Specíalty</u>

Up-do's	\$60+
Express Make-up Session 30 min	\$45
Special Occasion Make-up 60 min	\$65
Tínsel (síngle)	\$3
Tinsel (bundle of 10)	\$20
Feather Extension	\$15
Feather Extension (service add-on)	\$10

Vísít our websíte

www.ShineSalonSpaSparks.com for a complete list of bridal packages and services. On location services also available.



Naíl Servíces

Gel Toes

FullSet	\$50
Fill	\$30
Repair	\$5ea
Polish Change Fingers or Toes	\$10
Paraffin add-on	\$10
Express Manícure	\$15
Spa Manícure	\$20
Express Pedícure	\$35
Spa Pedícure	\$50
Gel Pedícure	\$65



Hours: Monday-Fríday 9am to 6pm Saturday 9am to 4 pm Early Morning, Evening and Sunday appointments available by advanced booking

Find us on Facebook at: Shine Salon Spa—An Aveda Family Salon Follow us on Twitter at: ShineSalon775



\$30

B

A special thanks to Pete Rezac of www.PeteRezacPhotography for the amazing photographs.