

## **Class Schedule**

MON.	TUE.	WED.	THURS.	FRI.	SAT.
9:00AM	Closed Until	9:00AM	Closed Until	9:00AM	9:00AM
Boxing	3:30PM	Boxing	3:30PM	Boxing	Boxing
Open Gym		Open Gym		Open Gym	10-10:45AN
					Youth Boxin
11:30AM	-	11:30AM		11:30AM	11:00AM
Kickboxing		Kickboxing		Kickboxing	Women's
		THEROOMING		Rickooking	Kickboxing
Closed	_	Closed 12:30-		Closed 12:30-	12:30PM
12:30-3:30PM		3:30PM		3:30PM	Boxing
3:45PM	3:45PM	3:45PM	3:45PM	3:45PM	
Youth Boxing	Youth Boxing	Youth Boxing	Youth Boxing	Youth Boxing	
4.20D) 4	4.200).4	4.20D) f	4.20D) 4	4.2003.4	
4:30PM	4:30PM	4:30PM	4:30PM	4:30PM	
Boxing	Boxing	Boxing	Boxing	Boxing	
	4:30PM	4:30PM	4:30PM	4:30PM	
	Youth Grappling	Youth Grappling	Youth	Adult Beginner	
			Grappling	Grappling	
5:30PM	5:30PM	5:30PM	5:30PM	5:30PM	
Boxing	Boxing	Boxing	Boxing	Boxing	
5:30PM	5:30PM	5:30PM	5:30PM	5:30PM	
Jiu Jitsu w/Gi	Jiu Jitsu no/Gi	Jiu Jitsu w/Gi	Jiu Jitsu no/Gi	Sparring	
6:30PM	6:30PM	6:30PM	6:30PM		
Women's	Women's	Women's	Women's		
Kickboxing	Kickboxing	Kickboxing	Kickboxing		
6:30PM	6:30PM	6:30PM	6:30PM		
0.501 111	Mauy Thai	Mauy Thai	Mauy Thai		
	iviauy i iiai	ividuy i iidi	ividuy ilidi		
	7:30PM	7:30PM	7:30PM		
7:30PM	7.501 111				