

## THE SCIENCE OF RED LIGHT THERAPY

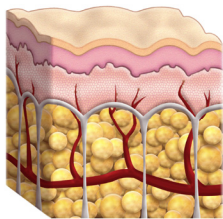
This technology is based on the benefits of exposing the skin to the Sun's renewing Red Rays. Red Light Rays are the highest of the Visible Light Rays.

The Sun's Rays-Electromagnetic Spectrum

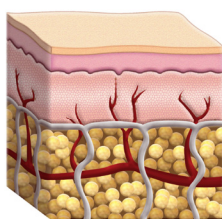
Type of Rays	Nanometers (nm)
UVB Rays	10 to 300 nm
UVA Rays	300 to 380 nm
Visible Light Spectrum	380 to 740 nm
Red Light Therapy Treatment	600 to 700 nm
Infrared Rays	740 to 1400 nm

## HOW RED LIGHT THERAPY WORKS

Red light therapy accelerates skin healing, by penetrating to the bottom of the skin's dermis layer and into the subcutaneous fatty layer and stimulating the production of collagen and elastin proteins. It increases the skin's metabolism of healthy oxygen and nutritional molecules. This gentle, yet extremely effective treatment is very beneficial as an anti-aging and skin rejuvenation tool and aids in fading sunspots and hyper pigmentation by stimulating the skin cells vitality and permeability. Red light therapy is a non-invasive, nonsurgical face lift alternative, helping the skin maintain elasticity and firmness, while refining its texture and smoothing lines and wrinkles.



BEFORE



AFTER

## TOTAL SKIN REJUVENATION

Advanced daily skin serum and red light rejuvenating therapy are an important component of a comprehensive skin health and improvement regime that should also include:

- Healthy balanced food nutrition and supporting vitamin supplements
- Thorough, gentle skin cleansing
- Moderate, regular exercise
- Restful, revitalizing sleep

## THE BENEFITS OF RED LIGHT THERAPY

- Stimulation and regeneration of collagen and elastin skin proteins
- Firms, tones and increases skin's elasticity
- Minimizes wrinkles, fine lines, deep furrows and crow's feet
- Improves skin tone and restores skin's clarity
- Activates and stimulates skin cell metabolic functions
- Improves acne prone skin
- Reduces skin degradation
- Helps irregular pigmentation
- Increases circulation
- Reduces brown age spots
- Reduces pore size and skin coarseness
- Activates and stimulates skin cell metabolic functions

## STEPS TO RENEWED SKIN

**BEFORE RED LIGHT TREATMENT:** Wash skin well to remove all surface oils and irritants. Apply a penetrating, Peptide rich, clear serum, to enhance collagen and elastin production and maximize the effectiveness of the Red Light Therapy.

**RED LIGHT TREATMENT:** Exposure to the treatment rays, controlled and monitored for maximum benefit. Scientific studies demonstrate beneficial, therapeutic skin cell growth up to 200% faster when exposed to these Red Light wavelengths.

**AFTER RED LIGHT TREATMENT:** Apply a rich nutritional and moisturizing lotion to maintain the skin's improvements and extend the Red Light Therapy benefits.

## i RENEW DAILY SUPPLEMENT

Renews your skin from within. An important part of a healthy, vigorous lifestyle; the perfect balance of vitamins and scientific supplements, for healthy radiant youthful looking skin. Use daily with i Renew Skin Cell Rejuvenators and Maintainer Treatments. Ideal for use in conjunction with Red Light Therapy Treatments.

